

# The Alumnae



FEBRUARY, 1948

**Alumnae Association, St. Luke's Hospital School of Nursing**  
**Officers and Members of Board of Directors**  
**1948**

		Term Expires
President .....	Mrs. Myrtle Anderson Hult 8026 S. Rhodes Avenue, Chicago 19 Stewart 5429	1948
1st Vice President .....	Mrs. Rosellyn K. Millis 10 N. LaSalle St., Chicago 2 Franklin 0700	1949
2nd Vice President .....	Mrs. Ann L. Laird 1819 West Polk Street, Chicago 12 Monroe 3900	1949
Treasurer .....	Mrs. Edna Travers 812 E. 49th Street, Chicago 15 Oakland 5631	1949
Secretary .....	Mrs. Rosemary Dace 4643 Lake Park Avenue, Chicago 15 Atlantic 6411	1949
Membership Committee Chairman .....	Miss Shirley Stansbury 1020 Lake Shore Dr. Whitehall 8600	1949
Relief Committee Chairman .....	Miss Marie Steinke 1500 S. Indiana Avenue, Chicago 5 Harrison 5040	1948
Program Committee Chairman .....	Mrs. Leone Vetren 7659 S. Bennett, Chicago 49 Regent 5513	1948
Nominating Committee Chairman .....	Miss Sarah H. Zeeman 1500 S. Indiana Avenue, Chicago 5 Harrison 5040	1948
Private Duty Committee Chairman .....	Miss Madge Boyington 222 East Chestnut, Chicago 11 Superior 7582	1949
Public Health Committee Chairman .....	Miss Hettie Gooch 1518 S. Michigan Avenue, Chicago 5 Wabash 8108	1948
Industrial Committee Chairman .....	Miss Eve Morkill 21 East Bellevue, Chicago 11 Delaware 5519	1948
Press and Publication Chairman .....	Miss Dorothy Godin 1142 S. Michigan Avenue, Chicago 5 Harrison 8209	1949

**MEMBERS AT LARGE**

Dorothy Armstrong .....	Superior 4955 1100 North Dearborn, Chicago 10	1949
Mrs. Bonnie Versteeg .....	Plaza 6867 6711 Merrill Avenue, Chicago 49	1948
Miss Elizabeth Vickery .....	Harrison 8209 1142 S. Michigan Avenue, Chicago 5	1949
Mrs. Ruth Grant .....	Diversey 8050 612 Patterson Street Chicago	

## Alumnae Pledge



### An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.



# THE ALUMNAE

Official Organ of  
The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

Vol. LVI

Evanston, Ill., February, 1948

No. 20

## THE PATIENT COULD BE RIGHT

*(This editorial is perhaps more applicable to student and graduate nurses doing general floor duty, than to graduates doing private duty. The material was written by a physician while he was a patient.)*

There is probably no more trying problem to a nurse than a patient who is very irritable and demanding; yet this should be commonplace enough and so much has been said and written about it, that most persons should know what to do.

Maybe most readers are too young to remember the retail store slogan of about 30 years ago "The Customer is Always Right," which is apparently now being revived. Some of this public relations approach could well be applied to general nursing activities with beneficial results.

Of course, the life of a nurse is not entirely a bed of roses—maybe you've had a bad night yourself—perhaps a spat with the boy friend—perchance a reprimand by a superior or a doctor—there are many things that may happen to take away your usual good humor and accustomed ability to overlook differences of opinion.

And of course, one must consider shortage of staff; (by the way, how would *you* like to run a hospital?—it must be a terrific job these days!); but in spite of the help shortage, the work must be done, at least the most important things. And the nurse who makes the best impression even under such difficulties, is the one who will have the best chances of promotion and progress—if that is what you want.

(Continued on page 5)

There are some things that may help you remember that smooth relationships are desirable:

1. Try to take time to ask the patient if he likes certain things done in certain ways—that will be greatly appreciated by most patients; you may be surprised occasionally that an intelligent patient has worked out some simple, efficient methods. Be amenable to suggestions, as long as they are consistent with the doctor's orders.

2. Avoid giving the impression that you are in a tremendous hurry and really can't spend sufficient time for necessary procedures (which might well apply to all professional staff at times). If you can manage to work rapidly, but smoothly, and seem to make leisurely progress, it will be a great professional asset.

3. Handle everything as noiselessly as possible, including your voice. Nothing irritates the sensitive patient as much as noise, especially when resting or asleep—which are important items in treatment. Remember that hospital corridors are almost ideal reverberatory tunnels, which magnify and carry sounds for a long distance.

4. Cultivate your powers of observation—a pitcher of water on the bureau will not help the bed patient's thirst—letting the signal button slide to the floor and then leaving the room indefinitely could

## New Citizens! Congratulations!

Captain and Mrs. John Meyer (Carolyn Ogden, class of 1940) are the parents of a baby boy born November 2, 1947 at Letterman General Hospital, San Francisco, California.

\* \* \*

Mr. and Mrs. Wilbur Milligan (Violet Amendson, class of 1934) of 3808 W. 109th Place, Chicago, are the proud parents of a boy born on November 15, 1947.

\* \* \*

Mr. and Mrs. S. William Hawkins (former Wilma Stevens who headed the Educational Department) were the parents of a daughter born October 27, 1947.

\* \* \*

John Christian Feikert, weight 6 pounds, 6 ounces, was born at St. Louis Maternity Hospital to Mr. and Mrs. C. W. Feikert (E. M. Heintz, class of 1928) of Belleville, Illinois. John has a brother Carl, age five and a sister age 3½.

\* \* \*

Mr. and Mrs. Ed F. Neu (Stella Engel, class of 1932) have a son born September 28, 1947.

Mr. and Mrs. Jones (Marion Rueckel, class of 1947) were the proud parents of a baby girl born on December 9, 1947 in Los Angeles, California.

\* \* \*

John A. Michal III was born to Mr. and Mrs. John Michal (Betty Custer, class of 1947) on December 3rd, 1947 in Chicago.

\* \* \*

## Wedding Bells! Congratulations;

Norma Louise Carman, class of 1946, and Mr. Archie John Anderson were married on Monday, October 20. They will live in Rhineland, Wis.

\* \* \*

Mr. and Mrs. Frederick Ward Schulze announced the marriage of their daughter, Betty Lou, class of 1947, to Mr. Paul Milton Proctor on November 8, 1947 in Villa Park, Illinois.

\* \* \*

Elaine Downer, class of 1947, married Mr. Preston Knapp on December 20, in Aurora, Illinois.

G. Evelyn Dayton, class of 1947, and Mr. Ivan Schatzka were married on December 14, 1947 in Fort Dodge, Iowa. Mr. Schatzka is the brother of Mary Ann Schatzka, class of 1947.

\* \* \*

Ardyce Quaas, class of 1946, and Mr. George Dewey Hodges were married in June of 1947, in Cedar Rapids, Iowa.

\* \* \*

Mary Jean Gates, class of 1946, and Mr. Raymond Pexa were married in August of 1947, in Waterloo, Iowa.

\* \* \*

Lois Schlitz, class of 1947, and Mr. Donald Draeger were married in November of 1947, in Janesville, Wisconsin.

\* \* \*

Jeanne Breyman, class of 1944, and Mr. John Heise were married in June of 1947 in Rochelle, Illinois.

\* \* \*

Mary Louise Arntsen, class of 1947, and Mr. Gustave Landmann were married in June of 1947, in Scotland, South Dakota.

\* \* \*

Nancy Robertson, class of 1945, and Mr. Robert Rhodes were married in May of 1947, in Madison, Wisconsin.

\* \* \*

Viola Andler, class of 1945, and Mr. Edward Kuenzi were married in October of 1947, in Madison, Wisconsin.

\* \* \*

Corinne Hochwalt, class of 1945, and Mr. Richard Shetter were married in June of 1947, in La Grange, Illinois.

\* \* \*

Dorothy Lamb, class of 1947, and Dr. Eugene Nalepa were married in September of 1947, in Ypsilanti, Michigan.

\* \* \*

Sara Jane Thornton, class of 1945, and Mr. Harvey Norris were married in August of 1947, in North Muskegon, Michigan.

\* \* \*

Myra Toussaint, class of 1947, and Mr. Richard Slusser were married in December of 1947, in Grace Chapel of St. Luke's Hospital.

\* \* \*

Wilma Eversizer, class of 1947, and Mr. Kenneth Thornton were married in November of 1947, in Gilman, Illinois.

\* \* \*

Margaret Smith, class of 1947, and Mr. Robert Bernstein were married in December of 1947, in Villa Park, Illinois.



## FROM THE CORRIDORS OF ST. LUKES

Elsa Ahrenloff is still the dearest friend the stray cats have—We were sorry to hear of the death of her favorite cat. We understand, however, she has adopted several new cats. Our only suggestion is—don't get too many! What ever will you do with them when you depart for Sweden?

\* \* \*

Ida Gindele and Pearl Whittmack are all a dither about the purchase of a new plastic chair. We are all waiting for an invitation to one of your famous shindigs.

\* \* \*

Maude Gooch plans on spending sometime in Florida. With the mercury hovering about zero—were all for it—have a good time.

\* \* \*

The equestrian, Sally Zeeman, has had her horse insured this week. Both Sally and the horse are now assured of peace and security.

\* \* \*

The subject of horses reminds us that the members of the class of "45", at St. Lukes, spend every Monday night in the riding ring. They are all pleased with their jumps and neglect to discuss their bruised lower extremities.

\* \* \*

Just like to inform the alumnae members, who have been away from St. Lukes for sometime, that Mr. Zabel is still with us. The hospital just would not be the same with out him.

\* \* \*

Sorry to hear that Virigina Traas, head nurse on Main 12, plans on leaving for Florida and then on to Texas to take a new position. Good luck in your new venture—we're going to miss you, Virginia.

\* \* \*

Mrs. Helen Rutherford, evening supervisor, entertained thirteen members (apparently they weren't superstitious) of the class of "47" in her home, at noon, on January 23rd. Everyone had a good time listening to records and knitting argyles. Nancy Allen, former night supervisor, dropped in for a short visit to renew old acquaintances.

In a simple but impressive ceremony on Saturday, January 24th, 1948, Lucille Schenk was married to William Narva in Grace Chapel. The reception was held in Schweppe Lounge immediately following the ceremony. The couple will make their home in Chicago and Mrs. Narva, head nurse on Main 14, will continue to work for the present.

\* \* \*

Betty Provancha, assistant head nurse on Main 8, plans on leaving for California on March 15th. Marion Bollman, class of "45", will accompany her west. Guess it must be—"Go West, Young Lady, Go West."

\* \* \*

Ida Goldsmith Ashly, class of 1922, was in California during the month of December to attend her Daughter's wedding. Mrs. Ashly is head nurse in the Main 9 Nursery at night.

\* \* \*

Dr. Grant Laing is recuperating from a laminectomy on D Floor. Here is hoping he'll be up and about soon.

\* \* \*

As we depart for the publishers, we are informed of the marriage of Janet Hill, class of 1946, and Dr. Walt Bayard, an intern at St. Lukes. The ceremony took place in Grace Chapel on October 18th, 1947. Mrs. Bayard is assistant head nurse on Main 12.

\* \* \*

The 1947-Bs are promoting international relationships: Jean Hughes Haddad is in Seward Alaska with her husband, who is an officer in the Medical Corps; Dorothy Lamb Nalepa is learning how to hula while in Hawaii with her husband who is also in the Medical Corps. Virginia Walker Cummings is in Sweden with her husband, who is doing government work.

Velma Neil has started her training with T.W.A. in Kansas City, Mo.

June Deegans Mahoney is learning the "ins and outs" of vet's camp. Her husband is attending school in Iowa City.

Lets get together and help Mrs. Millis in the sale of "The History Of St. Luke's Hospital School of Nursing" book. She has a number of copies left. It is an edition every member would be proud to have in their possession and collection of books. Incidentally, it makes an ideal gift for every occasion.

\* \* \*

How about more of our alumnae members attending the monthly meetings? (Just a suggestion—no propaganda intended).

\* \* \*

By the way, this is "leap year"—and for those who have not made the final leap—remember, your never too, old or too young. "Gather ye rose-buds while ye may."

\* \* \*

The Press and Publications committee wish to thank all the members for their splendid cooperation in keeping the news coming. We are just getting started (feeling a bit amateurish and most inquisitive); and ask of you—your patience and assistance, helpful hints and ideas in making the Journal "an interesting reading must" on your list.

The Editor—

## Sale of History of St Luke's Hospital School of Nursing Books

The following books were sold during 1947:

114 — regular editions

7 — Deluxe Editions

Total income from sale of books during 1947: — \$335.25

Total number of books sold

716 — regular editions

97 — Deluxe editions

Total income to date: \$2462.37.

Total number of gift books given:

19 — regular editions

6 — Deluxe editions

Total number of books yet to sell

1252 — regular

8 — Deluxe

Signed: Rosellyn K. Millis  
Chairman

## In Memoriam

St. Luke's Alumnae Association extends sincere sympathy to Rhoda Wickwier, Class of 1924, in the death of her mother at their Manistique, Michigan home in November.

\* \* \*

St. Luke's Alumnae Association extends sincere sympathy to the friends and relatives of Mabel West Carpenter, Class of 1899, who passed away a few days before Christmas. Services were held December 27th, in St. Augustine's Episcopal Church, Wilmette.

\* \* \*

St. Luke's Alumnae Association extends sincere sympathy to the friends of Miss Edna Murray, Class of 1915, who recently succumbed following a long illness in Ripon, Wisconsin.

\* \* \*

St. Luke's Alumnae Association extends sincere sympathy to Miss Emily Mussen, Class of 1897, in the death of her brother.

\* \* \*

St. Luke's Alumnae Association extends sincere sympathy to the friends and relatives of Mrs. Pansy Runner Batman, Class of 1905, who passed away on January 13, 1948.

\* \* \*

St. Luke's Alumnae Association extends sincere sympathy to Miss Helen Albert (class of 1947) whose father passed away on January 2, 1948.

Obstacles, like detours, are not very comfortable going, but make you truly appreciative of the smooth road.

Be adjustable—remember that natural laws work usually to the advantage of the group—not the individual.

The solution of what appears to be a major problem often lies in dealing with its minor components in proper order.



## MARCH OF TIME

1895

From Toronto, Canada, Julia Dawson sends her good wishes and a happy New Year to the members of the Alumnae Association.

1897

We wish Miss Emily Mussen a speedy recovery—word was received that she is ill with pneumonia in Canada.

1899

Mrs. Lynnette Vandervost flew from her home in California to Winnetka to spend the holidays with friends.

1904

The Alumnae sends wishes for a pleasant vacation to Miss Agnes Martin who plans on spending the next three months in the South. Miss Martin retired as superintendent of Public Health Nursing in Syracuse, New York.

1906

Glad to hear that Mary Boak has recovered from a recent episode of pneumonia and is up and about again.

1910

In October of 1947, Jane Badger, Public Health, spent a short period in one of our endowed rooms—She states, "It was a wonderful privilege"—

1911

Pansy Bailey Gallagher sends her wishes for a successful year to the members of the Alumnae—states it is always a pleasure to hear from and of old friends.

1913

A note from Ethel Sagen Hart of Toronto informs us that she is always happy to receive news from members of her class—

1925

Mrs. Nance McDonald McKay sends a fond remembrance to all her friends at St. Luke's—she plans on spending some time at Lythemore Farms in New Windsor, Maryland.

1930

Kathryn Mead of Madison, Wisconsin sends her regards and wishes to the Alumnae for the New Year—

1932

Betty Montas Pelzner and her son, Joel, of San Mateo, California spent a few days visiting Stella Engel Neu and family.

1935

Mrs. J. R. George (Sophia Sonnerberg) has moved to Boise, Idaho.

1940

Alice Brown writes from Havre de Grace, Maryland, that she is night supervisor in Hartford Hospital there and likes her work and experience.

1944

At one time the class of 1944A could boast of 15 Army nurses. Today, all except Evelyn Van Deventer have left military life. Evelyn recently returned from Germany and is now stationed at Scott Field, Illinois from whence she writes of great satisfaction in her work with the Air Corps. Twenty-two of the group of 35 '44As are now married and raising families, 6 are attending schools to further their nursing education, and 7 are holding nursing positions ranging from office nurse, institutional nursing, public health work, private duty and industrial.

## The Patient Could Be Right

(Continued from page 1)

result in real trouble. Do small favors for your patients—eventually it will pay in terms of public goodwill.

And finally—we don't say "The Patient is Always Right" but we modestly assert "The Patient Could Be Right." Just give him a chance as long as you continue to serve the public (a severe taskmaster), to react favorably to your ingratiating and considerate manner—you shouldn't be sorry.

January 21, 1948.

## Notice—

Changes of addresses will be made in October, December, February, and June. The changes must be in prior to the beginning of the above mentioned months. The addressograph plates are checked every two months and changes and corrections are to be made by sending your new addresses to Mrs. L. B. Fitzmaurice, 5749 W. Fairfield Avenue, Chicago, Illinois.

## ANNUAL REPORTS

### —President— Myrtle Anderson Hult

From November 1, 1946 to October 31, 1947, there were seven regular meetings, nine regular meetings of the Board of Directors, and three special meetings.

The Alumnae Banquet was held on May 24, 1947 in the Red Lacquer Room of the Palmer House.

Total membership as of October 31, 1947 — 925

Active members as of October 31, 1947 — 308

Associate and Non-Resident members — 617

### PROGRAMS

The programs during the past year included the following speakers:

Dr. Sarah Jansen spoke on her travels through the North Woods.

Dr. Allen Conroy, head of the Department of Anesthesia of St. Luke's Hospital; Topic, "Popular Misconceptions of Anesthesia."

Student Nurses' Choral Group furnished us with a half hour of singing.

Miss Frances L. A. Dowell, president of First District, I.S.N.A., gave an informative talk on the nine goals of the District for 1947.

The Public Health group sponsored the program held in April, 1947. Several women representing the Public Health Field of Nursing spoke.

On October 7, 1947, Dr. Francis Tucker spoke on "The Rh Blood Factor".

Mrs. Carrie Belle MacNeill, representing the Industrial Nurses, spoke on the "Structure Study".

The Margaret Edith Johnstone endowed rooms have been occupied continuously by nurses and outside patients.

Five copies of the Alumnae Journal were published.

### NEW APPOINTMENTS:

Miss Dorothy Armstrong was appointed to fill the vacancy of the first vice-president.

Mrs. Ann Laird was appointed to fill the vacancy as a member-at-large.

Miss Sarah Zeeman was appointed to fill the vacancy as chairman of the Nominating Committee.

Mrs. Ann Laird was appointed to fill the vacancy of the second vice-president for the remainder of the term.

### SPECIAL COMMITTEES:

Through the untiring effort of Mrs. Rosellyn Millis, the History of the St. Luke's Hospital School of Nursing book has been selling quite well. Mrs. Millis has been extremely active with this project and we give special credit to her as she has spared no time or effort. One book was presented to each of the following: Columbia University, American Hospital Association, the Visiting Nurses Association, and the International Council of Nurses.

### REVISIONS COMMITTEE:

Revision to the By-Laws: Article III Section 7A

"The treasurer shall receive and be the custodian of all monies belonging to the Association. She shall keep books of account showing all receipts and from what source derived, and the disbursements ordered by voucher signed by the Chairman of the Finance Committee."

The Historical Collection Committee has continued to be active in collecting souvenirs and data pertaining to the history of our School of Nursing.

Winston, Strason and Shaw, our legal advisors, completed the Alumnae Allocation Income Tax report for the year 1946.

### CONTRIBUTIONS:

1. The fifth and last pledge of one thousand dollars was paid by the Alumnae Association to the building fund for the Schweppe Nurses Home.

2. Two hundred dollars was given to the First District for the Week of Free Care Fund for the Naperville Nurses Cottages.

3. Twenty-five dollars was given toward a senior student nurse scholarship for the student with the highest scholastic standing.



## SPECIFIC AIMS:

1. Increased membership.
2. Recruitment of students for our school of nursing
3. Maintenance of a high standard of nursing as is humanly possible.
4. Endorsement of the Nine Goals of First District, Illinois State Nurses Association, for the year 1947.

5. That each new student class entering nurses training be invited to attend the program meetings of the Alumnae Association.

Miss Myrtle Anderson, president, was sent as a delegate to the Ninth Quadrennial International Council of Nurses Convention held in Atlantic City from May 11, 1947 to May 17, 1947.

Respectfully submitted,  
Myrtle Anderson Hult, R.N.

### Committee on Junior Membership in the Alumnae Association

The committee has met twice to discuss possible plans for a junior membership, which was requested by the senior students.

The following plans are submitted for discussion by the membership.

## Plan 1

(a) Invite senior students to attend all alumnae meetings—both business and social, as guests, but without the privilege of discussion or voting.

(b) Senior students be invited to attend all alumnae meetings with discussion privileges, but without voting power, with representation on the board, nor benefits of the alumnae ass'n.

## Plan 2

(a) Entitles students to become Junior Tentative members after 24 months of training with the privilege of attending all alumnae meetings; the power to discuss and vote. The President of the CGA would automatically be a member of the board either (1) ex-officio of (2) with full membership privileges.

(b) Under this plan the student member to pay at least \$1.00 dues per year.

(c) If this type of membership is adopted it would require at least a majority of senior members to join.

## Plan 3

One or two meetings per year be planned especially for the students far enough ahead and at a time in their training to ensure their ability to attend.

Recommendations of the committee:

1. All students be urged to participate fully in the Chicago Council for Student Nurses.
2. That Plan 1 (a) be accepted.
3. That instruction by alumnae members be continued in Professional Adjustments 2 class.

Stella Konecko

Elsa Rudolph

Mary Everett, Chairman

### Secretary

During the year 1947 the secretary has kept the minutes of seven (7) regular meetings, nine meetings of the Board of Directors and three special meetings of the Board. Vouchers were made out for the payment of all bills and letters were written as directed by the Board of Directors. Announcements were sent to all Chicago and suburban members for all regular meetings.

Signed: Rosellyn K. Millis, R.N.  
Secretary

### The Private Duty Section's Annual Report

The Private Duty Section of The Alumnae Association held two meetings during the year of 1947, one in February for the discussion of fees for private duty nurses and one on December first.

At the December meeting the following officers were elected for the coming year.

Chairman—M. Boyington

Vice Chairmen—E. Gustafson

Secretary—R. Singer

Respectfully submitted,

Madge Boyington, Chairman

## The Industrial Nurses Committee The Alumnae Association

The Industrial Nurses Committee sponsored the November meeting of the Alumnae Association. Mrs. Carrie Belle McNeal of the faculty of Presbyterian Hospital School Of Nursing spoke on the Structure Study. The staff nurses of St. Lukes were invited to be our guests for the evening and the meeting was very well attended.

The number of St. Lukes Alumnae members, at present, engaged in industry is thirty-three.

Respectfully submitted  
Eva Morkill, Chairman  
Industrial Nurses Committee

## Membership Committee

The total members admitted in 1947 were as follows:

Active	29
Tentative Active	3
Active Reinstatement	4
Non-Resident	28
Non-Resident Reinstatements	7
Associate	5
Associate Reinstatements	4

TOTAL  80

Chairman, Mrs. Bernadine Ruggie

## Revisions Committee

The committee on Revisions held one meeting this year.

Article III Section 7A was revised for simplification of procedure. Article XIV was discussed for revision but the committee believed that the By-Law as written was adequate.

Chairman, Dorothy Armstrong

## Nominating Committee

The following ballot was submitted by the nominating committee for the 1948 election:

1st Vice President:  
Rosellyn Millis '31

Secretary:  
Rosemary Wham Dace '34  
Madlaine Hopkins '31  
Roma Breese Singer '34

Public Health Chairman:  
Hettie Gooch '08  
Harriet Berger '45

Membership Chairman:  
Margaret Munro '46  
Virginia Tracy '46  
Shirley Stansbury '45

Press & Publications Chairman:  
Dorothy Godin '45  
Venita Hansen '45

Members at Large:  
Elizabeth Vickery '45  
Virginia Traas '45  
Nora Gaulke '45  
Ruth Munro '46  
Dorothy Armstrong '37

Chairman, Sarah Zeeman

## Relief Committee

The Margaret Edith Johnstone Memorial Rooms have been used by 50 nurses during the year 1947. 600 hospital days were used: 19 days were in outside rooms. \$207 was paid to the Alumnae Association for overtime.

Sick benefit was given to two nurses.

The following nurses were lost by death:

Catherine Frances Spence, Class of 1913  
Alice M. Beardsley, Class of 1894  
Minnie Thomas, Class of 1913  
Agnes Geltoskey, Class of 1945  
Jane Craig, Class of 1904  
Caroline Fowler, Class of 1892

Chairman, Marie Steinke



## 1948 Election Returns

Vice-President:	
Mrs. Millis	378*
Secretary:	
Rosemary Wham Dace	183*
Madlaine Hopkins	114
Roma Breese Singer	53
Public Health Chairman:	
Hettie Gooch	255*
Harriet Berger	100
Membership Chairman:	
Margaret Munroe	101
Virginia Tracey	102
Shirley Stansbury	146*
Members At Large:	
Elizabeth Vickery	251*
Virginia Traas	136
Nora Gaulke	153
Ruth Munroe	168*
Dorothy Armstrong	275*
(Total Ballots mailed 900)	
Press and Publications:	
Dorothy Godin	194*
Venita Hansen	152
Total Ballots Returned	388
Ballots Not-valid	10
<hr/>	
Total Ballots Correctly Marked	378

## Press and Publication Committee

No meetings were held during the year of 1947.

Five journals have been edited.

During the year, the Alumnae Association decided to decrease the cost of publication by reducing the number of pages of our Journal from sixteen to twelve. In this way we prevented an inevitable price increase. Otherwise, the standard of the Journal has been maintained.

Respectfully submitted,  
Madeline H. Hopkins

## A New Department

Electroencephalography has recently been introduced here at St. Luke's hospital. This diagnostic division has

been an unfulfilled dream for some time, and now the realization of it has come true. Smith Six has been selected as the site for the new department, and it is now functioning capably in the hands of Miss Rezanka, the E.E.G. technician. Dr. Frederic A. Gibbs, the foremost world-wide authority in this field, interprets the readings made by the encephalogram and a diagnosis is often determined by his conclusions.

Electroencephalography is an ultra-technical diagnostic method which has in recent years been incorporated into routine neurological, neurosurgical, and psychiatric practice. With this technique it is possible to register the electrical beat of different brain areas as a series of waves, much like electro-cardiograms. This electrical activity of the brain is referred to, even by doctors as brain waves.

The question "what are the brain waves saying?" is one that can now be answered by competent electroencephalographers. They tell with some assurance whether a person has epilepsy and what kind. They detect damage to the outer surface of the brain; they allow the doctor to localize disorders such, for example, as that caused by accidental injury or a tumor. They do not tell much about the major types of insanity nor can they read thoughts or measure intelligence.

## AND WAS HE NERVOUS!

A lady come into a room in a well known hotel and saw a government official whom she recognized pacing up and down. The lady asked what he was doing there. "I'm going to deliver a speech," she was told.

"Do you usually find that you get nervous before addressing a large audience?"

"Nervous? No, I never get nervous," he said.

"In that case," demanded the lady, "What are you doing in the Ladies Room?"

Just because this is leap year, don't go jumping at conclusions—especially if you have that new look.

**Statement of Cash Receipts and Disbursements  
For the Year Ended October 31, 1947  
Treasurer's Account**

BALANCE, OCTOBER 31, 1946 .....	\$ 7,627.61
Receipts:	
Dues and reinstatements .....	\$ 5,309.05
Sales of History of Nursing .....	199.50
Transferred from savings account .....	1,496.73
	7,005.28
	\$14,632.89
Disbursements:	
Dues—First District Illinois State Nurses Association .....	\$ 2,805.75
Journals—Alumnae .....	557.01
Sick benefits .....	100.00
Week of free care fund .....	200.00
Printing stationery, supplies, etc. ....	324.85
Postage .....	42.00
History of Nursing expense .....	5,270.88
Lamps, etc. for endowed room .....	63.13
Educational program expense .....	114.89
Foreign relief .....	45.43
Alumnae banquet expense .....	\$ 504.02
Less: Receipts from banquet .....	76.00
	428.02
Convention expense .....	150.00
Award—St. Luke's Hospital Student .....	25.00
Building fund for new nurses' residence .....	1,000.00
Audit fee .....	25.00
Bank charges and bad checks .....	45.01
Purchase of U. S. Savings bond, series "G" for endowment room .....	2,000.00
Hospital expense paid for nurses .....	232.85
Safety deposit box rental .....	6.00
Surety bond .....	5.00
Legal .....	50.00
Miscellaneous .....	48.34
	13,539.16
BALANCE, OCTOBER 31, 1947 .....	\$ 1,093.73

**Statement of Cash Receipts and Disbursements  
for the Year Ended October 31, 1947  
Savings Account—Custodian Account**

BALANCE OCTOBER 31, 1946 .....	\$ 5,596.64
Receipts:	
Pledges to endowed room fund .....	\$ 669.00
Interest on bank balances .....	58.84
Repayment of loan .....	100.00
Income from investments— Canadian National Railway .....	\$ 50.00



Commonwealth of Australia .....	50.00	
New York Central Railroad Company .....	50.00	
New York, New Haven and Hartford Railroad Company .....	74.50	
United States War bonds .....	350.00	
		574.50
Principal payments—		
New York New Haven and Hartford Railroad Company .....	\$ 15.50	
Commonwealth of Australia .....	1,020.00	
		1,035.50
Sale of History of Nursing .....		209.75
Gift .....		25.00
		2,672.59
		<u>\$ 8,269.23</u>
Disbursements:		
Transfers to treasurer's account .....	\$ 1,496.73	
Miscellaneous .....	.30	
		1,497.03
BALANCE, OCTOBER 31, 1947 .....		<u><u>\$ 6,772.20</u></u>
The above balance is made up as follows:		
On deposit at Continental Illinois National Bank and Trust Company of Chicago—		
Savings account No. 195964 .....		<u><u>\$ 6,772.20</u></u>

### List of Securities October 31, 1947

	Par value
HELD BY CONTINENTAL ILLINOIS NATIONAL BANK AND TRUST COMPAY, AS CUSTODIAN	
Mortgage and Real Estate Corporation, cumulative income notes, 5%, dated January 1, 1936, due January 1, 1953, \$2,000 par, less 75% paid on principal (received in exchange for Chicago Title and Trust Company mortgage bonds) .....	\$ 500.00
Chicago City Railway Company, first mortgage gold bond, certificate of deposit, 5% dated July 1, 1907, due February 1, 1927, 15% .....	850.00
New York Central Railroad Company, refunding and improvement mortgage, series "C", 5%, dated October 21, 1921, due October 21, 2013 .....	1,000.00
THE FOLLOWING SECURITIES ARE HELD IN SAFETY DEPOSIT BOX:	
United States Savings bonds, series "G" numbers M541212G, M541213G, M541214G, M541215G, M541216G, \$1,000 each due March 1954 .....	5,000.00
United States Savings bonds, series "G", numbers M2283598G, M2283599G, M2283600G, M2283601G, M2283602G. \$1,000 each, due January 1956 .....	5,000.00
	<u>\$12,350.00</u>

## Securities Held for Account of Endowed Room October 31, 1947

	Par value
HELD BY CONTINENTAL ILLINOIS NATIONAL BANK AND TRUST COMPANY, OF CHICAGO Cleveland Realty Corporation, 30 shares of capital stock, no par value, received in exchange for Foreman Trust and Savings Bank, as Trustee, first mortgage participating -----	\$ 3,000.00
Less: Liquidating dividends, 1938-41 -----	990.00
	\$ 2,010.00
Canadian National Railway Company, guaranteed gold bonds, 5%, dated October 1, 1929, due October, 1969 -----	1,000.00
New York, New Haven and Hartford Railroad Company, secured gold bond, 6% dated April 1, 1925, due April 1, 1940, in default, both principal and interest -----	\$ 1,000.00
Less: Principal payments, 1945, 1946 and 1947 -----	164.50
	835.50
HELD IN SAFETY DEPOSIT BOX:	
United States Savings bonds, series "G" numbers M5135525G, M135524G, \$1,000 each, due November 1, 1958 -----	2,000.00
United States Savings bonds, series "G" numbers M3875130G, M3875131G, M3875132G, \$1,000 each, due July 1957 -----	3,000.00
	<u>\$ 8,845.50</u>

## Finance Committee For Fiscal Year

A budget was made for approximate income of dues and estimated expenditures which did not include any income from savings or investments nor the expenditure of any special funds set aside for specific purposes. The budget was approved by the Board of Directors and the Alumnae Association.

The present chairman has only recently been appointed to fill a vacancy created by the resignation of the former chairman, Ruthann Osborne.

The following is an approximate report on committee expenditures as taken from the treasurer's monthly reports.

	Budget	Expend- itures	Balance
Revision of By-Laws Committee -----	\$ 5.00	\$ none	\$ 5.00
Finance Committee -----	2.00	none	2.00
Press & Publicity Committee -----	1,000.00	732.11	267.89
Nominating Committee -----	2.00	none	2.00
Program Committee -----	775.00	531.77	243.23
Relief Committee -----	10.00	.75	9.25
Membership Committee -----	2.00	5.89	—3.89
Private Duty Committee -----	2.00	none	2.00
Public Health Committee -----	2.00	19.00	—17.00
Industrial Committee -----	2.00	none	2.00
Officers' Expense -----	100.00	76.70	23.30

Chairman, Ann Lucille Laird



## CHAIRMEN AND COMMITTEE MEMBERS

Alumnae Association, St. Luke's Hospital School of Nursing

1948

### REVISIONS COMMITTEE

Rosellyn K. Millis, Chairman  
Nancy Allen  
Mary Everett

### FINANCE COMMITTEE

Ann L. Laird, Chairman  
Edna Travers  
Madaine Hopkins

### NOMINATING COMMITTEE

Sarah H. Zeeman, Chairman

### MEMBERSHIP COMMITTEE

Miss Shirley Stansbury

### PROGRAM COMMITTEE

Mrs. Leona Vetren, Chairman

### PRIVATE DUTY COMMITTEE

Madge Boyington, Chairman

### PRESS AND PUBLICATION COMMITTEE

Dorothy Godin, Chairman  
Stacey Mesec  
Venita Hansen  
Doris Malbo  
Patricia Crawley

### RELIEF COMMITTEE

Marie Steinke, Chairman  
Helen Rutherford  
Alice Sanderson  
Nora Gaulke  
Ida Gindele

### PUBLIC HEALTH COMMITTEE

Hettie Gooch, Chairman  
Harriett Fulmer  
Hilda Schulze

### INDUSTRIAL COMMITTEE

Eve Morkill, Chairman  
Anna Smeltzer  
Elsie Krueger

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## STANDING COMMITTEES—CHAIRMEN AND MEMBERS

### SCHOLARSHIP AND LOAN COMMITTEE

Bonnie Versteeg, chairman  
Mary Everett  
Ruth McCarthy

### HISTORY OF NURSING COMMITTEE

Dorothy Armstrong, chairman

### STUDENT NURSE RECRUITMENT COMMITTEE

Elizabeth Vickery, Chairman

### HISTORICAL SOUVENIR COMMITTEE

Miss May Collins, Chairman

### AMERICAN JOURNAL OF NURSING COMMITTEE

Stella Konecko, Chairman

### HISTORY OF NURSING PUBLICITY COMMITTEE

Mrs. Rosellyn K. Millis, Chairman  
Mary Everett  
Nancy Allen

# THE ALUMNAE

of St. Luke's Hospital School  
of Nursing  
Box 349  
Evanston, Illinois

Entered as Second Class Matter at  
the Post Office at Evanston, Illinois

Mrs. Horace A. Hunt,  
8132 S. Sangamon St.,  
Chicago, Ill.



SAINT LUKE'S SCHOOL OF NURSING

# The Alumnae



APRIL, 1948

# Alumnae Association, St. Luke's Hospital School of Nursing

## Officers and Members of Board of Directors

1948

		Term Expires
President .....	Mrs. Myrtle Anderson Hult	1948
8026 S. Rhodes Avenue, Chicago 19	Stewart 5429	
1st Vice President .....	Mrs. Rosellyn K. Millis	1949
10 N. LaSalle St., Chicago 2	Franklin 0700	
2nd Vice President .....	Mrs. Ann L. Laird	1949
1819 West Polk Street, Chicago 12	Monroe 3900	
Treasurer .....	Mrs. Edna Travers	1949
812 E. 49th Street, Chicago 15	Oakland 5631	
Secretary .....	Mrs. Rosemary Dace	1949
4643 Lake Park Avenue, Chicago 15	Atlantic 6411	
Membership Committee Chairman .....	Miss Shirley Stansbury	1949
1020 Lake Shore Dr.	Whitehall 8600	
Relief Committee Chairman .....	Miss Marie Steinke	1948
1500 S. Indiana Avenue, Chicago 5	Harrison 5040	
Program Committee Chairman .....	Mrs. Leone Vetren	1948
7659 S. Bennett, Chicago 49	Regent 5513	
Nominating Committee Chairman .....	Miss Sarah H. Zeeman	1948
1500 S. Indiana Avenue, Chicago 5	Harrison 5040	
Private Duty Committee Chairman .....	Miss Madge Boyington	1949
222 East Chestnut, Chicago 41	Superior 7582	
Public Health Committee Chairman .....	Miss Hettie Gooch	1948
1518 S. Michigan Avenue, Chicago 5	Wabash 8108	
Industrial Committee Chairman .....	Miss Eve Morkill	1948
21 East Bellevue, Chicago 11	Delaware 5519	
Press and Publication Chairman .....	Miss Dorothy Godin	1949
1142 S. Michigan Avenue, Chicago 5	Harrison 8209	

### MEMBERS AT LARGE

Dorothy Armstrong .....	Superior 4955	1949
1100 North Dearborn, Chicago 10		
Mrs. Bonnie Versteeg .....	Plaza 6867	1948
6711 Merrill Avenue, Chicago 49		
Miss Elizabeth Vickery .....	Harrison 8209	1949
1142 S. Michigan Avenue, Chicago 5		
Mrs. Ruth Grant .....	Diversey 8050	
612 Patterson Street Chicago		

## Alumnae Pledge



### An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.



# THE ALUMNAE

Official Organ of  
The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

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Vol. LVI

Evanston, Ill., April, 1948

No. 21

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## DEDICATION

The April number of the Journal is dedicated to the nurses in Public Health work and to our own Harriet Fulmer, "gracious lady, true friend, statesman nurse," who has long been recognized as one of the great pioneers and is the most outstanding figure in this field. Her endless courage, ambition, and spirit has paved the way for thousands of public health nurses. We can't begin to tell you of the many accomplishments of Miss Fulmer. As a symbol of a great humanitarian and a constant inspiration, we humbly dedicate this issue of the Alumnae Journal to Miss Fulmer in appreciation of her ever ready encouragement, assistance, and guidance in Public Health Nursing.

## A Salute to the Public Health Nurse

In our own United States and in our far-away territories the graduates of St. Luke's Hospital School of Nursing are active in public health nursing and medical social services.

In the prenatal clinics we find her teaching the prospective mother in the hygiene of pregnancy and caring for her in the home at the time of delivery. In post natal clinics and Planned Parenthood clinics she is guarding and guiding the mothers of the nation.

In the schools — nursery, elementary, secondary and college — she takes her place as a member of the faculty, participating in planning the educational health programs and services for students and faculty.

In the universities she is teaching in the Departments of Nursing Education.

In City, County and State health departments she participates in programs for the eradication of tuberculosis, venereal disease and cancer, and the care of crippled children.

In Visiting Nurse Associations her ministrations to the sick in their homes are well known.

In medical social work she has found her nursing background a valuable asset.

In industry she has helped protect the health of the worker — man, woman and child — and has raised her voice against child labor.

In the National Health Organizations her abilities are well known and she is called on as a consultant.

In the clinics better care is given because of her knowledge of the patient's background and the community from which he comes.

In the community she is looked up to as a leader in health and welfare activities.

In our opinion we are proud of each and every one of these our nurses who is carrying on this valuable and important work.

## "Public Health" In the School of Nursing

Although the basic program of the School of Nursing does not attempt to prepare nurses for the specialized field of "public health nursing," we are becoming increasingly concerned with the necessity for preparing young women for health nursing — or for nursing the "whole" patient — where ever that patient may be.

This concept is not new. Florence Nightingale laid down specific principles of health nursing in many of her writings. Unfortunately modern nursing has become so concerned with the ever increasing complexity of the disease condition, its diagnosis and treatment, that there is danger of overlooking the patient, as an individual and a member of a family and the community.

Recognition of this lack in our basic preparation has made us consciously make provision for the integration of "social and health aspects" in our curriculum. This is done by means of specific courses such as, Sociology and Psychology, to give the student an understanding of the individual and the community in which he lives. But probably the most effective means of incorporating these aspects is by the inclusion in every lecture, in every clinical field such aspects as:

- 1.) Social and economic effects of disease.
- 2.) Psychological aspects.
- 3.) Teaching the patient.

Guidance of the student while she is caring for the patient, toward the recognition of his individual needs, and aiding her in applying her knowledge of how to fill these needs, is probably the most important aspect of the program.

In an attempt to enrich the program at St. Luke's we have secured several interesting guest speakers, from community agencies, who are regular participants in the courses, the use of several movies, and students are taken on field trips to community agencies such as La Rabida, and the Health Department.

Each year twenty-five students are given field experience with the Visit-



ing Nurses Association. This affiliation does not prepare them to be "Public Health Nurses," but introduces them to the field, and gives them an opportunity to become acquainted with the patient in his home, and with community agencies which serve the public. Some of these same objectives can be attained by assignment to the clinics, a service which we hope to make available to our students soon.

One of the interesting projects this year has been the dramatization by the students, of the actual teaching of the patient. This project is done at the end of each unit in Medical Nursing.

An evaluation of a program of education can only be reached by an observation of the results. If we can succeed in graduating each year, professional nurses who are increasingly aware of the social and health needs of their patients and society, and adequately prepared to "do something about it," then we have successfully integrated "social and health aspects of nursing" in the curriculum.

Emily Cardew,  
Educational Director  
St. Luke's Hospital School of Nursing

## Visiting Nurse Association

*The following article is written by Miss Ayeliffe Schaible, student nurse, class of 1948A, who had an affiliation with the Visiting Nurse Association of Chicago.*

Let me tell you about the Visiting Nurse Association which offers care to the citizens of Chicago. The nurses serve in districts which cover the city and thus they are able to supply the needed help to all. The nursing staff provides skilled care to the sick in their homes and also teaches the prevention of disease and the promotion of health.

Requests for service are received from doctors, patients and Insurance companies who refer their absentee employees for a health check-up. Hospital social workers often call asking the nurse to instruct patients in their homes. Some of the requests are as follows: a mother needed instruction

as to the care of her son who was sent home from the hospital in a cast; a rheumatic heart victim was given care and instruction as to the cause of his ailment, why he must stay in bed, how to make his own temperature chart and ways and means of keeping his mind occupied.

We see all types of illness and persons of all ages, infants, adults, adolescents, old people — in fact, variety abounds! Each household has a different question, a different problem, a different type of ailment. Sometimes highly skilled care is needed, sometimes only advice and teaching is necessary. Contact is always made with the family doctor for orders, the patient is cared for and the family is reassured.

A typical day may send a nurse from a demonstration bath and making a formula for the new baby to a child with an elevated temperature who is just recovering from a tonsillectomy — to a chronic patient receiving bedside care — to a patient in need of a surgical dressing — to a woman with a kidney infection who has to be catheterized — to a diabetic who has to be taught how to care for himself — to a scarlet fever victim whose mother must be taught how to protect her other children by correct isolation technique.

Difficulties? Of course there must be some. In the winter it is hard to face the wind, rain and cold all day and come home at night wet and dripping. Walking up-hill and down (especially with a ten pound bag under your arm) wears even on the best conditioned feet, and without a car, the shoe leather and stocking problem is a factor to be considered. After a week of this you are quite upset if the Sunday "date" suggests a walk in the park.

If you go into this field of work you will find you must be dependent on yourself and must answer to yourself for your mistakes. You are the only one the patient has to depend on as there is no Head nurse in the home to whom you can turn for aid. But if you like people "by the hour, on the hour" and would lead an independent life with the ability to use your own good judgment — here's your chance!



## Highlights on St. Lukes Graduates in Public Health Nursing

Miss Gladys Weber writes: "I am employed by the New York State Department of Health as Supervising Nurse in Rockland County in a generalized nursing service. We are busy most of the time with students from the Universities of New York, Columbia and St. John's or we are training public health nurses prior to their university study. With Columbia so near by, I am completing work on my Master's degree."

Miss Grace Middlemiss writes from Hibbing, Minnesota: In Independent School District No. 27 she is kept busy with physical examinations of the school children, eye examination, hearing tests, control of communicable disease, classes in home nursing, health talks, dental and immunization programs.

Mrs. Hilda A. Schulze who is with the Cook County Health Department writes: "It has been extremely interesting to observe the change in treatment that has taken place in the entire pattern of venereal disease control. The advent of penicillin and the provision of specialized facilities have meant that venereal disease can be treated faster and more effectively. The new control pattern demands education and case finding. The public health nurse can do a great deal to interpret social and preventive aspects of venereal disease to communities."

Miss Lauretta Peterman writes: "I am the Lincoln County Nurse with offices in the County Court House at Merrill, Wisconsin. We conduct a generalized public health nursing program consistent with state policies. The nurse serves a rural area of 900 square miles with an approximate population of 13,000. Lincoln County has been selected as one of the counties in the state to assist in the field training program for public health nurses."

Miss L. Virginia Philip, Director of the Wilmette, Illinois Health Center, writes: "The following services are offered by our organization: well baby

conferences, dental clinics, eye clinics, bedside nursing and health education program. The interest of the community is obtained by an Association Board which is made up of representatives from all local groups—religious, educational and official who keep the Village aware of our work and our needs."

Mrs. Alice F. Gibson Brickley writes from Manteno, Illinois: "My present position is Chief Psychiatric Social Worker at Manteno State Hospital and I have a staff of ten social workers, four of whom have their Masters degrees. Half of my staff work in the hospital and the other half work in the community (six counties) interpreting mental hygiene as a part of Public Health. We place patients out on therapeutic placements after interpreting mental hygiene to the prospective caretaker — then supervise the patient's adjustment."

Mrs. Dorothy Brainerd Deacon of San Carlos, California, writes: "I have been doing public health nursing in the San Mateo County Health Department in a generalized service. We rotate services in prenatal, tuberculosis and venereal clinics. We combine forces with the schools in immunization programs and assist the County tuberculosis mobile X-ray Unit in their surveys in industrial plants as well as schools. The public health nurses are active in the health division of the Council of Social Agencies as well as the nursing organizations."

Mrs. Jane B. Badger, School nurse in LaGrange, Illinois, writes in regard to the sightsaving program: "The Sight-saving room was opened the fall of 1939. There was an average of fourteen pupils during the years when all outlying districts were having yearly vision tests by nurses employed by the State. Pupils with vision of 20/70 after correction are eligible for sight saving and those under treatment for squint. The group is not segregated and attend all classes with their respective groups but all eye work in the sight-saving room is under the direction of a specially trained teacher. We feel we are fortunate in having this room in our system."

Mrs. Rae Saville Oksnevod of the Visiting Nurse Association of Gales-



burg, Illinois, writes: "We two nurses do all the bedside work in this area of 3,000 people. The Visiting nurses make about 3,300 calls a year. About 75% of the work is free. We have a student affiliation with our local hospital. We do the bedside care for the John Hancock and Metropolitan Insurance companies. We do the follow up calls and investigations for the Division of Services for Crippled Children of the University of Illinois. We check the paid kindergarten of the Y.M.C.A. daily. We keep busy and enjoy our work."

Miss Mabel McClennahan of Williams Woods College, Fulton, Missouri, writes: "I am another St. Luker in Public Health work, inspired and encouraged by our own Harriet Fulmer. Most of my Public Health work has been in school work. School health work offers many compensations for the Public Health nurse — as well as a wealth of happy experiences. The interested devoted grade school group have their appeal and problems. Then the developing adolescents in secondary school need our health services, during these growing up years. Health work in colleges and universities is more recent than other school nursing. I enjoy very much working with our fine modern college students."

Miss Mae Parish who is employed in the Laurence County Health Unit, Illinois, and is now on leave of absence writes: "For the past five months I have been attending the University of Minnesota taking further work in Public Health nursing. At present I am taking my field work at the Topeka City - Shawnee County Health Department, Topeka, Kansas. Am receiving some excellent supervision and help in my work. Only wish I had had it quite a while ago. Laurence County, Illinois was one of the first counties to vote in favor of the Searcy-Claybaugh Act which enabled them to support their own Health Department."

Mrs. Lucia Andrews McConn of Lawrenceville, Illinois, writes: "Our County is one of several in the State to set up a Home Delivery Service in connection with the State Health Department during the war — due to the congestion in population experienced

when an Army base was located here. The program has continued since the war by popular request and was probably one of the most outstanding factors in acquainting the public with the health program. I get a lot of personal satisfaction in maternity work and never quite get hardened to the agony of the laboring mother nor over the thrill of the new born's first cry."

Miss Edna Mason writes from the State Teachers College at Milwaukee, Wisconsin: "When I stop and think of the time I have been at State Teachers College, can scarcely realize so many years have gone by. I love my work — perhaps that is the reason." Miss Mason encloses the annual report of her work which shows a very fine type of health service carried on for the college students. She closes with the remark "There have been many changes since I came to the college, all in the line of improvement."

Miss Mary H. Mackelcan of East Orange, New Jersey, who is on the staff of the Health Department writes: "We consider one of the highlights of our community health instruction program is the distribution of four letters by the nurses to the parents of every new born child in the city before it reaches school age. This is the most effective means ever developed in the department for bringing health information to parents. An immunization program is stressed."

Miss Margaret Mathis writes that she and her sister Erna are Public School Nurses in Los Angeles, California:—"That is we hold Public Health certificates and title through required University work and may use P.H.N. after our names. Every nurse to be permanent with the School Health Department must be a P.H.N. Erna has elementary and Junior High School pupils and I have High School pupils. We have cadets from the University of California, Los Angeles and University of Southern California who are with us for their field work in Public Health. The Board of Education maintains clinics for the school children. I have served twenty years this month. The work is still so interesting and so varied 'one does not know what will happen next' so that time flies."



Mrs. Edelberg Hansen Warnock writes from Fruitport, Michigan: "After my public health field work with Cook County I moved to a little town of 300 population. Since being there my contribution to public health has been answering the emergency calls in the community—calling the doctor, getting orders and staying with the patient until other arrangements are made. I have mostly helped with heart victims and hypos for cancer cases. There is usually no compensation and if there is it is in the form of a gift of gratitude. My first call was from a desperate husband who was in danger of losing his wife and unborn baby. Hypos daily for several months cleared the skies and gave them a fine baby boy. Though my work is in a small way I am gratified that I can contribute my bit in a community which has neither local doctor or paid public health nurse."

Miss Esther C. Gregg, County Nurse, Delphi, Indiana, writes: "Probably the newest and most pioneering job we have attempted recently is that of a class in Family Living. These classes are an outgrowth of a demand on the part of young parents for help with the sex education for their children. This is a splendid way in which to teach sex character education and also give prenatal and infant care instruction, plus emotional as well as physical health for the older child and adolescent — in other words family services."

Mrs. Leone Hawks of Aurora, Illinois, writes: "This is my second year at East Highschool and my work becomes more interesting each day. My duties begin with teaching Home Nursing to upper classmen girls; health and First Aid to all Freshmen girls, screening tests, follow-up on health examinations, counselling for students and teachers, first aid and care of the sick and injured students in the school, home visits and the carrying out of educational health programs within the school. Our program here is building up and it is interesting to participate in its growth. Along with my work I am still studying for my degree in Public Health Nursing at Loyola University."

Miss Ruby M. Crocker who is a member of the Health Department

Chest Clinic, South Bend, Indiana, writes: "My only problem is knowing where to start and where to stop. One seldom sees the accomplishments, the harmony and spirit that is found in our office. We all work — and we work hard — but we also have fun. That may sound strange to many people because the mere word tuberculosis is depressing — but to find a patient who has had tuberculosis and help to guide him back to health is one of the most satisfactory feelings a nurse could experience — and that is my job. To me it is fascinating work and I love it."

Mrs. Ruth Boswell, Jenkins County nurse in Georgia writes: "I have met the colored teachers and the teachers at the white schools here and found them all interested and anxious to learn more. The thirst for knowledge among the majority of the South — white and black is really outstanding. I want to tell you something of my midwives. The first Saturday morning of each month we have a meeting with the colored midwives throughout the county (I have five). We discuss any problems they may have and we have a lesson, examine bags, etc. They are well trained, interested and are rendering a wonderful service."

## THE COMMON EXPERIENCE

A new private wrote his family some few days after he had arrived at camp.

"I've gained sixty pounds since I came here—Two pounds of muscle and fifty-eight pounds of equipment."

## THE WORRIED HUSBAND

When a doctor called to a house to attend a confinement had been upstairs a few minutes he came down and said to the husband, "Have you got a corkscrew?" He was given one and went back upstairs. A few minutes elapsed—he came down and said, "Got a screwdriver?" He was given one—Again he went up. A few minutes and he was down again for a third time, asking for chisel and mallet. "Good gracious, doctor," the worried husband said, "Is it a boy or a girl?"

"Don't know yet," replied the doctor. "Can't get my medicine case open."



## Roster of Nurses in Public Health and Welfare Services

The names of the St. Luke's graduates who are now in Public Health and Welfare Services are listed below. If there are any names omitted the Public Health Committee would like to hear from these nurses.

### Wisconsin

Frances Ahern, Fond du Lac  
Ida Hubbard, Janesville  
Edna Mason, Milwaukee  
Mirium Pape, Whitewater  
Lauretta Peterman, Merrill  
Alma Ruckdashiel, Winnebago  
Velves Specht, Oshkosh  
Janet Swenson, Whitehall

### Illinois

Jane Badger, LaGrange  
Alice Gibson Brickley, Manteno  
Frances Gordon Brown, Peoria  
Mrs. Wm. H. Burg, Chicago  
Marion DeWitt, Springfield  
Mrs. D. P. Easton, Deerfield  
Margaret Faulkner, Granite City  
Leslie Freeman, Chicago  
Zoe Harpster, Chicago  
Mrs. Leone Hawks, Aurora  
Lila K. Hudson, Rock Island  
Betty L. Kafka, Chicago  
Elizabeth Leonard, Chicago  
Lucia McConn, Lawrenceville  
Sara McCoy, Chicago  
Hazel Martin, Chicago  
Rae Oksnevod, Galesburg  
Lucille B. Oldenberg, Glenview  
Ollie M. Fisher, Chicago  
Beverly Orlick, Chicago  
Mae Parrish, Lawrenceville  
L. Virginia Phillips, Chicago  
Emma Richardson, Chicago  
Hilda Schulze, Villa Park  
Edith Foster Sweet, Chicago  
Mrs. Paul B. Swift, Sterling  
Babbette Jennings, Chicago  
Marie Klein, Aurora

### Massachusetts

Emily Faucett

### District of Columbia

Geneva Feamon

### Missouri

Mabel McClennahan

### Georgia

Ruth Boswell

### Minnesota

Grace Middlemiss

### Ohio

Emma Grubbs, Cleveland

### Idaho

Ella Raether, Pocatello

### California

Florence Andrews, San Francisco  
Dorothy Deacon, San Carlos  
Ethel Gibbs, Los Angeles  
Margaret Greer, Los Angeles  
Audrey Harrington, Los Angeles  
Mildred Kuelling, Los Angeles  
Louise Pokorny, San Diego  
Alice Wallace, Highgrove  
Gretchen Wilson, Los Angeles  
Emma Mathis, Inglewood  
Margaret Mathis, Inglewood

### Maryland

Ada Blumer

### Hawaiian Islands

Anna H. Schmalz, Honolulu

### Washington

Onalee Boege, Olympia  
Kathleen Burwell, Ellensburg  
Geraldine Yearsley, Seattle

### Alaska

Olive Brower

### Kansas

Marie G. Stead, Hutchison

### New York

Margaret A. Bulkley, Long Island  
Helen Groskopf, New York City  
Mrs. J. S. Laughton, Jr., Chappaqua  
Gladys Weber, West Nyack

### Indiana

Ruby Crocker, South Bend  
Mary Jane Gibson, Plymouth  
Mrs. Roy F. Gregg, Delphi  
Marion I. Jones, Walcotville  
Lydia Jordan, Renselaer  
Martha Munro, South Bend  
Frances B. Scoville, Crown Point  
Ina E. Sutton, Hartford City  
Henrietta Wilcockson, Highlands

### Michigan

Margaret Loy, Negaunee  
Mrs. L. Raymond Warock, Fruitport

### New Jersey

Mary H. Mackelcan, East Orange  
Clarice Meader, Haddonfield

### Mississippi

Dorothy Meyers

### Ontario, Canada

Mrs. Arthur Johnston

### Kansas

Helen Reinback

### Pennsylvania

Harriet E. Young, Wilkesbarre

The Public Health Committee wishes to thank the nurses who responded to the request for highlights on their public health nursing experiences. The Committee only regrets that it was not possible to publish the letters in their entirety. The excerpts that are taken from these letters will give our fellow members some idea of the valuable community health work that is being carried on by our St. Luke's graduates. We are gratified to know that so many of our members are in the vanguard which has lowered our death rate, prolonged our lives and is promoting the health of our citizens.

The Press and Publicity Committee wish to express their gratitude to Miss Hettie Gooch who has so cleverly collaborated this material for the Journal.

## The Endowed Room

I'd like to say a few words here about the Endowed Room and think perhaps the best way to show you the advantage of the investment would be to tell you of the benefit received by joining.

I paid the \$50.00 fee a year ago so when it was necessary to have my thoracoplasty I made reservations and entered. My total bill at the end of four weeks hospitalization was \$1.85 to cover the cost of two bottles of Gingerale and several phone calls. The balance, amounting to \$356.55 was paid by the Endowed Room! I can think of no hospitalization insurance that would be cheaper. It is a lifetime coverage as long as you remain a member of the Alumnae Association, in good standing, and covers four weeks in any fiscal year. Additional care at \$3.00 a day, not to exceed three weeks — must immediately follow free care. Total time limit: Seven weeks in any fiscal year.

Eligibility must be established three months prior to the first application for relief. Payments to the fund may be made on the installment plan.

Financial aid and loans may also be obtained. The financial aid is granted only to those who cannot be cared for in the endowed rooms.

## From the Corridors of St. Luke's

Marie Drager, private duty nurse, was injured last month when struck by an automobile. An injury to the right shoulder and other minor cuts and bruises made it necessary for Miss Drager to be confined to the hospital for three weeks.

A new heater has been installed in the bathroom belonging to the Endowed Rooms. After many "shivering" days with cold chills running up and down one's spine, everyone is very grateful to a few diligent members who have succeeded in fulfilling one of their dreams. A radiator had never been installed; however, we are sure no one will skip "the Saturday night bath" from this time on —

Helen Moulton Brisbane has taken the position of afternoon nurse in the Emergency Room which was formerly held by Miss Dilge. Mrs. Brisbane finds it very interesting — (Glad to have you on the staff!)

The Misses Peggy Mullins, Helen Stengard, and Jeanne Pascoe have gone to Ann Arbor, Michigan, to work in the University Hospital. We miss you, but wish you lots of luck in the field of "higher education."

Marion Hermance is recovering from a long illness on Main 13. We are all waiting to welcome her back — Hurry, Marion —

Don't forget the Spring Banquet, members!!! The Place: the Illinois Room in the LaSalle Hotel. The Time: May 22nd at 6:30 p.m. (and last, but not least) The Price: just a mere \$4.50. This will be a splendid opportunity to get together and renew old acquaintances. We hope to see you all there —

Dr. C. F. G. Brown is on C floor following a coronary. Keeping him inactive and quiet is, indeed, a problem. Have considered restraints or a straight jacket but then his promises should be good.

The Reverend William T. Travis and —Marion Krause Mrs. Travis were honored at a tea



given on April 1st, from 3:00 p.m. to 6:00 p.m. in Schweppe Memorial Nurses' Residence.

For the past eighteen years Reverend Travis has been Rector of Grace Episcopal Church and Chaplain of St. Luke's Hospital. St. Luke's School of Nursing is deeply grateful for the many services rendered by Reverend Travis.

One of Reverend Travis' "hidden talents" was discovered in his exhibition of paintings in oils, pastels and water colors.

The Nursing Council and the Senior Faculty of St. Luke's Hospital had the honor of presenting this reception.

Miss Phoebe Penn is working on M-13 following a long illness. We are all happy to have you back.

Miss Margaret Swanson (class of 1947) is the new head nurse on M-12. She has already proven herself worthy of the position and enjoys the work very much.

A bit of hammering and banging leads us to believe that a new ward is under way on Main 10. Haven't obtained the full details as yet, but intend to do so.

Hope to see you all at the Annual Spring Banquet. Let's make this the largest attendance.

The fourth Annual Banquet was held by the class of 1947 on February 9th at the Le Petit Gourmet. Twenty-five members were present. Memory Books were used as place cards along with blue and white flowers (remember the Uniform Tea?) Letters were read from the members of the class not present, and everyone had a very enjoyable time.

An ecru lace tablecloth was presented to Mrs. Bell for the nurses' home at an Afternoon Tea on March 5th by the class of 1947. They were able to give this gift to the school with the extra funds obtained from the sale of their year book.

Our roving reporter, Miss Josephine Gilbert, has contributed much news to our columns.

The Editor

## In Memoriam

St. Luke's Alumnae Association extends heartfelt sympathy to the friends and relatives of Mrs. Ivyl Burdon, who died last month, widow of the late Dr. Reginald M. Burdon of Green Bay, Wisconsin.

Mrs. Ivyl (Kearby) Burdon graduated in 1913 and taught at the Bellin Memorial Hospital from 1937 until 1946. She was the nursing arts instructor and the assistant director of nurses during that period.

The rites were held at Christ Episcopal Church and burial was made in Fort Howard Cemetery.

St. Luke's Alumnae Association extends deep sympathy to Avis Van Lew, class of 1924, in the recent death of her father at his home in Axtell, Kansas, on January 4th, following a long illness. (Miss Van Lew is at the University of Kansas Medical Center.)

## WEDDING BELLS!! CONGRATULATIONS!!

Gwen Babcock, class of 1947, and Mr. James Newport were married on Friday, March 5th, in a candlelight ceremony at the Park Street Congregational Church in Mazon, Illinois.

Mr. Charles J. Schneeweis announced the marriage of his daughter, Lois Helen, class of 1948, to Mr. John H. Albers on Saturday, February 14th, in River Forest, Illinois.

Doris Witbecker, class of 1947, and Mr. John Butler were married on Tuesday, March 13th, in Our Lady of the Holy Rosary Church in Roscoe, California.

Mr. and Mrs. Larry Bojewicz announced the marriage of their daughter, Virginia Marie, class of 1947, to Mr. Donald William Roe on Saturday, February 14th, in St. Patrick's Church, Pueblo, Colorado.

Jennie Neidlinger, class of 1937, and Mr. Jack Wells were married on December 5th, 1947, in Colorado Springs, Colorado.

## MARCH OF TIME

### 1902

Martha Smart enjoys reading the Alumnae and hearing from and about St. Luke's. She informs us that it has been about twenty years since she retired from active nursing.

### 1904

Agnes Martin has been spending the past few months in Texas and Florida. She plans on returning to Syracuse, New York after the cold weather leaves. She visited May Vinnedge Parker in Tallahassee, Florida. Miss Martin also notes the recent death of Dr. Guy McCauliffe of Webster City, Iowa. He interned at St. Luke's and was a prominent Iowa surgeon.

### 1913

Mildred Morkill (Mrs. Walter Theobald, 1913) went to St. Louis in January to welcome a granddaughter born January 21st to her daughter, Harriet.

### 1914

Kate Bishop Seymour is recovering from a severe attack of "food poisoning" in Woody Infirmary in California.

Vera Warner (Mrs. Alexander MacVittie) broke a long silence to write us from her home in Detroit. Her husband is a school principal there, and she has a 21 year old daughter, Jean, recently married.

### 1920

Many of our St. Luke's nurses who are away from Chicago and who find it difficult to get caps or cap material will be glad to hear that Mabel De Vries Meeker will furnish material, make a cap of any size and mail it to any address in the United States for the sum of one dollar. Just address Mrs. Don Meeker, 5026 Quincy Street, Chicago 44, Illinois.

### 1921

Ruth Sackett (Mrs. Wm. H. Zinke) returns to her home in Fond du Lac in April following a long trip she and her husband are making through California and into Mexico by motor. She reports their winter travels were "out of this world."

### 1922

Bina Guthrie (Mrs. John Glynn) sent a note informing us of the death

of her mother last year. She also states that she has been very busy caring for her husband, who is an invalid.

### 1923

Word from Upland, California, informs us that Rosellen Michael is working at San Antonio Community Hospital and that they have witnessed the busiest year in history.

### 1924

A letter was received from Helen Benjamin sending her greetings to St. Luke's friends. Miss Benjamin works in the A.B.M. Hospital, Mellore, South India, and hopes to return in June.

Ethel Zemlika (Mrs. Cole) writes from Merrill, Wisconsin, where she is doing institutional work in the Merrill Hospital. Her daughter, Pat, is a freshman at the University of Wisconsin and has learned, among other things, to fly a plane.

### 1931

Miss Charlotte White stopped in the nursing office to inform us that she is going to Union Medical College, Peiping, China. She will be responsible for the Guidance Program for first year students, and she will teach nursing arts. Miss White completed her work for a Masters' Degree at Columbia University in February.

Josephine Montgomery (Mrs. Joe Taylor) has resided in Ireland for the past six and one-half years.

### 1932

Capt. Elizabeth Breitung, stationed at Tokyo, Japan, has just finished initial instruction to twenty-eight Japanese student nurses. She now has charge of all the seventy-five Japanese nurses at the St. Luke's International Medical Center in Tokyo. She is planning to visit Shanghai, Hong Kong, and Peiping sometime this spring.

### 1934

Elna Gittings Sligar, Class of 34A, stopped in the nursing office; she is working at Billings Hospital (General Duty), private division and has been there for the past four years.

### 1936

Pomona, California, will be the permanent home of Verda Miriam Major. Mrs. Major and Mrs. DeMott (Gussie Heldt) see each other often and are very fond of California.



## 1937

Margaret Faulkner sends us many news items. Some of St. Luke's graduates in the St. Louis area were entertained by Mrs. Stuart White (Alice Norbeck, class of '32) of Clayton, Missouri. Those present were: Miss Attalee Buckingham '15, Mrs. J. Boggs (Jeanette Neligh '21), Miss Ruth Kirkham '22, Mrs. John Barry (Jean Middelmeis '26), Mrs. Ed Green (Argretta Stevens '33), Miss Margaret Faulkner '37, Mrs. H. Hopkins (Marvel Barclay '38). The group is anxious to get in touch with St. Luke's graduates in this area. They are invited to contact Mrs. White at 427 Edgewood Drive, Clayton, Missouri.

Margaret Faulkner received her degree in Public Health Nursing from St. Louis University in January. She is now employed as District Supervising Nurse in Public Health in Savanna, Illinois.

## 1938

Oak Knoll, a large naval hospital in Oakland, California, finds Eunice Davis very busy and enjoying her work immensely.

## 1939

Eleanor Whalen Richards is living in Hollywood, California, and is working for Dr. L. Boonshaft.

## 1941

Lt. Nathalia Ann Knox (N. C.) U. S. N. has recently completed a nine months' course in anaesthesia at Baylor University Hospital, Dallas, Texas. Following this instruction, she has been ordered to duty at the Naval Hospital, South Margarita Ranch, Oceanside, California. Lt. Knox completed this course under the Navy Post-Graduate Education Program.

Eleanor Holmes Huizenga sends us the most informative and cheerful letters of her home in California. She sends her regards to everyone.

## 1942

During the war, LaVonne (Kirchner) Pollack did a great deal of traveling and tells us that she met Mrs. Schmidt (Etta Haleen '28), Alvina Gustafson, Gretchen Hanson, and Lucille Cooper in California. Mrs. Pol-

lack is residing in Wilmington, Illinois.

From the West — Alvina Gustafson is employed in the office of a dermatologist in Los Angeles, and Gretchen Hanson is working in the office of an oral surgeon. Mabel Walker Byrd is living in Hawthorne, California, and Jean Stevens works in Milwauhie, Oregon.

Lois Jean Peterson was married to Kenneth Tasch last June and is now living in Culver, Indiana.

Carolyn Schlegelmilch was married to Charles Grayhill of Texas in February of 1947 and is residing in California.

Madge McFadden Middleton and her husband and son hope to move into their new home in Gladstone, Michigan, very soon.

Mary Rainer Johnson was so very helpful in accumulating the news of the class of 1942.

## 1943

"The Reunion," a publication started by Marion Krause for the class of 1943, is truly wonderful. Many interesting letters have been received, and we shall tell you more about the splendid idea in the June issue of the Alumnae Journal.

## 1947

An enjoyable letter from Virginia Walker Cummings of Linkoping, Sweden, was received last month. Mrs. Cummings is studying music in Stockholm, and her husband is teaching in the University. They are spending their week-ends in the country learning to ski. She states she misses St. Luke's and often thinks of the good times everyone had together.

Dorothy (Lamb) Nalepa writes us from Oahu to say that she will resume nursing activities in the Children's Hospital in Honolulu shortly. She and her husband (former St. Luke's interne), who is stationed at the Wheeler Field Dispensary, enjoy living in beautiful Hawaii and will remain there for another year and a half.

A letter from Jane Eitel informs us that she is working in the New York Hospital and is living in their beautiful new nurses' residence on York Avenue.

## Blue Cross Service Guild

### TREASURER'S REPORT FOR YEAR 1947

Bal. on hand Mar. 1, 1947 (Checking Acct.) .....		\$ 911.12
Receipts:		
Dues for 1947 .....	\$374.00	
Dues for 1948 .....	110.00	
New membership Fee .....	1.00	
Donations .....	66.75	
	<u>\$551.75</u>	\$1462.87
Disbursements:		
June 1947 Trans. to Savings Acct. ....	\$500.00	
July 1947 Kenwood Press (Print. of receipt cards) .....	3.00	
Oct. 1947 Eleanor Dro (Nurs. Serv. rendered to Agnes Geltosky) .....	40.00	
Dorothy Murphy (Nurs. Serv. rendered to A. Geltosky) .....	40.00	
Anna Sullivan (Nurs. Serv. rendered to A. Geltosky) .....	50.00	
	<u>\$633.00</u>	\$829.87
Savings Acct. Cont. Nat. Bank:		
Bal. on hand Mar. 1, 1947 .....		\$3578.42
Int. on Savings (Mar. and July 1947) .....	\$ 44.86	
Int. on Savings (Feb. 1948) .....	25.77	
Trans. from Ck. Acct. ....	500.00	
	<u>\$570.63</u>	\$4149.05
Donations:		
Fannie Kisco .....	\$ 5.00	
Madge Boyington .....	6.75	
Lorine Ostrom .....	5.00	
Mary Read .....	5.00	
Frank Henke .....	25.00	
Mrs. D. Berger —		
Memory of Kathleen Fitzmaurice .....	10.00	
Sale of gloves .....	10.00	
	<u>\$ 66.75</u>	
Bal. on hand Mar. 1, 1947 .....		\$4489.54
Bal. on hand Mar. 1, 1948 .....		\$4978.92
Gain .....		\$ 489.38

### To The Public Health Nurse

I sing a song of nurses  
 In blue, in gray, in tan  
 Who span our glorious country  
 To give a helping hand.  
 The young expectant mother  
 The infant, sweet and pink  
 The "runabout" with curious eyes  
 The nurse to all is linked.  
 The active growing school child  
 The adolescent with shuffling feet

The worker with his brain and brawn  
 The nurse, their problems meet.  
 The aged with their slowing step  
 The crippled with their needs  
 The sick with all their burdens  
 The nurse, their voices heed.  
 As the public health nurse listens  
 To the recording of her deeds  
 She smiles and goes on working  
 To meet yet unfilled needs.

—Anonymous



## Public Health Nursing Committee

The Public Health Nursing Committee submits the following report for the year:

The Committee called a meeting of all alumnae public health nurses to discuss plans for the April meeting and observance of Public Health Nursing week. Twelve invitations were sent out to those public health nurses living in or near Chicago. Six nurses were able to attend the meeting.

At the April meeting the heads of the public health nursing organizations in Chicago and Cook County were invited to give a resume of the work of their organizations. The following organizations were represented: The Visiting Nurse Association, Chicago Infant Welfare Association, Chicago Health Department, Municipal Tuberculosis Sanatorium, Cook County Department of Public Health, and the Chicago and Cook County Tuberculosis Association. Miss Fulmer introduced the speakers, and it was with a thrill of pride that we heard them speak of Miss Fulmer, head of Visiting Nurse Association, as the pioneer who loaned her nurses to demonstrate the services in the new organizations and who herself, had pioneered in the establishment of the rural nursing service in Cook County. Mrs. DeGuzman, President of the Philippine Nurses Association gave a graphic description of the work of the nurses during the Japanese invasion.

A publication issued by the National Organization for Public Health Nursing was sent to all Alumnae members during Public Health Nurse Week.

Some members of the committee were able to attend the public health section meetings of the State Nurses Association Convention and Conference held by the Illinois Welfare Association in Chicago.

Miss Hettie Gooch attended a meeting in which the city and county officials told of the action taken in regard to the Health Survey which had been compiled by the United States Public Health Service. Mem-

bers of the alumnae are asked to read the report of this Survey, copies of which are in the School Library, and to watch the papers for news on legislation which is necessary to carry out these recommendations. Miss Gooch also attended a state committee meeting that considered ways and means of integrating public health into the basic student nurse curriculum.

In the coming year the Public Health Nursing Committee hopes that its work will be developed to a fuller extent, resulting in a growth of interest in the health of all individuals in the community.

H. Schulze

H. Fulmer

H. Gooch, Chairman

Public Health Nursing Committee

## Program Committee

The following programs were arranged for the St. Luke's Alumnae meetings during the past year. Namely:

January 7, 1947

Dr. Allan Conroy of the anesthesia department, St. Luke's Hospital, spoke on "Popular Misconceptions of Anesthesia." Refreshments and a social hour followed.

February 3, 1947

A musical program was given by the student choral group under the direction of Harry Walsh of radio station, W.G.N. Refreshments and a social hour followed.

March 4, 1947

Miss Frances Powell, president of the First District I.S.N.A., and the class of 1950-A were guests of honor. The program was arranged by Miss Madge Boyington, chairman of the private duty section. Mrs. Wherry reviewed Pearl S. Bucks' "Pavilion of Women." Refreshments and a social hour followed.

April 1, 1947

The program was arranged by Miss Hettie Gooch, chairman of the Public Health Committee. The heads of various public health organizations in Chi-

(Continued on page 16)

## PHARMACOLOGY DIGEST

by Louis Gdalan

Since the turn of the century and especially in the last decade, the advancement through research in the physical and biological sciences have been phenomenal. One of the most important developments has been the production of new remedial agents, as a result of newer aspects in synthetic organic chemistry, biochemistry, pharmacology, bacteriology, physiology, and clinical applications.

The result has been the building of the general science of Chemotherapy. Even in the infancy of this new era of therapy, we are witnessing the abandonment of the empirical use of the age old Galenicals and the employment of their active principles, or synthetic derivatives. These new discoveries, starting with the arsenicals and antimalarials has led the scientist to the discovery of the sulfonamides, antibiotics, vitamins, hormones, anitcoagulants, antihistamineases, antispasmodics, etc. With an ever increasing number of scientific clues, as a guide to research, we can anxiously look forward to greater results in the field of specific therapy.

The purpose of this column will be to present to the Nursing profession a practical, immediate contact with these advancements.

### BLOOD

A. The importance of the clotting process of the blood has lead to increasing research in its understanding. The clotting times is difficult to determine because it varies so much according to the amount of blood lost, the extent of its exposure to wounded tissue, and the method of estimating the clotting time.

The theory of the clotting process, as proposed by Howell, may be summarized in brief:

The materials necessary for clotting are all present in the circulating blood but are prevented from reacting by an anticirculating substance. After blood is shed or otherwise exposed to abnormal conditions the following reactions occur:

1. Thromboplastin is released by the disintegrating platelets, the thrombocytes, and from cells of wounded tissues.
2. Thromboplastin reacts with a complex of prothrombin and anitprothrombin so as to liberate prothrombin.
3. Prothrombin is activated to thrombin by a process which requires the presence of Ca ions (Cephalin and Tryptase essential).
4. Active Thrombin causes the soluble protein Fibrinogen to change into the insoluble protein Fibrin. The network of Fibrin threads entrapping the corpuscles, constitute the clot.

Scheme:

Prothrombin-Antiprothrombin / Thromboplastin = Prothrombin  
 Prothrombin / Ca ions / (Cephalin & Tryptase) = Thrombin  
 Fibrinogen / Thrombin = Fibrin (Clot)

### B. Prothrombin.

The origin of prothrombin in the liver and the dependence of this synthesis upon Vitamin K is now known. A likely cause of prothrombin deficiency in man is the interference with free flow of bile which is necessary for the effective absorption of Vitamin K from the intestines. Obstructive Jaundice is frequently accompanied by a lowered prothrombin level and danger from hemorrhage. Certain diseases and poisons which produce liver damage prevent the synthesis of the normal amount of prothrombin.

### C. Thrombosis.

Platelets probably disintegrate regularly so that some small amount of



Thrombin should be formed. Under certain abnormal conditions, such as injury to blood vessel walls, abnormal clumping of corpuscles or platelets, etc., the amount of thromboplastin set free is sufficient to cause an intravascular clot. If it lodges in a small artery, arteriole, or capillary before it is dissolved, it may cause a localized stoppage of the circulation.

#### D. Delayed Clotting.

By any of the methods used to determine clotting time, if it is in excess of 10 minutes, it may be regarded as abnormally long. This may be prevented by:

1. The use of Vitamin K preparations, orally, I.M., or I.V. A more detailed discussion of commercially available Vitamin K items will be presented later.

2. For facilitating coagulation in surgery, the following methods may be used:

- a. The application of warmth, which hastens the reaction of clotting.
- b. The use of bandages impregnated with Cephalin.
- c. Thrombin-Fibrin Foam (Cutter Lab.) Application of Thrombin solution soaked up in a spongy mass of Fibrin to the wound.
- d. Application to the wound of fibrous material such as surgical dressings, Oxycel (Parke-Davis), and Gelfoam (Upjohn). The latter two are absorbed within the body. The foreign material hastens platelet disintegration.

#### E. Heparin.

Prothrombin is normally maintained in an inactive form in the circulating blood by means of an inhibitor, an antiprothrombin. Inasmuch as the liver is a good source from which to make concentrated and pure preparations of this substance, it is called Heparin.

It has no effect in preventing thrombin itself from acting on fibrinogen, while being very effective in prevention of the coagulation of blood in its natural state. Suggested mechanism is that it is an inhibitor or tryptase.

Heparin has two distinct actions in the first phase of clotting: (1) It retards the rate of prothrombin conversion in a ratio which is inversely proportional to the amount of thromboplastin present; (2) It exerts an influence on the effectiveness of the Thrombin that is formed.

Heparin is available commercially as a sterile solution in isotonic salt, containing 10 mgm (1000 units), per cc.

#### Toxicity:

Workers noted no change in temperature, red cell count, cell fragility, total and differential white cell count, sedimentation rate or blood pressure. The effect upon coagulation time depended entirely upon the dose given.

#### Clinical Use:

Heparin may be used in (1) the prevention of thrombosis, (2) lessening the danger of embolism, (3) post-operative thrombosis for the purpose of rendering the blood less coaguable for a suitable period to neutralize the thromboplastin entering the circulation during and following operations until sufficient healing of injured surface has taken place to reduce the formation of thrombus at these areas.

#### Methods of Administration:

The I.V. dose will vary. Generally, that amount which will maintain the coagulation time of the blood at least 15' should be given; (2) For post-operative thrombus prevention, start injection not sooner than four hours after the operation (too soon may cause hemorrhage in the operative field); (3) For continuous I.V. drip method, add 100 to 200 mgm per liter of 5% glucose or isotonic salt. The rate of flow into the vein is governed by the effect on the clotting time of the patient's blood; (4) Repeated I.V. injections should be limited to four daily, eg., 50 mgm, 50 mgm, 50 mgm, 100 mgm at intervals of four hours; (5) The length of time that Heparin therapy may be

continued is about four to five days for prophylaxis of post-operative thrombus, and seven to ten days in operations on arteries and veins, and in the treatment of phlebitis and pulmonary infarction; (6) In the treatment of septic thrombophlebitis, Heparin may be combined with sulfonamide therapy.

#### Contraindications:

Heparin is contraindicated in the presence of a hemorrhagic tendency such as hemophilia and purpura hemorrhagica. Following operations in the biliary tract heparin should be used on with great caution.

#### Caution:

Heparin must be given by I.V. since it is inactive orally and upon subcutaneous and I.M. injection may cause massive hemorrhages at the injection site; (2) The coagulation time of the blood of the patient should be determined at regular intervals. The clotting time should be maintained between 15 and 20 minutes; (3) The administration of heparin should be stopped if bleeding occurs from a wound; (4) If a chill develops, the drug should be discontinued.

Blood—to be continued.

Louis Gdalmann, Asst. Director Pharmacy, St. Luke's Hospital  
Chemistry Instructor, St. Luke's Hospital School of Nursing

## BIRTHS

John Austin Sims, Jr., was born at Juron Road Hospital on February 14, to Dr. and Mrs. Sims (Nan Thompson, class of 1945).

June Kelly Brown (class of '43) had a baby boy, born February 23 at St. Luke's Hospital.

A boy was born to Florence Freeman (Gerdes) at St. Luke's Hospital on February 25th.

Mrs. Dorothy Eagan Brown (class of '37) became the mother of her third child, a girl, born February 27th at St. Luke's Hospital.

Mrs. Betty Curtis Bradford became the mother of a girl in January at Wesley Memorial Hospital.

Virginia Coburn Cox (class of '45) became the mother of a girl on February 2nd at St. Luke's Hospital.

Dr. and Mrs. Broadburn (Barbara Jerome, class of '38) were the proud parents of a baby girl born at Wesley Hospital in December.

Mr. and Mrs. Dean Selock (Faye Renks, class of '42) are the parents of a daughter, Kathleen Faye, born October 10, 1947. The Selocks also have a son, Dean Jr.

Mrs. Dennis Royer (Marguerite Cusak, class of '43) became the mother of

Continued from page 13

cago were guests. They were introduced by Miss Harriet Fulmer and each gave a short resumé of the work of her organization. The class of 1947 were also guests at this meeting. Refreshments and a social hour followed.

May 24, 1947

Our spring banquet was held in the Red Lacquer Room of the Palmer House. Two-hundred and seven St. Luke's graduates attended.

September 2, 1947

A social hour and refreshments followed the business meeting.

October 7, 1947

Dr. Francis Tucker of the Pathology Department, St. Luke's Hospital, spoke on the Rh Blood Factor. Refreshments and a social hour followed.

November 3, 1947

Mrs. Carrie Bell McNeill of Presbyterian Hospital talked on Structure Study. A social hour and refreshments closed the meeting.

Leone Brandt Vetren,  
Chairman, Program Committee

"Penelope," born February 23rd in Seattle, Washington.

Mr. and Mrs. Yost (Barbara Henninger, class of 1947) were the parents of a baby girl, Beth Ann, born on January 26th in Mendota, Illinois.



## CHAIRMEN AND COMMITTEE MEMBERS

Alumnae Association, St. Luke's Hospital School of Nursing

1948

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Mary Everett  
Dorothy Armstrong

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Hettie Gooch, Chairman  
Harriet Fulmer  
Hilda Schulze

### INDUSTRIAL COMMITTEE

Eve Morkill, Chairman  
Anna Smeltzer  
Elsie Krueger

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Mary Everett  
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### AMERICAN JOURNAL OF NURSING COMMITTEE

Stella Konecko, Chairman  
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### STUDENT NURSE RECRUITMENT COMMITTEE

Elizabeth Vickery, Chairman  
Virginia Tracy  
Stacey Mesec

\*List of committee members is incomplete

THE ALUMNAE  
of St. Luke's Hospital School  
of Nursing  
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# The Alumnae



JUNE, 1948

# Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1948

		Term Expires
President	Mrs. Myrtle Anderson Hult 8026 S. Rhodes Avenue, Chicago 19 Stewart 5429	1948
1st Vice President	Mrs. Rosellyn K. Millis 10 N. LaSalle St., Chicago 2 Franklin 0700	1949
2nd Vice President	Mrs. Ann L. Laird 1819 West Polk Street, Chicago 12 Monroe 3900	1949
Treasurer	Mrs. Edna Travers 812 E. 49th Street, Chicago 15 Oakland 5631	1949
Secretary	Mrs. Rosemary Dace 4643 Lake Park Avenue, Chicago 15 Atlantic 6411	1949
Membership Committee Chairman	Miss Shirley Stansbury 1020 Lake Shore Dr. Whitehall 8600	1949
Relief Committee Chairman	Miss Marie Steinke 1500 S. Indiana Avenue, Chicago 5 Harrison 5040	1948
Program Committee Chairman	Mrs. Leone Vetren 7659 S. Bennett, Chicago 49 Regent 5513	1948
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Public Health Committee Chairman	Miss Hettie Gooch 1518 S. Michigan Avenue, Chicago 5 Wabash 8108	1948
Industrial Committee Chairman	Miss Eve Morkill 21 East Bellevue, Chicago 11 Delaware 5519	1948
Press and Publication Chairman	Miss Dorothy Godin 1142 S. Michigan Avenue, Chicago 5 Harrison 8209	1949

## MEMBERS AT LARGE

Dorothy Armstrong	Superior 4955	1949
1100 North Dearborn, Chicago 10		
Mrs. Bonnie Versteeg	Plaza 6867	1948
6711 Merrill Avenue, Chicago 49		
Miss Elizabeth Vickery	Harrison 8209	1949
1142 S. Michigan Avenue, Chicago 5		
Mrs. Ruth Grant	Diversey 8050	
612 Patterson Street Chicago		

## Alumnae Pledge



### An Assurance of Loyalty

With understanding of and the belief in the  
 aims and purposes of the Alumnae Association of  
 St. Luke's Hospital School of Nursing, I do sol-  
 emnly affirm, that I will endeavor, by my daily  
 life and service, to honor always the profession of  
 which I am a member.



# THE ALUMNAE

Official Organ of  
The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

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Vol. LVI.

Evanston, Ill., June, 1948

No. 22

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## A LOOK AT THE FUTURE

The phrase. "look to the future," is being heard frequently in these days of rapid change and new developments. So too, the admonition, remember, is used over and over in our daily living. Remember the early beginnings, the struggles and accomplishments; remember the past as a guide to the present.

As students, especially as preclinicals and freshmen, we were inclined to be so engrossed in our work and in such deep concentration over our individual efforts that we were unaware of the strong forces which molded nursing into the high profession of today. True, History of Nursing was a part of the early curriculum, but there existed little basis for comparison and thus no appreciation of the steady rise of standards, skills, and status through the years. And the future? Our future was very vague and obscure many times then — our progress punctuated by memorable and morale lifting events — actual possession of "blues," capping Junior crosses, Senior cuffs, and the crowning glory, "whites"!

The future of nursing as a vital, expanding, and strongly influential profession is dependent upon its members' actions, which in turn are governed by the nurses' aims and ideals, an appreciation of their rich heritage, and a concept of the problems and improvements which the future holds. The profession can be as large as the influence of its individual members.

If, when you look to the future, you see a stronger nursing unity between countries, expanded psychiatric and public health fields, new nursing responsibilities assumed, improved clinical education for students, or modern nursing in the remote parts of the earth, remember that the nurses of today, those with high ideals and an eye to the future, actively participating in their field of nursing and composing an integral part of their district and state nursing organizations, are the actual makers of tomorrow.

"Trust no Future howe'er pleasant!  
Let the dead Past bury its dead!  
Act, — act in the living Present!  
Heart within, God o'erhead!

Lives of great men remind us  
We can make our lives sublime  
And, departing, leave behind us  
Footprints on the sands of time;

Footprints, that perhaps another,  
Sailing o'er life's solemn main,  
A forlorn and shipwrecked brother,  
Seeing, shall take heart again.

Let us then, be up and doing —  
With a heart for any fate;  
Still achieving, still pursuing,  
Learn to labor and to wait."

Doris Molbo — Class of 1947

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Entered as second class matter June 17, 1941 at the post office at Evanston, Illinois, under the Act of March 3, 1879. Issued five times a year in February, April, June, October and December, at 1033-35 University Pl., Evanston, Illinois. Subscription price 50 cents a year, or included in the annual dues to members.

## Spring Banquet

The annual Alumnae Spring Banquet was held on Saturday, May 22nd, at 6:30 p.m. in the Illinois Room of the LaSalle Hotel.

Mrs. Hult opened the banquet with a short address of welcome to the members of the Alumnae Association and distinguished guests.

Letters, telegrams, and messages were received from the following members who were unable to attend:

"My congratulations are extended to the Classes of 1923 and 1898. To the Class of 1948, I also extend congratulations and the most sincere wishes for good fortune in their future nursing when they must depend on themselves for decisions."

Irene Sweitzer — Class of '21  
Peru, Illinois

"My regards to all."

Rosaellen Michael — Class of '23  
Victorville, California

"I do regret very much that my age and the state of my health (It'll be four score and four in August) keep me from being present at the Homecoming Day and the Banquet."

Marie Walker Taylor, Class of 1895  
Victoria Home  
Ossening, New York

Alison B. Robertson, Class of 1908, sent her regrets from Santa Barbara, California.

Due to illness, Mrs. Frankenthal was unable to attend.

"Each year, when I receive the invitation and notices of the events for St. Luke's Commencement, I wish deeply that it were possible to be in Chicago and to be with you all for the banquet and other happy occasions."

Florence Blodgett McClelland  
Class of 1917

"Greetings, with my personal regards, for the Homecoming and the Banquet."

Adda Eldredge — Class of 1899

"Sorry to be unable to attend the spring banquet." Emma F. Self

"My warmest regards and good wishes to the entire Alumnae, the graduating class and the guests of honor."

Eda Stensland  
Class of 1925

"Please extend my best regards to the guests of honor; classes of 1898,

1923, and 1948." Roberta Russell  
Class of '46

"My position on the Sante Fe Railroad prevents me from attending the Spring Banquet — thinking of you all."

Barbara Becker  
Class of 1947

"I'll be unable to attend the banquet, but my thoughts will be with you. I'd love to drop in and have a visit with everyone."

Mrs. R. B. Huizenga  
Eleanor Holmes  
Class of '41

"My very best wishes."

Maurene Becker Rietz  
Class of 1938

"I would love to have been able to attend Commencement exercises, homecoming, and the banquet. I must send my regrets."

Mary E. Ruddeck

"Hope everyone will have a happy time and my best wishes. I'm sorry I will not be able to attend my fiftieth banquet."

Anne Ambridge  
Class of 1898

"I sincerely wish you all a pleasant and memorable evening."

Dorothy Ramsdell Crete  
Class of 1940

"My best wishes."

Ruth M. Boyles  
Class of 1937

"I regret that I cannot accept your invitation as I shall be away in the West. Many thanks."

Julia Dawson  
Class of 1895

"No one knows how much I would enjoy being at the Spring Banquet and seeing so many friends. I hope it is a great success."

Ella M. Wood  
Class of 1906

"Congratulations to the Classes of 1923 and 1948. Best wishes to the members."

Phyllis Whitmore Titus  
Class of 1943

### Easy Choice

"It's like this, MacTavish," declared the doctor, "you stop drinking or you go blind."

"Ay weel, doc," said Mac, "I'm an old man noo, and I'm thinkin' I ha'e seen aboot all worth seein."



"My sincere regrets that I will be unable to attend the Spring Banquet."

Veda Karschnick Myeis  
Class of 1942

"Congratulations to all the guests of honor."

Mrs. Schewppie Haar  
Class of 1941

"I deeply regret my inability to attend the Spring Banquet."

Anna Link  
Class of 1923

"Congratulations to the Classes of 1923 and 1948 and greetings to you all."

Elsa Ahrenlof  
Class of '14  
Margit Ringenhjelm  
Class of '25  
Gateborg, Sweden

"Congratulations to the Class of 1948 and to the guests of honor: Classes 1898 and 1923. A great disappointment not to be there with you and will be thinking of you and send love to all."

Annie Lawrie  
Class of 1896

"Best wishes and congratulations to the Class of '48 and my personal regards to the Class of '27."

Ada Blummer  
Class of 1927

"Greetings on our 23rd anniversary. Regret I cannot be with you."

Barbara Janota

Everyone stood in a moment of silent prayer following the reading of the letters and telegrams for those members who are ill at the present time and the members who are deceased.

Members seated at the speakers' table were introduced, and Mrs. Hult then thanked Mrs. Vetren and her committee for the splendid work they had performed in arranging the banquet.

Miss Ellen Stewart, honored guest and only member representing the Class of 1898 celebrating their Golden Anniversary, was introduced to the guests. Miss Stewart spoke briefly on the changes noted in the nursing of yesterday and today. Reminiscing through the years, Miss Stewart des-

cribed surgery performed in the homes and their school days.

Mrs. Rammona Russell, representing the Class of 1923, traveled a great distance to attend the banquet. Mrs. Russell gave a very colorful and vivid talk taking many members back to the days of "Saranac and Stickney", Maude Gooch and Pansy Dilge making the rounds, the "probie days," not to forget Mr. Zabel, Miss Call and Earl Morgan.

The Classes of 1948-A and B were represented by Miss Esther Sanchez and Miss Avon Welty.

Miss McConnell greeted the guests and thanked the members of the Classes of 1923 and 1948 for their gifts toward the start of an Endowment Fund.

Mrs. Roselwyn Mellis called the roll, in the absence of our secretary, Mrs. Dace. One hundred and seventy-one members were present.

The banquet was a great success and was enjoyed by everyone. The Alumnae Association regrets that "time and distance" makes it impossible for all of the nine hundred and sixty-four members to attend this very-enjoyable function.

We were very grateful to Mr. and Mrs. Millis in providing music throughout the banquet.

## Baccalaureate Service

Baccalaureate Services for the Class of 1948 was held in Grace Chapel on Sunday Morning, May 23rd. Dean G. Williams, Rector of St. Lawrence Church in Glen Ellyn gave the address. The text of his talk stressed the importance of the mind, body, and the soul in the healing of the sick. Rev. Williams is the father of Ruth Williams, Class of '48.

Prior to the service, the graduating class were guests of the Faculty at a breakfast in Ryerson Lounge of Schweppe House. The entire breakfast was prepared and served by the faculty members. We quote the graduates, "we just ate and enjoyed the luxury of those delicious sausages that Miss Gilbert had fried."



## Homecoming Tea

Homecoming Tea was held on Thursday, May 27th, in Schweppe Residence from 3:00 p.m. to 5:00 p.m.

Before the program officially opened, much reminiscing and renewing of old acquaintances was done among the guests present.

Miss McConnell opened the program with a short welcome address and then presented the Class of 1948 to the Alumnae.

Mr. Leo Lyons, Director of St. Luke's Hospital, followed the presentation with a congratulatory message to the graduating class and a welcome to the Alumnae members present. He pointed out that the Alumnae were St. Luke's and they should continue in their fields of endeavor as they are a very necessary group to the progress of the school of Nursing and Hospital Administration. He spoke shortly on the numerous progressive steps toward enlarging various departments of the hospital and the future improvements to be made.

Mrs. Frank Hixson, chairman of the Nursing Council, next gave a short address on the St. Luke's cap and of its significance to the proud wearers.

Mrs. Hult, President of the Alumnae Association, offered her congratulations to the Class of 1948 and wished them happiness and success in all their future undertakings as an important part in a noble profession.

Miss McConnell then introduced Miss Beverly Fiege, representative to the Chicago Student Nurses' Association, to the Alumnae. Miss Fiege reminded everyone to attend the Biennial Convention held here in Chicago.

Miss Esther Sanchez, President of the Class of 1948-A, was next introduced to the guests. Miss Sanchez, after a short talk, presented Miss McConnell and the School of Nursing with the Senior Class Gift: \$100.00 which, together with the \$118.00 presented by the Class of 1923, will be the beginning of an Endowment Fund to be used by the school.

Miss Avon Welty, President of the

1948-B Class, then presented Mrs. Jean Young, President of the 1949-A Class, with the school banner, thus closing an impressive program.

Refreshments were served in the Striped Room during which time members of the Alumnae Association and members of the graduating class intermingled and many new friendships were formed. We hope to renew all acquaintances at the Homecoming Tea in 1949 and have an equally enjoyable afternoon.

## Graduation

Class of 1948 Commencement Exercises were held on Friday evening, May 28th, at St. James' Church, Chicago.

Eighty-seven members were presented with the school pins by Reverend William Turton Travis. The diplomas were conferred by Mr. A. Watson Armour, President of the St. Luke's Hospital Board. Miss McConnell presented the Class to the friends and relatives.

The Commencement Address was delivered by the Reverend Harrison Ray Anderson, D.D., Pastor of the Fourth Presbyterian Church. An eloquent and important message of strength and sustenance was found in the text of his words, "God has given us two hands — simple, but prayerful — The hands of interest, skill, and feeling — When one fails, the hands become false, vain, and sinful. A gap is formed, and we have one-handed living. One-handedness and partialism — We have the privilege of using two hands which offers us opportunity and responsibility. It is a two-handed convention —"

Presentation of the awards was made by Miss McConnell: The President of the Board of Trustees Award to one of the two most outstanding nurses in medical and surgical nursing — Carol Louise Witt. The Mrs. Charles H. Morse Award to the most outstanding "All-around" nurse — Betty Jo Williams. The Martha Huggitt McCullough Memorial to the most outstanding nurse in "bedside nursing" — Martha Jane Malster. The



Charles H. Schweppe Memorial Award to the most outstanding nurse in psychiatric nursing — Ayeliffe A. Schaible. The Mrs. John W. Gary Award to the most outstanding nurse in obstetrical nursing — Anne Mary Reiss. The Medical Staff Award to one of the two most outstanding nurses in medical and surgical nursing — Naomi M. Frevert. The Harriet Fulmer Award to the nurse with the highest scholastic standing — Betty Jo Williams. The Woman's Board of St. Luke's Hospital Award to the most outstanding nurse in pediatric nursing — Shirley L. Birch. The Woman's Board of St. Luke's Hospital Award to the most outstanding nurse in the operating room — Elaine G. Koehler.

### New Citizens! Congratulations!

Mr. and Mrs. Dick Everman (Olga Kalaha, class of 1947) of 7550 West 61 Street, Argo, Illinois, are the proud parents of a baby girl. Kathryn Anne arrived at St. Luke's Hospital on May 14.

Mr. and Mrs. Harold Kober (Helen Gunther, class of 1943) have a daughter, Catherine Ann, born on April 15 in Memorial Hospital, Sheboygan, Wisconsin.

Julius Theodore, weight 8 pounds, 3 ounces, was born to Mr. and Mrs. Herbert T. Heifmeyer (Maybelle Peterson, class of 1935). The family resides at 5010 N. Hermitage Avenue, Chicago, Illinois.

The fourth little girl, Mary Elizabeth, arrived on April 26, in Oconomowoc, Wisconsin. The proud parents are Mr. and Mrs. Peter Theobald (Dayle Huston, class of 1937).

Mr. and Mrs. Arthur Key Bolton (Marion Cashen, class of 1944) are the parents of Arthur Key, Jr., born on March 12, in Strickland Memorial Hospital, Griffin, Georgia.

Dr. and Mrs. Coleman (Jane Dalenberg, class of 1946) are the proud parents of a baby boy born on April 22, in St. Luke's Hospital.

Mr. and Mrs. William Gindele (Elizabeth Anderson '37) were the parents of a baby girl born at St. Luke's Hospital, on June 4th. Lillian Gindele De Witt, class of 1930, and Ida Gindele, class of 1937, are aunts of the infant.

## Memoriam

St. Luke's Alumnae Association extends heartfelt sympathy to the friends and relatives of Miss Jane Barclay, who died in Appleton, Wisconsin on April 29.

Miss Barclay graduated in 1913 and served as a surgical nurse at Ottumwa, Iowa, during World War I, and did private and industrial nursing in Appleton. She was the first school nurse in that city and then city school nurse from 1926 to 1936 when she resigned because of ill health.

Active in organization of the Sixth District Nurses Association in 1918, she served in various capacities in that group, and later served on the state board of examiners for nurses for five years. She was a member of the Appleton Girls' club and was active in Red Cross nursing work.

St. Luke's Alumnae Association extends deep sympathy to Miss Jessie Lawrie, class of 1896, in the recent death of her brother at his home in Sterling, Illinois, on March 12.

Mr. Lawrie was a retired Chicago Oriental art importer. He was formerly a buyer for Marshall Field & Co., and Carson Pirie Scott & Co., before setting up his own shop in the Stevens Building.

St. Luke's Alumnae Association extends heartfelt sympathy to Mrs. W. A. Helgert (Vera Johnson, class of 1929), in the recent death of her husband in their home in Chicago, on May 21.

St. Luke's Alumnae Association extends deep sympathy to the members and classmates of Miss Caryl Tagge, class of 1947, who passed away on May 27, at Downey Hospital where she had been employed for the past year and a half.



## Wedding Bells!! Congratulations !!

Dorothy Mae Colton, class of 1947, and Mr. Roy D. Hinton were married on Saturday, May 1, in Grace Episcopal Church, St. Luke's Hospital, Chicago, Illinois. They are residing in Chicago and Mrs. Hinton works in the Out Patient Department.

Mary Helen Wark, class of 1946, and Mr. Frederick Keller were married on Sunday, April 11, in El Centro, California. Mrs. Keller is a sister of Mrs. Heller (Ruthie Wark, class of 1944).

Mrs. Gerald R. Yearsley has announced the marriage of her daughter, Geraldine, class of 1946, to Mr. Robert M. Adamson on Saturday, March 27, in Salt Lake City, Utah. Mr. and Mrs. Adamson are at home at 7744 Twentieth N. E., Seattle, Washington.

As we go to the publishers, we are informed of several weddings approaching, however we will have to announce them in the October issue.

Mrs. Marion A. Greenman has announced the marriage of her daughter, Jane, class of 1941, to Mr. Howard R. Heckmann on Saturday, June 12, in the Church of the Mediator, Chicago, Illinois.

Mr. and Mrs. Otto W. Koch announce the marriage of their daughter, Norma, Class of 1945, to Mr. Charles R. Wilson on Saturday, June 19, in the First Methodist Church, LaGrange, Illinois.

Naomi Swem, class of 1938, and Mr. J. L. Harmbling were married on Saturday, April 24, in San Diego, California. They are residing in that city at the present time.

## Community Resources for Care of the Handicapped Child

Mrs. Phyllis Irvine Dunham (class of 1934) was guest lecture to the student nurses in Pediatrics on May 5. Mrs. Dunham is employed as Consul-

tant to Children's Institutions by the Division of Child Welfare of the State of Illinois. She spoke of "Community Resources for the Care of the Handicapped Child."

The facilities and programs available for education and training of deaf, oral deaf, blind and crippled children were explained. Mrs. Dunham discussed the functions of agencies which serve to stimulate direct services through research and consultation, such as the Community Fund, The Council of Social Agencies, The Association of Commerce and Industry and The Commission for the Handicapped.

The project recently developed by the Department of Public Welfare, through which blind children are entered into Nursery Schools and parents are helped to learn how to raise their blind children was discussed. A case history was presented, showing the process of inducting a blind, four year old into the school and the adjustment made by the child.

The discussion dealt with the emotionally and socially handicapped, as well as the physically handicapped child. An enlightening description was given of some of the sixty-six agencies and children's institutions caring for dependent children in the Chicago area.

Mrs. Dunham emphasized the need for developing further services to children, such as summer camps for the handicapped and educational opportunities for epileptic children, and the fact that the existing agencies are overloaded and must reject a high percentage of the applications made to them.

The lecture was supplemented by a selection of printed material submitted by agencies and institutions. This material is on display in Schweppe Library.

We might add that Mrs. Dunham's lecture was received with warm applause and left the students and guests with many thoughts and ideas on how each and every one of us can, even in the smallest way, help contribute and render our services to the handicapped children. Mrs. Dunham's intense interest and character were admirably portrayed in her lecture.



## MARCH OF TIME

1896

Miss Kathryn Gruber is in Phoenix, Arizona, and writes that she has had some nice visits with Miss Mildred Pringle, Class of 1915.

1901

Mrs. and Mr. John Tracy (Grace Critchell, Class of 1901) are leaving Chicago to make their future home in Wisconsin.

1903

Agnes J. Martin has retired from the Health Department, Syracuse, New York, and has her own little home in which she plans in residing and "doing all the things she has never had time to do". Miss Martin attended Homecoming and met so many of her friends.

1909

Dr. and Mrs. A. Vahldicek of Klamath Falls, Oregon, were visitors at St. Luke's Hospital in May.

1910

Mabel Shannon has returned from Florida and is spending the summer in Canada.

Julia Gable has gone to Nicols, Iowa, for the summer.

Dr. and Mrs. (Nan Carnduff) Knappenberger of Macomb, Illinois, spent the winter at Fort Lauderdale, Florida.

1913

Word from Jessie Ball Martin of Los Angeles, California, informs us of the recent graduation of her son Louis from U.C.L.A. and his marriage. Mrs. Martin wishes to be remembered to all her close friends at St. Luke's and especially to Miss Maude Gooch, Miss Irma Benedict, and Miss M. McConnell.

1915

Allalee Buckingham of St. Louis, Missouri, will attend Summer Session at Columbia University.

1917

Dr. and Mrs. Paul J. Lewis (Ruth Jones) of Yakima, Washington, were visitors at St. Luke's Hospital in May.

1921

Irene Stolp is Director of Nurses and the Nursing Service at Illinois Masonic Hospital, Chicago, Illinois.

Ruth Johnson spent her usual three weeks at Fort Lauderdale, Florida.

1923

Rosaellen Churchill Michael has moved from Rockford, Illinois, to California.

1925

Miss Hilda Ellis Schulze received her Bachelor of Science degree from Loyola University in May.

1926

Mrs. Fern Hobson Wilden is working with the Public Health Department in Jacksonville, Florida.

1929

Miss Erma Mathis will spend the coming year at Teachers' College, Columbia University.

1931

Col. Benjamin Camp, Chief Medical Officer for the U.S. Army in Italy, received a plaque dedicated "To our benefactor, the heartfelt thanks of Nettuno (Anzio) people" — the hospital serves some 70,000 persons. He holds decorations from American, British, and Italian governments. His wife, Mrs. Dallas Graham Camp, was a major in the Army Nurse Corps during the World War II, serving overseas with the 12th General Hospital, the Northwestern University Overseas Medical Unit.

1934

Tonnetta L. Lonning sends us word from Honolulu describing "Lei Day" and remembers the annual Alumnae banquet and hopes some day, in the near future, to be able to attend.

1937

Neva Summers McEvoy and family returned from Germany and are now in Louisville, Kentucky.

1940

Anne Skorupa received her Bachelor of Science degree from Loyola University in May.

1943

Elizabeth Jane Schrei is taking the Hospital Administration Course at Northwestern University.

Excerpts taken from "The Reunion," a publication edited by Miss Marion Krause for members of the Class of 1943 —

Ann Tomac Steffen writes from Greenwood, Wisconsin, that she has married after spending 31 months in the Navy and now has a daughter, Paulette, five months of age.



Following a period of Navy Duty from 1943 to 1947, Mary Alice Shatusky Herbst informs us that the best duty of all was when she said "I do" and became the wife of Mr. J. A. Herbst on Nov. 22nd, 1947.

Audrey Guyatt Hanlon is the mother of twins, Diane and David, and resides in Neenah, Wisconsin.

Following a period with UNRRA and U.S.P.H.S., Frances Beto returned to St. Luke's Hospital as a Clinical Instructor in the operating rooms and now holds the position of Assistant Supervisor in the Operating Room. Frances and Avery McKinley are now married. Mrs. McKinley plans to work at St. Luke's Hospital for another year.

Adele Schoop is working for the Atomic Energy Commission as visiting Nurse for the employees in Chicago. Miss Schoop joined the Navy six months after graduation and was released in March of 1946.

Seattle, Washington, is the present home of Marguerite Cusack Royer.

Erma Hillyer is working at the Hinsdale Sanitarium and Hospital. Miss Hellyer was in the A.N.C. prior to her present position.

Two daughters and keeping house are occupying Matilda Marshlek Zaborsky's spare moments. Mr. and Mrs. Zaborsky are now living in Chicago.

Helen Koutsogiannis Seiden is employed as Instructor in Drugs and Solutions and Pharmacology at Bellevue School of Nursing. Mrs. Seiden received her Bachelor's Degree in Nursing Education and held the position of Sciences Instructor at Evanston Hospital School of Nursing for two and one-half years before going East.

Dr. and Mrs. Meunier (Frances Wills) are living in Harvey, Illinois, where Dr. Meunier is in practice.

Elaine Eide is employed with the Eicor, Inc., of Chicago, Illinois, doing Industrial Nursing and is the only nurse there.

Laura Borop Wild relates her experiences since she left her Alma Mater. She joined the Army in 1944, "fell in love in Germany, had a big wedding with long dress and everything — our honeymoon was spent on the French Riviera." They are now and have a ten-month old baby daughter.

Ann Stump Baker received her B.S. Degree from the University of Chicago in 1945 and is doing Public Health Nursing in Dixon, Illinois. She and her husband are kept very busy.

Louise Wigdahl Anderson is living in Pierre, South Dakota, where her husband edits a daily paper, and she is taking care of their first child.

1947

Grace Leimitz flew to Hawaii on May 29th and will be working in Queen's Hospital.

Isabell Gottschalk is now working in the Pediatrics Department of the Wesley Hospital here in Chicago.

1948

Jeroma Zach is going to Pocatello, Idaho, to work in Dr. Wurster's office.

## Addressograph Purchased

An addressograph machine has recently been purchased by the Alumni Association in an effort to save money and accelerate the speed in getting the notices and publications to members. Miss Steinke and Miss Zeeman will operate the machine.

We ask your cooperation in sending in changes of address and in notifying us of any errors made on the part of the Press and Publications Committee. Changes of address will be made in October, December, February and June of each year. The addressograph plates will be checked every two months. Changes and corrections are to be mailed to Mrs. L. B. Fitzmorris at 5749 W. Fairfield Avenue.

## Horse Sense

An obviously agitated man came in for an examination.

"What should I be on the lookout for?" asked the doctor.

"What has been bothering you?"

Shifting from foot to foot, the patient finally blurted out, "To tell you the truth, doc, I think I'm in love with a horse."

"A horse, eh?" said the startled doctor. "Well, uh . . . uh . . . tell me, is it a mare or a stud?"

Bristling, the patient replied indignantly, "Why a mare of course. What do you think I am, a queer?"



## From the Corridors of St. Luke's

Miss Esther Ranney recently entertained in her Beverly Hills home at a bridal shower honoring Miss Norma Koch, who is soon to become the bride of Mr. Charles Wilson of LaGrange. The guests enjoyed an evening of bridge and Essie's tempting snacks.

Sally Zeeman proudly shows her horse "Play" at a Streator, Illinois show. We hope Sally returns home with many blue ribbons.

Dr. Willard VanHazel and Dr. William Cubbins were recent hospital patients.

Mrs. Bell informs us that Schweppe House is a glitter of diamonds these days. Morning report would hardly be complete without the exhibiting of a new ring worn on a chain, with as much sparkle in the proud possessors eyes as in the ring itself.

Miss Steinke motored to the West Coast during her May vacation. Miss Rudolph also plans on spending her vacation in California. Miss Gilbert expects to visit Lake Louise and other points of interest in the Northwest during her vacation. Happy vacation, everyone!

Miss Elsa Ahrenhoff sailed for Sweden on the 8th of May. She expects to be gone about four months.

Misses Margaret Munro and Doris Rae are planning a cruise on the Great Lakes as their vacation.

Stella Konecko has ventured into the field of art. We understand she has uncovered hidden talent. Are you taking orders yet, Stella?

We think that Maude Gooch is our star reporter. She doesn't leave any stones unturned and always has a "scoop".

The Board members attended a cocktail party given by Mrs. Millis in their Hotel LaSalle suite prior to the annual banquet. A perfect hostess, a gay group, and a fine time was had by all. Thank you, Mrs. Millis.

Mrs. Ashby has recently taken over the afternoon duties in the Emergency Examining Room.

Dr. and Mrs. J. Furrie are attending a Thoracic Surgery meeting in Quebec, Canada.

Misses Elizabeth Prest and Elizabeth Walling are taking golf lessons each week. It won't be long before they rank with Patty Berg and Babe Diedrickson.

## Engagements and Weddings

Miss Doris Postlewaite and Dr. Robert Elghammer plan on being married in September.

Miss Maxine Mueller and Dr. Clarence Webb will be married in November.

Miss Venita Hansen will be Mrs. Lloyd Fons by the time you receive this Journal.

Misses Mary Stansborough, Ayeliffe Schaible and Ilda Svete (members of the class of 1948) will be married this summer.

The fall issue of the Alumnae Journal will arrive by way of a new editor, as your present editor leaves to become Mrs. Rayy Mitten. It has been lots of fun, a bit of work, a world of new friends and a position in which one can be very proud of holding. I wish to thank the members of my committee and all who have so generously assist us in bringing the Journal to you.

The Editor —

ALUMNAE ASSOCIATION  
BOARD OF DIRECTORS MEETING  
ST. LUKE'S HOSPITAL SCHOOL OF NURSING

## PROPOSED REVISIONS

### PRESENT BY-LAWS

#### ARTICLE IV

#### STANDING COMMITTEES

Section 7. The PUBLICATION AND PRESS COMMITTEE SHALL HAVE CHARGE OF ALL PRINTING OF THE ASSOCIATION, AND SHALL EDIT THE ALUMNAE JOURNAL.

#### ARTICLE VI — MEETINGS

Section 2. Regular meetings of the Association shall be held on the first Tuesday of each month from September to April, inclusive, the time and place to be selected by the Board and due notice sent to members.

#### ARTICLE VI — MEETINGS

Section 6. Quorums. (a) Thirty members of the Association shall constitute a quorum for the transaction of business at any annual meeting of the Association.

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Section 2. Regular meetings of the Association shall be held on the first Tuesday of October, February, April, and June, the time and place to be selected by the Board and due notice sent to members.

#### ARTICLE VI — MEETINGS

Section 6. QUORUMS (a) **Twenty Members and Two Officers** shall constitute a quorum for the transaction of business at any annual meeting of the Association.

## Important Items Concerning Relief

The Margaret Edith Johnstone Relief Fund was established by the Alumnae, for its members in time of illness.

**Study the By-Laws covering relief and avoid embarrassing situations.**

#### IMPORTANT DETAILS

There are three forms of relief:

1. Hospital care.
2. Financial aid.
3. Loans.

Only members in good standing who have contributed to the fund, may apply for such relief when ill.

Eligibility must be established three months prior to the first application for the relief.

Payments to the fund may be made on the installment plan.

#### CONCERNING THE ENDOWED ROOMS

Members, whose cases are not "Emergency," who do not choose to

wait for a vacancy in the endowed rooms, must pay their own hospital bills. The term "Emergency" does not apply to operations which can be postponed without danger to the patient.

The rooms are not available for:

1. Lying-in care,
2. Illness due to pregnancy,
3. Contagion.

#### Time allowance in rooms:

Free care: Three weeks in any fiscal year.

Additional care, at \$3.00 per day, not to exceed three weeks, — must immediately follow free care.

Total time limit: Six weeks in any fiscal year.

FINANCIAL AID can only be granted to members who cannot be cared for in the endowed rooms.

**DON'T EMBARRASS THE RELIEF COMMITTEE BY REQUESTING THE IMPOSSIBLE.**



## Hourly Nursing Service

The hourly nurses are marching to the horizon of the profession. Hourly nursing service is a phase of which little is known. It is the earnest desire of this group to bring the advantages of their service to the public. This can only be done by the cooperation of our fellow nurses.

Many patients are suffering in the homes because of the lack of nursing care, which was brought about by the shortage of nurses in the hospitals and in the Visiting Nurses Association, during the war — and also, the reluctance of the registered nurses to work in the home.

Hourly nursing service will take care of the patient's needs in the home, if and when the public becomes more widely acquainted with their functions.

Hourly nursing provides —

1. Skilled nursing by the hour for patients under medical supervision when continuous care is not needed.
2. Carefully selected graduate registered nurses equipped to give any nursing care or treatment ordered by the physician.
3. Home visits, daily or less frequently, arranged according to the patient's need.
4. Demonstration of the nursing procedures that are required for the welfare of the invalid.

Call the Hourly Nurse for —

1. Patient's needing treatments such as baths, hypodermics, surgical dressings, colonic irrigations, or other nursing procedures.
2. Chronic invalids who need nursing care over a period of weeks or months.
3. A new mother who would like assistance in bathing her baby and preparing the baby's feedings.

4. Convalescent patients returning from hospitals who still require some nursing care.

Cost of Hourly Nursing Service — effective as of July 1, 1947.

\$3.00 for the first hour or fraction of the hour.

\$1.00 for each additional hour up to 4 hours.

\$2.50 for the administration of medicine by hypodermic when no other nursing care is required.

## Old Wives' Tale

(1948 Version)

To girls who married men-in-white,  
O thee I sing, but morn your plight.  
Imagine a mate whose eyes of blue  
Embrace a corpse instead of you,  
Who then comes home aglow with  
pride,  
Still reeking of formaldehyde!

But through teeth clenched with grim  
restraint  
Dear Wifey utters no complaint,  
For in their cozy, little nook,  
She has her man — he has his book!  
And so she passes lonely hours,  
While other girls get sweets and  
flowers.

But why should I waste tears on you?  
I've got me one of those husbands, too.  
And while I groan and all this curse,  
I stop to think — could this be worse?  
I've made my bed, and in it lie,  
But, frankly, I still love the guy!!  
Mary Jane Stahler

## Psychosomatic

The bishop was playing chess with a charming young lady. Suddenly the prelate, who was much concerned over his health, went white and sank back in his chair. "My left side is paralyzed," he gasped.

"No, it can't be" exclaimed his partner.

"But it is," insisted the bishop, "I've been pinching my leg and I feel absolutely no sensation."

"Your Grace," said the blushing lady, "that was my leg you were pinching."

## Last Minute News

Avis Van Lew, class of 1924, was in charge of a three day Refresher Course held at the University of Kansas Medical Center the last week in May. Geneva Feamon, class of 1927, Medical Consultant, U.S. Federal Security Agency, Washington, D.C., was a guest speaker on the program. Helen Reinbach, class of 1921, Consultant on Industrial Nursing with the State Board of Health in Topeka attended the meeting. The evenings were spent in catching up on the news about St. Lukes.

Word from Rachel Jackson, Director of Health Service at Northern Illinois State Teachers College, De Kalb, Illinois, informs us she is finishing her fifth year and enjoys it very much. Miss Jackson tells us there are several St. Luke's nurses in DeKalb.

St. Mark's Mission, Nenana, Alaska brings us news from Olive Brower. She has been school nurse for the thirty-two native children of the Mission, and has done visiting nursing

about the town. For ten months of this time, there was an Army doctor stationed in Nenana, but the remainder of the time Miss Brower has had to take the responsibility for diagnosing and treating sick people — including the deliveries of fifteen babies and weathered a typhoid outbreak.

"People in the States are apt to shudder at our long cold winters, but we pity you with your slush, sleet, rain and snow." When our snow arrives in October, it stays until April. The coldest I have had to be out in is 67 F., but we dress for the weather here and really don't mind it. Often we are swimming in the river by June 1st, and not many people can stand Lake Michigan by that time.

The Territorial Department of Health is expanding its work and needs trained public health nurses. Are there any St. Luke's graduates who would like to work in this very interesting country?"

## PHARMACOLOGY DIGEST

by Louis Gdalman

In the last article, we discussed the Howell-theory of the blood clotting process, prothrombin, thrombosis, delayed clotting, and heparin. We continue the discussion of new medicaments involving the blood and its constituents.

### HEMOSTATICS

#### 1. FIBRIN FOAM AND THROMBIN (Cutter Lab.)

**Description:** Each unit package consists of 250 mgm. fibrin foam and 5 cc of sterile thrombin prepared from the proteins of pooled normal human plasma; together with 10 cc isotonic sodium chloride.

**Action:** Effective hemostatic agent on bleeding surfaces. After clotting has taken place, the fibrin foam may be left in situ. For Use as a hemostatic in oozing from dura; lacerations of dural venous sinuses; bleeding in tumor bed; lacerations of liver, lungs, spleen and kidneys; bleeding from small branches of large vascular trunks which cannot be ligated; in traumatic wounds where there is a large amount of bleeding and oozing.

**Administration:** Topically by applying a piece of thrombin soaked fibrin foam to the freshly sponged bleeding surface and held in place with gentle pressure until clotting has taken place. Pressure may then be removed and the fibrin-foam left in the suture.

#### 2. OXYCEL (Parke Davis)

**Description:** An absorbable, oxidized cellulose, in sterile gauze like form.



**Action:** On contact with blood, exerts hemostatic action, turns dark brown in color and softens to form a jelly-like mass; non-irritating, absorbed from the tissues without causing appreciable foreign body reaction. For use as a hemostatic, absorbable, packing in all forms of surgical practice.

**Administration:** Topically, may be left buried in the tissues following surgery.

### 3. THROMBIN, TOPICAL (Parke Davis — Upjohn)

**Description:** A standardized, sterile, hemostatic powder derived from plasma; may be applied either as a dry powder or as solution in sterile, isotonic saline. Each ampul represents 5000 Iowa units when dissolved in accompanying sterile isotonic saline diluent. An Iowa unit is that amount of substance required to clot 1 cc of standard fibrinogen solution in 15 seconds.

**Action:** Effective hemostatic agent; reacts with fibrinogen to form a gel-like mass which traps all other blood constituents in a mesh of interlacing fibers. As this mass gradually contracts fluid serum is forced out, producing a firm, adherent clot. For Use in controlling capillary bleeding or oozing in surgery dental extraction, epistaxis; also in fibrin fixation of skin grafts.

**Administration:** Topically, for hemostatic, as solution (1000 Iowa units per cc) sprayed on Bleeding surfaces immediately following removal of excess blood by sponging. For fibrin fixation of tissue surfaces, the solution is mixed with blood plasma to form fibrin "glue".

### 4. GELFOAM, STERILE (Upjohn)

**Action — Administration:** refer to Oxycel above.

## VITAMIN K THERAPY

In 1929 Damm in Copenhagen reported that chicks on a synthetic diet had subcutaneous and intramuscular hemorrhages. This appeared to be a specific avitaminosis and suggested the factor be called Vitamin K, "Koagulation Vitamin". Later Vit. K. was shown to be required to maintain or to restore the concentration of blood prothrombin. The usefulness of the vitamin in maintaining the clotting power of human blood was shown by several groups of investigators. In 1939, Danish workers isolated pure Vitamin K; Doisy in St. Louis isolated and synthesized Vitamin K<sub>2</sub>.

Chemically the natural vitamin K is 2-methyl,-3,-phthyl-1,-4-naphthoquinone. The official synthetic compound, Menadione, is 2-methyl,-1,4-naphthoquinone. Over 60 related compounds have been synthesized that possess vitamin K activity. Natural Vitamin K is confined principally to plants and micro-organisms. It is present in green leafs such as spinach, cabbage, cauliflower, also in tomatoes, soybeans; bacteria in the human intestines produce at least a part of the vitamin K needed by man. The quantitative requirement for man is unknown. In obstructive jaundice, or in any condition which prevents a free flow of bile in the intestines, delayed blood clotting is generally observed. The difficulty seems to be due to the need for bile salts to aid in absorption of vitamin K from the intestines. Clinically, oral or intravenous injection has been widely adopted. The feeding of K to expectant mothers during month preceeding childbirth in order to check undue hemorrhage in both baby and mother. It is also administered to the newborn infant. The physiological activity of vitamin K is understood only insofar as it has been shown to be necessary for the production of prothrombin in the liver. The mechanism is unknown.

### 1. SYNKAMIN (Parke Davis)

**Description:** Vitamin K analogue: 4-amino-2-methyl-1-naphthol-HCl. A white crystalline powder, freely soluble in water.

**Action:** That of Vitamin K as a water-soluble analogue for oral or parenteral use. For use in the prophylaxis and treatment of hypoprothrombinemia. It may be given Subcut., IM, or preferably IV. It is 3 times as potent as natural vitamin K.

**Administration:** Orally, 2 to 5 mgm daily as required. Parenterally, preferably by intravenous injection, for adults 1 to 5 mgm daily; for infants, 1

mgm intravenously repeated at 6 to 12 hour intervals to control prothrombinopenic bleeding. Parturient patients, 2 to 5 mgm intravenously at onset of labor. Oral administration should not be continued over 3 to 4 weeks. When hypo-prothrombinemia results from extensive liver damage, vitamin K therapy cannot be expected to be effective except to the extent of improving the function of the undamaged tissues. Whenever possible vitamin K therapy should be controlled by the determination of prothrombin bleeding time and qualitative estimate of prothrombin.

## 2. SYNKAVITE (Hoffman-La Roche)

**Description:** A synthetic, water soluble analogue of Vitamin K Tetrasodium 2-methyl-1, 4-naphthohydroquinone diphosphoric ester.

**Action:** That of vitamin K; reduces abnormally prolonged blood coagulation time and decreases tendency to hemorrhage in cases of hypoprothrombinemia by raising the prothrombin level. When given orally, is absorbed from the gastrointestinal tract without adjunctive bile salt medication. For use in Vitamin K deficiency in obstructive jaundice, biliary fistula, ulcerative colitis, sprue and hemorrhagic diseases of the newborn.

**Administration:** Orally, adults 5 mgm to 15 mgm daily; infants and children, 5 mgm to 10 mgm daily. For prevention of hemorrhagic diseases in the newborn, 10 mgm doses intravenously administered to the mother during labor, preferably within 15 hours of delivery.

## 3. SYNKAY (Blue Line)

**Description:** 2-methyl-1, 4-naphthoquinone. Menadione

**Action — Administration:** refer to Synkamin above.

## 4. HYKINONE (Abbott)

**Description:** Menadione Sodium Bisulfite. A water soluble vitamin K analogue possessing the physiological properties of natural occurring vitamin K.

**Action:** refer to Synkavite above.

**Administration:** IM, subcut., IV, initial dose 2 mgm to 4 mgm. This dosage may be repeated in 12 hours, and daily thereafter for not more than 4 weeks. **Caution:** Protracted or overdosage may cause lukeopenia. **Ampul hykinone, 60 mgm per 10 cc,** for use only as antidote for the hypothrombinemia caused by the dicumarol overdosage, give intravenously 1 cc per minute.

## 5. AQUAKAY, AQUINONE (Bischoff)

**Description:** Refer menadione above.

## 6. KAPPAXIN (Winthrop)

**Description:** Refer menadione above.

## 7. KAYQUINONE (Abbott)

**Description:** Refer menadione above.

## 8. KLOTOGEN (Abbott)

**Description:** An oily solution of a vitamin K concentrate, standardized to 1250 units per cc.

**Action:** Refer to menadione above.

**Administration:** Orally, 1 capsule with bile salts 3 times daily with meals, for 4 days pre- and postoperatively. For instillation through duodenal tube — solution is used, 8 cc, with 2 Gm Bilein in 200 cc physiologic saline or warm water.

## 9. KOKLOT (Cole)

**Description:** Menadione. Refer menadione above.

## 10. THYLOQUINONE (Squibb)

**Description:** Refer menadione above.



## ANTICOAGULANTS

Independent studies by Schofield in Canada and Roderick in the United States demonstrated that a hemorrhagic diathesis resulted in cattle eating improperly cured common sweet clover hay or silage. It was later shown that the faulty coagulation mechanism was due to insufficient prothrombin. In 1941, Link at the University of Wisconsin reported the isolation of 3,3'-Methylenebis (4-Hydroxycoumarin) from spoiled sweet clover, identified it as the factor responsible for the hemorrhagic diathesis in cattle, and synthesized the compound. Clinical studies of dicumarol at Wisconsin and later at Mayo's followed, as a means of retarding intravascular clotting in human beings; they showed that dicumarol, carefully administered, with daily determination of prothrombin time, is of value in the prophylaxis and treatment of intravascular clotting.

## 1. DICUMAROL

**Description:** 3,3' -Methylenebis (4-Hydroxycoumarin). A synthetic preparation identical with the natural anticoagulants factor derived from spoiled sweet clover.

**Action:** A potent, orally effective anticoagulant which decreases the prothrombin concentration of the blood. After a latent period of 24 to 48 hours, the prothrombin time slowly increases to a maximum in 3 to 5 days, remaining increased 2 to 10 days after cessation of therapy. For use alone or as adjunct to heparin in the prophylaxis and treatment of intravascular clotting; in post-operative, post-traumatic and postinfections thrombophlebitis; pulmonary embolism; acute embolic or thrombotic occlusion of peripheral arteries; recurrent idiopathic thrombophlebitis. Retards intravascular clotting and propagation of the thrombus but has not been shown to resolve formed thrombi or to increase the blood supply to infarcted areas.

**Administration:** Orally, in dosage adjusted to the clinical and laboratory findings. First day, after determining prothrombin time is not elevated, one dose of 200 to 300 mgm; second and subsequent days, if prothrombin activity exceeds 25%, 100 to 200 mgm. Caution: The effects are cumulative and over-dosage may cause severe hemorrhage. The drug should not be administered unless facilities are available for daily prothrombin time determinations, and for immediate transfusion of fresh (not banked) compatible blood, which should be given, together with large doses of vitamin K, if the prothrombin activity falls to less than 10%. Special precautions are necessary in cachetic or febrile patients, and during menstruation. Salicylates accentuate the effects. It is contraindicated in ulceration or granulomatous lesions, subacute bacterial endocarditis, impaired hepatic or renal functions, initially increased prothrombin time of whatever cause.

## 2. HEPARIN

**Description:** Refer to article in last issue of Alumnae.

## 3. LIQUAEMIN (Roche-Organon)

**Description:** A solution of the purified sodium salt of heparin, obtained from animal livers, lungs, and other tissues. Each cc contains 10 mgm of heparin sodium.

**Action — Administration:** Refer to Heparin in last issue of Alumnae.

## RUTIN THERAPY

Many clinical reports suggest that capillary dysfunction exists in the human, either alone or associated with other pathological states. Clinical observations further suggest that an increased or abnormal capillary fragility may be a contributing factor in certain hemorrhagic syndromes. In 1936, Szent-Gyorgyi prepared an extract of lemon peel which reduced capillary fragility and decreased capillary permeability. The active constituent was postulated to be a flavone derivative but the exact nature of the active constituent was not determined. Chemical consideration suggested the hypothesis that certain flavones and their glucosides, should possess the physiologic properties of the lemon peel extract, namely "citrin" or crude hesperidin. One of these com-

pounds is rutin, a flavone glucoside. It occurs in many plants, but is most successfully extracted from buckwheat at a certain stage of growth of the plant. It is a pure substance, and has 10 times the activity of crude hesperidin. (Vitamin P).

### 1. RUTIN

**Description:** A crystalline Flavonol glycoside (rhamnoglucoside) derived from the buckwheat, of uniform, assayable potency.

**Action:** Rutin is the vitamin P factor that may favorably decrease capillary fragility when administered over a period of weeks and months. This property has been reported particularly in hemorrhagic conditions associated with hypertension, and other abnormal cardiovascular states. It is helpful before and during thiocyanate therapy of hypertension to offset the tendency of that compound to increase capillary fragility. It may be used in combination with salicylates and arsenicals to preserve capillary resistance at a normal level. It arrests the progress of diabetic retinitis and has been effective against persistent bleeding of the gums, due to capillary fragility. Traumatic lung bleeding postpartum bleeding have been controlled. Its use as a preoperative and post operative measure in general surgery may be indicated. Rutin is supposed to be less effective in presence of vitamin C deficiency. It is recommended that an adequate intake of vitamin C be insured.

**Administration:** 20 mgm to 40 mgm 3 to 4 times daily for many weeks, or until the Gothlin Petechial Index, as a measure of capillary fragility, becomes negative. Rutin has negligible toxicity and is devoid of cumulative action.

### 2. HESPERIDIN METHYL CHALCONE (Lilly)

**Description:** The methyl ester of the water soluble, yellow pigment from crude orange hesperidin, namely hesperidin chalcone. It is one of the most potent of the flavone glucosides having vitamin P activity.

**Action:** Refer to Rutin above.

**Administration:** For the treatment of increased capillary permeability, oral administration of 50 mgm to 100 mgm, one to four times daily is recommended.

### 3. RUCEVITIN (Kremers-Urban)

**Description:** Each tablet contains: Rutin 20 mgm, Vit. C. 150 mgm.,

**Action:** Refer to rutin above.

**Administration:** Orally. For treatment of adults, 3 to 6 tablets daily in divided dosage for several weeks or longer until capillary fragility tests revert to normal.

### 4. RUTORBIN (Squibb)

**Description:** 2 size tablets; One contains Rutin 20 mgm and vit. C. 100 mgm; The other contains Rutin 60 mgm and Vit. C. 300 mgm.

**Action:** Refer to Rutin above.

**Administration:** Orally. For adults one tablet 3 times daily; in refractory cases, several times this dosage may be indicated.

### 5. RUTAMINAL TABLETS (Schenley)

**Description:** Each tablet contains Rutin 20 mgm, Aminophylline 100 mgm, and Phenobarbital 15 mgm.

**Action:** Adjunctive treatment in coronary diseases, angina pectoris, congestive heart failure, which manifest in common such changes as vascular spasticity, hypertension, myocardial insufficiency with capillary fragility.

**Administration:** Orally, one or two tablets, 3 or 4 times daily preferably taken after meals.

To Be Continued

Louis Gdalman, Asst. Director Pharmacy, St. Luke's Hospital  
Chemistry Instructor, School of Nursing.



## CHAIRMEN AND COMMITTEE MEMBERS

Alumnae Association, St. Luke's Hospital School of Nursing

1948

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\*List of committee members is incomplete

# THE ALUMNAE

of St. Luke's Hospital School

of Nursing

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SAINT LUKE'S SCHOOL OF NURSING

# The Alumnae



OCTOBER 1948

# Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1948

		Term Expires
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1st Vice President _____	Mrs. Rosellyn K. Millis 10 N. LaSalle St., Chicago 2 Franklin 0700	1949
2nd Vice President _____	Mrs. Ann L. Laird 1819 West Polk Street, Chicago 12 Monroe 3900	1949
Treasurer _____	Mrs. Edna Travers 812 E. 49th Street, Chicago 15 Oakland 5631	1949
Secretary _____	Mrs. Rosemary Dace 4643 Lake Park Avenue, Chicago 15 Atlantic 6411	1949
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## MEMBERS AT LARGE

Dorothy Armstrong _____	Superior 4955	1949
1100 North Dearborn, Chicago 10		
Mrs. Bonnie Versteeg _____	Plaza 6867	1948
6711 Merrill Avenue, Chicago 49		
Miss Elizabeth Vickery _____	Harrison 8209	1949
1142 S. Michigan Avenue, Chicago 5		
Mrs. Ruth Grant _____	Diversey 8050	
612 Patterson Street Chicago		

## Alumnae Pledge



### An Assurance of Loyalty

With understanding of and the belief in the  
 aims and purposes of the Alumnae Association of  
 St. Luke's Hospital School of Nursing, I do sol-  
 emnly affirm, that I will endeavor, by my daily  
 life and service, to honor always the profession of  
 which I am a member.



# THE ALUMNAE

Official Organ of  
The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

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Vol. LVI

Evanston, Ill., October, 1948

No. 23

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## IN GRATITUDE

"All this and heaven too" after a two weeks' sojourn in the endowed rooms, I want to say thank God and the alumnae, but mostly the alumnae for providing these marvelous rooms for us. As soon as you enter these rooms, you are given every attention and the most expert ideas of the medical world are yours gratis. You meet friends of other years and peace prevails in this little bit of heaven, so I ask you, where for fifty dollars, can you get 'all this and heaven too?' "

FLORENCE E. RIDER  
*Class of 1908*

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Entered as second class matter June 17, 1941 at the post office at Evanston, Illinois, under the Act of March 3, 1879. Issued five times a year in February, April, June, October and December, at 1033-35 University Pl., Evanston, Illinois. Subscription price 50 cents a year, or included in the annual dues to members.

## Endowed Rooms

Any graduate of St. Luke's Hospital School of Nursing is eligible to apply for membership to the Margaret Edith Johnstone Memorial Rooms. A few of the details regarding this fund are presented here.

If the graduate has been in good standing as a member of the Alumnae Association for three months prior to making application for relief and has contributed fifty dollars toward the Endowed Room Fund, she will be eligible for the privilege of hospital care in one of these named rooms (Main 701, 702, or 704) as soon as a vacancy occurs. If all the endowed rooms are occupied at the time when necessity for hospitalization occurs, another bed on Main 7 shall be chosen until such a vacancy occurs. The time allowance for this free hospital care is four weeks in any one fiscal year. However, if more than four weeks hospitalization is necessary, a fee of three dollars per day must be paid to the Sub-Chairman of the Relief Committee. Additional care must follow the free care immediately and is limited to three weeks.

If any eligible member enters the hospital without direction of some member of the Relief Committee or if the eligible member does not choose to wait until a vacancy occurs in the endowed rooms (except in emergencies), she must assume the responsibility of her own hospital bill. Hospitalization for lying-in care or illness due to pregnancy is not covered by this Fund.

If the eligible member becomes ill and is too great a distance from Chicago to avail herself of the use of the endowed rooms, she is eligible for financial assistance in the amount of \$12.50 a week for each week of illness requiring hospitalization for a period not to exceed four weeks in any one fiscal year. The above applies to eligible members in the vicinity of Chicago requiring hospitalization who because of the nature (contagion, etc.) or severity of her illness cannot be cared for at St. Luke's.

As we can conclude from the facts presented, to be a member of the Margaret Edith Johnstone Memorial

Fund is not only a worthwhile investment but is provision for security at a time when it is needed most. Look into this and act now, members!! Details can be obtained from Marie Steinke, Chairman of the Relief Committee.

## "Going Out"

Twenty-three members of the 1948 class were honored at the first "Going-Out" Service for this year's graduating class of St. Luke's Hospital School of Nursing.

Grace Chapel provided a simple but impressive background for this inspiring service. After a short congratulatory message to the graduating nurses, Miss McConnell, Director of Nurses, presented Reverend Turton Travis, Rector of Grace Chapel, with a St. Luke's inscribed stole which Reverend Travis stated "he had coveted for 18 years." This stole was embroidered and designed by Miss Lillian Rein, class of 1895, who also, 38-years ago, embroidered the St. Luke's banner which has been traditionally carried at every formal St. Luke's service since 1914.

Reverend Travis addressed the outgoing graduates and guests; he spoke of the significance of the St. Luke's Blue Cross and the importance of all nurses to uphold the traditions and standards which the cross represents: mainly, service, sacrifice, and care of the sick and suffering. He impressed every member of the congregation with his inspiring address stressing simplicity in all the future undertaking of each nurse.

The service continued in the traditional manner: each graduating member was presented with a Prayer Book by Father Travis as well as a congratulatory handshake from him and Miss McConnell.

Following the Going-Out service, tea and refreshments were served in the Ryerson Lounge of the Schweppe Residence at which time the graduating members mingled with guests and faculty, many of whom were Alumnae members.



## Honorary Student

On May 12, 1948, the Chicago Chapter of the Red Cross awarded four scholarships to high school graduates. These awards finance three years of training at any accredited Chicago area school of nursing. Betty Lawrence has selected St. Luke's as her school. Dr. Gerty Cori and Miss Madeline Carroll presented the awards.

## St. Luke's Building Program

The ultimate objective of St. Luke's Hospital present building program is the construction of a connecting, or Medical Service Building. This will permit us to consolidate departments such as operating rooms, birth facilities, etc., and to connect the Main and Smith Buildings at all floor levels.

Before this construction can take place, provision must be made for the relocation of our present kitchen, and cafeteria, and this means the replacement of equipment which has been in use for many, many years. It also means the demolition of the buildings now housing the kitchen and cafeteria, since these stand in the location to be occupied by the new building.

The Kirkwood Building has been selected as the permanent location of the new kitchen and new cafeteria. Therefore, the Out-Patient facilities now housed on the 2nd and 3rd floors of that building must be relocated before this move can be made.

This requires new buildings and as a result of the generosity of Mr. Sterling Morton and by his gift of approximately \$200,000, the Board of Trustees determined that a new building should be constructed to house clinic facilities, to provide care for private patients of physicians, and house interns and residents - - - this project is now well under way.

To construct this building, the Pharmacy had to be moved from the old "A" Building to its present location in Main Building, and additional facilities had to be provided in the Schweppe Building for the Nurses living in the Stickney Building. Then

"A" Building and the front portion of Stickney had to be demolished.

To clear the way for the ultimate construction of the Medical Service Building, we have been successful in securing the passage of a City Ordinance which will provide for the vacation of the alley between Main and Smith Buildings. We must, however, dedicate to the City most of that space now occupied by the remainder of the Stickney Building, and in addition we must dedicate space between Grace Church and Schweppe so that means of egress is provided to Indiana Avenue.

The existing Ordinance provided that within 12 months from the passage of the Ordinance, on June 11, these alleys must be completed. Therefore, every possible step must be taken to expedite the completion of the Clinic Building, relocation of those interns still housed in the old properties, and the relocation of the cafeteria which is now housed in the Stickney Building.

At the end of this step, all interns, residents, students and other personnel living on hospital premises, will be housed in adequate, fireproof accommodations.

These moves may seem confusing, but they are necessary to the successful completion of our objective.

## I. S. N. A. Annual Meeting

The Annual State Meeting of the Illinois State Nurses' Association will be held in Rockford, Illinois, at the Hotel Faust, from October 7 through October 9, 1948. There are many vital issues to be considered and each and every member shares the responsibility for the efficient functioning of her state association.

The St. Luke's Alumnae Association has been requested to send sixteen delegates to represent their organization at this annual meeting. Miss Stasy Mesec, class of 1947, has been chosen to attend as the paid representative of the Alumnae Association. Miss Mesec will attend the business meetings on October 7 and discussion and other interesting and important sessions on October 8 and

9. She will give a report to the Alumnae members at the next meeting. The principle discussions will involve suggestions to meet the critical nursing service situation, the permissive licensure of practical nurses, the status of the Public Health Nursing Act, the improvement of employment standards and personnel practices, and suggestions for greater assistance for district activities.

Mrs. Margaret M. Bell, Assistant Director of Residence, will lead a discussion entitled "Extra Professional Activity Programs in Small Schools of Nursing."

## From the Corridors of St. Luke's

Miss Allison Meyers has returned from her vacation as an authority on the entire Southwest, and if you desire information on New Mexico, call Miss Phoebe Penn.

We would like to welcome Miss Dellabella Herbert, class of 1943, who has returned to our staff. We understand that Miss Herbert is able to draw skeletons with the latest in looks.

Miss Harriet Berger has combined her vacation. The first two weeks were spent touring the Northwest, and the rest of the time she has been busy collecting material for the book that she is writing on Miss Annie Goodrich. We are all anxious to see and read this publication.

Miss Helen Gianutsos has decided to try Public Health Nursing in one of the Chicago suburbs. Good luck, Helen.

Miss Sally Zeeman has returned from her vacation in upper Michigan with a glowing tan.

Many of our staff members have been ill, and we would like to welcome the Misses Betty Jo Williams, Hettie Gooch, Eleanor Vandermeide, Maxine Mueller, and Virginia Tracy back on duty.

Main 6 has had its daily routine interrupted for three days during which time a new asphalt tile floor was being inlaid. After twenty-four years of the blue with white tile, we are all quite pleased with the surprising and lovely effect.

Miss Laura Rood has been very busy with her classes at the Art Institute this past summer. She is planning to continue her art classes evenings. We all hope to see your work on exhibition one of these days, Laura.

We are all watching the daily progress of the new clinic building for we know that it means another step forward. The framework is already up for three stories.

Miss Doris Rae and Miss Phoebe Penn have been getting Main 13 ready for a busy season this coming year. I'm sure the new student class of eighty strong will appreciate all your earnest manual and mental efforts, girls.

We are all awaiting the return of Miss Mary Montgomery who is vacationing in Mexico.

It is with sincere regret that we received the news that Dr. Selim McArthur and Dr. Harold Jones have retired from our staff. They have both been a constant source of inspiration in the advancement of medical care and teaching.

Dr. John Brewer was appointed Secretary of the Central Association of Obstetricians and Gynecologists. Dr. Fremont Chandler was appointed Treasurer of the American Academy of Orthopedic Surgeons. Dr. George Fenn was appointed the President of the Chicago Heart Association. Dr. E. A. Edwards has been elected Chairman of the Department of Obstetrics and Gynecology of St. Luke's. Dr. Holinger was recently elected President of the American Broncho-Esophological Association.

Dr. Paul Holinger visited the Swiss Congress of Otolaryngology and was awarded the grand prize together with Dr. Ralph Rigby for their film exhibit in Brussels, Belgium.



## March of Time

1892

Elizabeth Mayo Averell writes us from Fresno, California, of the recent death of Elizabeth Bush. Mrs. Averell was actively nursing until the end of the War but has since then retired and is "off duty."

1903

Mable McClenahan spent the summer in California with her sister and will be returning to Williams Woods College, Fulton, Missouri.

1908

Alice Robertson of Santa Barbara spent two weeks in Chicago visiting friends and St. Luke's.

Josephine Hawes Hardwicke of Buffalo, New York, stopped to see St. Luke's in July en route home from the Red Cross Convent in San Francisco.

1910

Mabel Shannon has returned to Chicago after spending two months at her home in Colingwood, Canada.

1914

Miss Elsa Ahrenloff, paid a visit to Virginia Walker Cummings while making her trip to Sweden. Both Alumnae spent a good deal of time talking shop and enjoying each other's company. Miss Ahrenloff arrived home September 9th after the three-months' trip.

1915

Hazel Kirk Gaede has informed us that she is taking up residence in Boston, Massachusetts, (formerly of Greenville, Texas) in order to care for her sister who is critically ill.

Ida Swanson Peterson spent a few days in Chicago during the middle of July.

Attale Buckingham attended the summer session at Teachers' College, Columbia University.

1917

Miss Madeline McConnell motored East to spend her vacation at Camp Arden, Brattleboro, Vermont.

Nellie F. (Etzler) Hulett of Farmington, Michigan, visited in Chicago during the month of August.

1918

Lillian Gloeckle is now Assistant to the Dean of Boys at Coe College.

Ruth Fair spent her vacation in Sioux City, Iowa.

Marjorie Reid visited her sister in Edmonton, Alberta, during the month of August.

1919

Lois Cox is Educational Director in the City and County Health Department in Durham, North Carolina.

1921

Mary Everett spent her vacation in Short Hills, New Jersey. One day was spent visiting Mrs. E. Swenson Mosbell in Montvale, New Jersey.

Kathryn Snyder is evening supervisor at Memorial Hospital in Colorado Springs, Colorado.

Irene Stolp is now Director of Nurses and Nursing Service at the Illinois Masonic Hospital in Chicago.

Nellie Griswold of Miami, Florida, spent her vacation in Jamaica.

Cora Kay resigned her position at St. Luke's Hospital on September 15th. After a short vacation, she will be Administrative Assistant at New York Hospital, Cornell Medical Center, New York.

1922

Rita Castle Ashton flew to Mexico City for her vacation.

Gordo Willson of White Plains, New York, received her B. S. degree at Columbia University in June.

1923

Mrs. Curvin H. Michael (Rosaellen Churchill) and family spent a lovely vacation visiting Grand Canyon, Zion Canyon, Bryce Canyon, the Utah Fruit country. She finds the Desert Country most fascinating and mentions many of the interesting sights which one may encounter as scorpions, lizzards, horn toads, jack rabbits, and even Black Widow spiders.

1924

Helen Benjamin sailed June 29th from India. She will be with her sister in Summit, New Jersey, after a year of service at A.B.M. Hospital, Nellore, India.

Avis Van Lew from University Hospital, Kansas, visited St. Luke's in July.

1926

Edna Perkins who does general duty in the Community Hospital in Oskaloosa, Iowa, was a visitor at St. Luke's.

**1929**

Margaret Wood Green is on duty in the Lutheran Hospital, Los Angeles, California.

Alice Sanderson spent three months at Showana, Wisconsin.

Mrs. Boege writes us that she and her husband sailed for Elephant Point, Alaska, on August 7th and have signed up with the Native Service for a year. Mr. Boege is employed as a maintenance man and special assistant while Mrs. Boege will be teaching Eskimo children in the elementary school. They are situated 170 miles northeast of Nome near the Arctic Circle and are 72 miles from the nearest white people. We all wish these adventurers the best of luck in all their new experiences.

**1931**

Dr. and Mrs. Benjamin (Dallas Graham) Camp have returned to the U. S. after having spent two years in Rome, Italy. They are visiting Mrs. Camp's parents in Minnesota.

**1932**

Mrs. Oschenschlager Lomax of Boston, Massachusetts, visited St. Luke's. With her two boys she visited her parents in Aurora.

Catherine Stough Johnson is on duty in Tillamook General Hospital in Tillamook, Oregon.

**1934**

Mrs. A. Richardson Burge and her five-year old son of San Jose, California, visited at St. Luke's.

Capt. E. Breitung in Japan writes of her interesting experiences in their hospital.

Tonnetta Lonning was married on August 28th to Mr. Robert Martin in Honolulu.

**1935**

Elsie Haven Blue with her husband and daughter, Ginnie, of Seward, Alaska, visited St. Luke's in June.

Mrs. B. Pollock Dreckman and her nine-year old son of Iowa City Iowa, visited at St. Luke's.

**1937**

N. Summers McEvoy of Louisville, Kentucky, and her son, Skipper, visited friends in Chicago in August.

**1938**

Bertha Kraft has gone to Daakan Sandi, Arabia, to do general duty in

the Hospital of the Arabian American Oil Company.

**1941**

Stella Konecko spent her vacation at home in Nanticoke, Pennsylvania.

Louise Most Pokorny of San Diego, California, visited St. Luke's in June.

Ruth Aiduks is with Langley Clinic in San Francisco, California.

Dr. and Mrs. Olsen are now settled in Ann Arbor, Michigan, where Dr. Olsen is practicing chest surgery.

Mrs. Wilma Wells Fogarty is a supervisor on duty in the San Jose Hospital in Bogota, Columbia, South America.

Miss Joyce Pishotta has completed her basic work in nursing and has received her degree from the San Francisco State College.

Lt. N. Knox writes Miss Evalyn Van de Steeg from the U. S. Naval Hospital in Oceanside, California, that she is now working as an anesthetist, Operating Room supervisor, and Central Supply nurse.

**1942**

Lucille Benner is entering Cook County Hospital for a post-graduate course in Obstetrics.

**1943**

Miss Marion Krause writes to tell us she is spending a lovely summer just relaxing and getting a good deal of rest (???) She is busy getting her workshop and den in order so that she will be in full swing as an authorized "silversmith" by the Fall. Marion specializes in cuff-links, initial pins, and rings and will be happy to give any interested person information regarding her items. (Ed. Note: I can assure you every piece is a beautiful work of art and worth your time looking into!!)

"The Reunion" of the Class of 1943 has many interesting news items to contribute —

Dorothy Capps writes to say she has been leading a true country life filled with all the excitement of State Fairs, hog trips, and hog sales as well as seeing a good part of the U.S.A. "Never a dull moment, Dorothy!"

Lt. Josephine Jakubiec is still a member of the U. S. Navy, stationed in Oakland, California, and is enjoying life to the fullest. She writes to tell us she is in charge of the emergency



orthopedic wards (fresh fracture) in the U. S. Naval Hospital. If you are West-bound, I'm sure Josephine would enjoy a visit from you.

Domestic life has Bernadine Schaffer Ruggie (former head nurse of M-17) well in tow. She has her hands full with "Sonny" and her husband, Dr. Alexander Ruggie, who is specializing in Internal Medicine. They are residing in Franklin Park, Illinois.

Miss Jeanette Polson is now doing V.N.A. work in New Haven, Connecticut, and liking it very much.

Miss June Delich writes us that she is working as a field nurse with the Chicago Health Department. This sort of life must be very tame, June, after all your experiences in Hawaii you write about in "The Reunion."

The Letterman General Hospital in San Francisco, California, is the general location of Lt. H. F. Hansen. Her last letter found her in a slight state of confusion (first day back at work), but we hope she is firmly established in her post at this time. Lots of luck to you!!

Mrs. V. Jonas Stark of San Antonio, Texas, was a visitor at St. Luke's.

#### 1944

Mrs. Norma Buchan Zundel is now living in Oroville, California.

Betty M. Borchardt writes from Burbank, California, that she is setting up medicine rooms at the Huntington and is in charge of the largest medical floor of the hospital. She frequently visits with Mrs. Huizenga (Eleanor Holmes).

#### 1945

Mrs. Fern Johnson Cain of Dallas, Texas, visited St. Luke's in June.

#### 1947

Grace Leimetz writes from Honolulu where she is on duty in the Psychiatric Department in Queen's Hospital. Even over there the doctors recognize the St. Luke's cap—"their praises are music to my ears—I was surprised to find R. Hermann, J. Coley, and A. Gentry working here at Queen's. In the garden of the Nurses' Home we have bananas, gardenias, and orchids." This all sounds very lovely, Grace.

Misses Marion Nash and Ginger Rodgers are now situated in Los Angeles, California, and are both working with the Ross-Loos Medical Group. They are enjoying their new duties and find California a wonderful place to live.

Virginia Walker Cummings and husband are planning a vacation trip to merry England, Paris, Brussels, Holland and Germany. They are living in Linkoping, Sweden. Mr. Cummings is working for his Doctor's Degree in the Royal Hogskola in Stockholm.

Frances Burgess is attending Loyola University here in Chicago.

#### 1948

Ann O'Connor, is attending Mundelein College, Chicago.

Mrs. Ada Crocker, former Director of Nurses for five years here at St. Luke's, is moving with her father and sister to Altadena, California, where they have purchased a new home.

## Convention

The Biennial Convention of the American Nurses' Association was held in Chicago from May 21 through June 4. Members of the faculty, staff nurses, and students of St. Luke's were given the opportunity of activity participating in much of the activity.

A luncheon was held for the St. Luke's student nurses. Miss Avon Welty, Chairman of the Program Committee of the Chicago Association of Student Nurses, and Miss Beverly Fiege, President of the Cooperative Government Association of St. Luke's Hospital were both active participants.

Many of the St. Luke's faculty members participated in making the Convention a success, which it truly was. Miss Madeleine McConnell, Director of Nurses, was Chairman of the Arrangements Committee of the National League of Nursing Education; Miss Emily Cardew, Educational Director and President of the Illinois State League of Nursing Education, presided at the National League luncheon; Miss Hettie Gooch, Supervisor of the Out-Patient Department and So-

cial Service, was chairman of the Committee on Monitors; Miss J. Evelyn Van de Steeg, Medical Surgical Supervisor and Instructor, was Co-Chairman of the Committee on Information; Miss Harriet Berger, Junior Medical-Surgical Supervisor and Instructor, was Chairman of the Committee on Properties.

Many Alumnae members visited St. Luke's during this time as well as participated in Convention activities.

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God grant me the serenity  
To accept the things I cannot change:  
The courage to change the things I  
can;  
And the wisdom to know the difference.

Dr. Reinhold Niebuhr

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Each is given a shapeless mass,  
A set of tools and a book of rules.  
And each must make, err life has  
flown,  
A stumbling block or a stepping stone.  
Bliss Carmen.

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Isn't it funny that princes and kings,  
Even the clown of the sawdust rings,  
Or the common people like you and me,  
Are Creatures of a Destiny?

## Blue Cross Service Guild

The Blue Cross Service Guild is an organization to which all St. Luke's Hospital School of Nursing graduates are invited and privileged to join.

The object of the Guild is principally to care for critically ill members or major operative members. Blood transfusions and oxygen, if considered advisable by the physician and two members of the advisory committee, are also provided to Guild members. The essential nursing care is limited to two hundred dollars per year. If it seems necessary to provide additional care, a loan arrangement for repayment is made by the committee.

The dues for the current year are \$5.00 due each March 15 with an additional \$1.00 charge as a fee for joining as a new member.

New members are eligible for nursing care three months after the payment of the membership fee has been made.

All St. Luke's graduates are encouraged to consider joining the Blue Cross Service Guild thus providing additional security if and when the need for it arises.

If any additional information is desired, requests should be made to Mrs. Edna Travers, Treasurer of the St. Luke's Alumnae Association.

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## In Memoriam

St. Luke's Alumnae Association extends deep sympathy to friends and relatives of Elizabeth Bush who died in Fresno, California, on August 15, 1948.

Miss Bush graduated in 1891 and was one of our pioneer nurses in public health. She was Los Angeles' first public welfare nurse.

St. Luke's Alumnae Association extends heartfelt sympathy to Miss Frances Geddo, class of 1943, in the recent death of her mother at St. Luke's Hospital on August 16, 1948.

It is with sincere regret that we received news that Dr. Prebble passed away on July 25, 1948, at St. Luke's Hospital. The St. Luke's Alumnae extends condolences to friends and relatives of Dr. Prebble.

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## Engagements and Weddings

Miss Ruth Gregersen, class of 1947, and Dr. Howard Christofersen are planning to be married in October in Gethsemane Lutheran Church, Cicero, Ill.

Miss Marion Hermance and Mr. George Hescox will be married in December.

Miss Grace Leimetz of the 1947 class has been nursing in Honolulu but will soon be deep in the throes of domestic life. She is planning to be married in the very near future.

## Weddings Bells

Mildred Theresa Starks, class of 1946, was married to Mr. John Sanford Dean, Jr. on September 1, 1948, at a five o'clock ceremony in the Federated Church in Fairmont, Nebraska.

Mr. and Mrs. Carl H. Larson announce the marriage of their daughter Roberta, class of 1947, to Mr. Robert Davidsen on Friday, August 27, 1948, at an eight o'clock ceremony in the Epiphany Lutheran Church in Elmhurst, Illinois. Mr. and Mrs. Davidsen are at home at 230 E. Wilson Street, Elmhurst.

Shirley Johnson and Mr. Loren H. Holzinger were married in the Little Brown Church of Nashua, Iowa, on Wednesday, June 9, 1948. Shirley was a member of the 1947-B class.

Mr. and Mrs. Rudolph Reschke announce the marriage of their daughter Ruth, class of 1947-B, to Mr. Rudolph Barta. The wedding took place in the Congress Park Methodist Church in Congress Park, Illinois, on July 10, 1948.

Miss Alma Ann Herman and Lieutenant John Burton Anderson were married on June 6, 1948, in Edgemont, South Dakota. Mrs. Anderson is a member of the 1948 graduating class.

Mr. and Mrs. Luke Burstra have announced the marriage of their daughter, Sybeline Eleanor, to Mr. Robert Gross. The wedding ceremony took place in South Holland, Illinois, at the First Christian Reformed Church on August 19, 1948. Mrs. Gross is a member of the class of 1947.

Mary Jane Shaddon and Mr. Stanley Robert Kerner were married on September 4, 1948, in a lovely afternoon ceremony in the Second Presbyterian Church in Chicago. The reception following the ceremony was held in Schweppe Residence. Mrs. Kerner is a member of the 1947 class.

Janet Conroy and Mr. Murry Heine were married in Chicago on August 28, 1948. Mr. and Mrs. Heine (Janet Conroy, class of 1947) will reside in Baltimore, Maryland.

Beulah Dittae (class of 1930) was married to Mr. Roland Spencer on August 8, 1948. They will make their residence in Paris, Illinois.

Grace Elinor Brannon, class of 1948, and Mr. Robert E. Vicha were married on Saturday, September 11, 1948 at Vaughn Chapel in Hines, Illinois.

Marion Elizabeth Haines and Mr. Joe B. Fox were married on Saturday, September 18, 1948, at a three o'clock ceremony in Grace Episcopal Chapel, in Chicago, Illinois. Mrs. Fox is a member of this year's graduating class.

Mr. and Mrs. Leath Postlewaite announce the marriage of their daughter, Doris Elizabeth, to Dr. W. Robert Elghammer, on Saturday, September 11, 1948. Grace Episcopal Chapel was chosen for the afternoon ceremony. Mrs. Elghammer is a member of the 1945 class, and Dr. Elghammer was a former interne at St. Luke's Hospital.

Mr. and Mrs. Mark McCaffrey have announced the marriage of their daughter Alice Louise, class of 1947, to Mr. Harold Lionel Esten, which took place on July 31, 1948. Mr. and Mrs. Esten are at home at 5807 Harper Avenue, Chicago, Illinois.

Adrienne Allison (class of 1948) and Mr. Roland W. Roberts were married in Grace Episcopal Chapel, Chicago, on August 25, 1948. Mr. and Mrs. Roberts will be residing in Chicago following the completion of Mrs. Roberts' training in September.

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Scientists now find that tight sweaters do not impair circulation. With some girls they seem actually to improve circulation.

## New Citizens

### Congratulations

Mr. and Mrs. Raymond Pexa (Mary Jean Gates, class of 1946) proudly announce the birth of a son, Jon David, born on September 3, 1948.

Dr. and Mrs. William Rhinehart (Virginia Dieck 43-A) of Philadelphia, Pennsylvania, announce the new arrival of a baby girl, Susan, weight eight pounds, one ounce on September 5.

Dr. and Mrs. James Salomon are proud parents of a baby girl who made her debut on July 2. Mrs. Salomon is the former Ahlene Groves, class of 1946.

Dr. and Mrs. James Riley are proud parents of a baby boy born at St. Luke's Hospital on July 18. Dr. Riley is on our resident staff, and Mrs. Riley is the former Margaret Eisiminger, class of 1942.

Mr. and Mrs. Grant (Ruth Munro, class of 1946) have a daughter born July 2 in St. Luke's Hospital.

Dr. and Mrs. Walter Bayard are the proud parents of a son. Dr. Bayard was a former interne here at St. Luke's. Mrs. Bayard is the former Janet Hill, class of 1946. Walter John was born on August 1 at St. Luke's Hospital.

A baby girl was presented to Mr. and Mrs. Ames on August 26 at St. Luke's. Mrs. Ames is the former Elaine Cooper, class of 1943.

William Wesley was born to Mr. and Mrs. Nicholas (Jean Armstrong—'43) on August 27 in St. Luke's Hospital.

Mr. and Mrs. Lang (Ann Breen, class of 1947) are the proud parents of a son born at St. Luke's in August.

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"How's your Mother?"

"Terrible. She's got chronic frontal sinusitis."

"Good Lord! Where did she get that?"

"From her cousin's medical book."

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After an exhausting night of care for a critically ill patient with a Munro drainage, the night nurse charted 1000cc saline added to tidal wave.

## Alumnae Doings

At the September 7 meeting of the Alumnae Association a letter of appreciation and thanks from Miss McConnell, Director of Nursing, St. Luke's Hospital School of Nursing, was read to the members.

Miss McConnell expressed her acceptance of the \$300.00 scholarship for one student in behalf of the School of Nursing. The Alumnae Association presented this scholarship from the Scholarship and Loan Fund to the School for one student to be selected by the Director of Nurses. The Association is to be kept posted as to the progress of this student who will strive to maintain and uphold all the standards of her profession and of the School which she will represent.

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Beneath the plaque "Margaret E. Johnstone Memorial Rooms" found on Main 7 will be added another inscription "Endowed by Alumnae Association, St. Luke's Hospital School of Nursing" which will grace the wall in the near future.

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Mrs. Myrtle Anderson Hult, President of the St. Luke's Alumnae Association, presented a letter to the members at the meeting held September 7 from Winston, Strawn, and Shaw, lawyers preparing the annual report for the Department of Internal Revenue. This organization has contributed their aforementioned services free of charge rather than their usual charge of \$100.00 for which the Alumnae are extremely grateful. Their request was that this money should be used in the furtherance of the nursing profession at the discretion of the Alumnae Association. Mrs. Rosemary Dace, Secretary, was appointed to write a letter of appreciation to the Winston, Strawn, and Shaw firm.

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A new ventilator is to be installed in one of the Margaret E. Johnstone Endowed Rooms. This gift was presented to St. Luke's Hospital by Mr. and Mrs. Horace A. Hunt (Gertrude Bochner, class of 1920.) The Alumnae members wish to express their thanks for this lovely addition to the Endowed Rooms.



## Alumnae Association Board of Director Meeting

Revisions Accepted  
Effective December, 1948

BY LAWS

### Article IV

Standing Committees

#### Section 7

The Publication and Press Committee shall have charge of the Editing, Printing and Circulation of the Alumnae Journal.

### Article V

Meetings

#### Section 2

Regular meetings of the Association shall be held on the first Tuesday of October, February, April, and June, the time and place to be selected by the Board and due notice sent to members.

### Article VI

Meetings

#### Section 6

Quorums

(a) Twenty members and two officers constitute a quorum for the transaction of business at any annual meeting of the Association.

### ODE TO NURSE

It's hard to keep from looking grim  
When everything goes wrong  
But if we try a little smile of cheer  
Or could lend a helping hand  
We might relieve the tension  
And help troubles disappear  
For just a bit of cheerfulness  
Can change the atmosphere—

A bunch of germs were hitting it up  
in the bronchial saloon.  
Two bugs on the edge of the larynx  
were jazzing a ragtime tune,  
While back of the teeth in a solo game  
sat Dangerous Dan Kerchoo:  
And watching his pulse was his Light-  
o-Love, that lady that's known as  
Flu.

Celetexer

## The White Organdy Cap

Alone I stood, it was quiet without,  
It didn't seem that a soul was about,  
Looked from my mirror to the books  
on my bed.  
I worked for that organdy cap on my  
head.

We all had to study, and often quite  
late,  
Before the exams which decided our  
fate,  
I'm glad now of all volumes I read  
Cause I wanted that organdy cap on  
my head.

"I got it! I got it!" I shouted that day,  
And vowed there was nothing would  
stand in my way;  
Though I was tired and my feet were  
of lead  
I thought with a smile of the cap on  
my head  
We complained of the pleats when  
they wouldn't lay straight  
Wished the end of ruching would just  
match its mate;  
"I'd never exchange it," we've tender-  
ly said,  
None can equal that organdy cap on  
my head.

And so much it means to me! It is  
true,  
The cap, the cross, the pin gold and  
blue,  
In the way of good nursing, I'll surely  
be led  
With the pleated white organdy cap  
on my head.

A group of small boys were talking  
and bragging as small boys will. The  
small fellow boasted to the group, "I  
was born in a hospital." "You were?"  
asked his companion. "What was  
wrong with you?"

A student nurse in a hospital wrote  
her mother a letter.

On getting the letter, her mother  
was badly upset:

"I can't understand it," she moaned.  
"We send our daughter a good allow-  
ance, and yet she writes home that  
she has had to do a lot of panhand-  
ling this week."

## The Stellate Block

Drs. Geza de Takats and N. C. Gilbert of St. Luke's Hospital, Chicago, have recently published their clinical findings in the emergency treatment of apoplexy by means of the stellate block and other auxiliary measures.

They have shown that immediate injection with a one per cent solution of procaine hydrochloride of the stellate ganglion at the seventh cervical vertebra on the same side as the cerebral lesion produced good response in nineteen out of twenty-five patients. Improvement consisted of regaining of consciousness, speech, and motor improvement.

Since, in apoplexy, a large part of the residual effect is due to edema with ensuing anoxia of brain tissue surrounding the hemorrhagic area, any procedure which would relieve the vaso-constriction early enough to prevent anoxic damage would greatly relieve these symptoms.

Before this treatment can be begun, however, a differential diagnosis must be made to determine the cause of apoplexy. This may be due to cerebral embolism, cerebral thrombosis, or cerebral hemorrhage.

In the case of an embolism, the onset is sudden, and the patient may present a history of previous embolic episodes, or some myocardial lesion may be known which could be a source of emboli. Usually the spinal fluid is clear, and there is no elevation of blood pressure. The average age for this group is lower due to emboli occurring as a result of rheumatic lesions of the heart.

In thrombosis, or "cerebral softening," a typical history may show the presence of cardio-vascular-renal pathology. A mild hypertension may be present. The onset is gradual, and unconsciousness occurs in about fifty per cent of the cases. The spinal fluid is clear. This group is diagnosed by first eliminating embolism and hemorrhage as the possible causes.

The onset in cerebral hemorrhage is most often sudden, and unconsciousness with deepening coma ensues. The blood pressure is usually high, averaging around 210 systolic and 120 di-

stolic. The spinal fluid may be bloody and increased in pressure.

The stellate block is never used when hemorrhage is known to be the cause of the cerebral accident, since, in this case, stasis of the flow is desired, and any dilatation of vessels would serve to increase the size of the clot.

With a successful block of the stellate ganglion, improvement is noted in ten or fifteen minutes with the presence of Horner's syndrome, that is, dilatation of the conjunctival vessels, and increase in warmth and color of face, ear lobes, and upper extremity on the side of injection.

Other auxiliary measures of treatment consist of relieving any difficulty in respiratory exchange by placing the patient in an oxygen tent. Elevating the foot of the bed with the patient flat or on his side facilitates drainage of mucus and secretion. This may be aspirated at regular intervals through a catheter. Intravenous fluids serve as nourishment and a source of fluid. A retention catheter will prevent bladder distention, and remove at least one contributing factor of decubitus ulcers.

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## AN OLD WOMAN'S FACE

As the wind sweeps the sand into furrows sublime  
So an old woman's face is etched by slow time.  
If I could but read those lines softly swirled  
I would then be aware of the ways of the world.

Sally Wilson

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At 10:30 A.M. the Rev. Dermeister will deliver a sermon on the theme "Evil Member in the Church." The choir will render the hymn anthem "Who Could It Be?"

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The inspector asked the boys of the school he was examining: Can you take off your warm overcoats?" "Yes, sir," was the response. "Can the bear take off his warm overcoat?" "No, Sir." "Why not?" There was a silence for a while, and then a little boy spoke up: "Please, sir, because God alone knows where the buttons are!"



## PHARMACOLOGY DIGEST

By Louis Gdalmán

### ANTISPASMODICS

#### 1. AMETONE (Abbott)

**Description:** 3-B-dimethylaminoethyl-3 phenyl-2-benzofuranone. HCL

**ACTION:** Smooth muscle spasmolytic, especially effective for the relaxation of spasms of kidney, ureter and urinary bladder. Animal experiments indicate 1/15 to 1/10 the potency to produce undesirable side effects such as pupillary dilations and lessening of salivary secretions. For use in the prevention and treatment of colic caused by spasm of smooth musculature of the renal pelvis, ureter, and urinary bladder resulting from urolithiasis, instrumentation, retrograde pyelography, indwelling catheters and packs.

**ADMINISTRATION:** Orally in capsules; intramuscularly (never I.V.) as injection. Side effects in sensitive ambulatory patient may be reduced by simultaneous administration of a small dose of a barbiturate. Supplied in 50 mgm. capsules; Each 2cc ampule contains 100 mgm.

#### 2. TUBOCURARINE CHLORIDE

Muscle relaxant, anticonvulsant, antispasmodic

**DESCRIPTION:** d-tubocurarine chloride. Physiological active curare alkaloid salt in sterile isotonic solution, each cc contains 3 mgm of d-tubocurarine chloride penthydrate.

**ACTION:** Muscle relaxant, anticonvulsant and antispasmodic, paralyzing or blocking neuromuscular conditions at the myoneural junction. The curare effect usually lasts about 15 to 20 minutes following a single IV dose of moderate size and somewhat longer after IM injection. For use as adjunct to general anesthesia to secure muscular relaxation: in conjunction with convulsive shock therapy of mental disease to prevent traumatic fractures and complications; for treatment of spastic and neurological disorders to relieve muscle spasms, reduce spasticity, dystonia and rigidity and to facilitate muscle training; as diagnostic agent in the differential diagnosis of myasthenia gravis to produce temporary exaggeration of symptoms.

**ADMINISTRATION:** IV administered as a uniformly sustained injection over a period of from 30 to 60 seconds. The IM route may be used in patients with difficult veins but curarization develops much more slowly. In anesthesia: for adults, 40 to 60 units (2 to 3 cc) by IV, followed by repeated smaller injections if necessary. In shock to soften convulsions: 1/2 unit per lb. body weight, IV. In spastic state: IM . 1/2 to 3/4 units per lb. body weight administered once, twice, three times daily. In manipulation procedures: same as shock therapy. In diagnosis of myasthenia gravis: 1/15 to 1/5 average adult shock therapy dose, IV.

**CAUTION:** Overdosage results in temporary respiratory paralysis and should be avoided. Prostigmine and physostigmine (1cc of 1:2000. IV) may be useful in event of small overdosage but are dangerous if excess curare is great. If respiratory paralysis should occur, prompt and effective artificial respiration with an assured free airway may be expected to carry patient through period of depression.

#### 3. TUBOCURARINE CHLORIDE IN PEANUT OIL WITH MYRICIN (Squibb)

**DESCRIPTION:** Quarternary curare alkaloid in suspension of peanut oil with myricin. Each cc contains 27 mgm (180 units) of d-tubocurarine chloride penthydrate.

**ACTION:** Paralyzes or partially blocks neuromuscular conduction at the myoneural junction; uniform and slow absorption affords prolonged relaxation. This permits physical therapy and muscle training under favorable conditions. For use in muscle spasms, myositis and arthritis; spasticity, as in degenerative diseases of the central nervous system; spinal cord injury, cerebromuscular diseases, and tumors of the brain and spinal cord; spasticity with dystonic features; rigidity, as in parkinson's.

**ADMINISTRATION:** Intramuscularly, administer total daily dosage in a single injection, using only 1 site.. Site of injection should be changed with each injection. An interval of at least 24 hours should elapse between injections. For adults: 1 cc. Muscle spasms somewhat higher and dystonia somewhat less; in cerebral palsy and rigidity about 3/4 cc; 1/10 cc in patients with amyotrophic lateral sclerosis. Dosage should be determined by clinical observation, the most effective dose without loss of voluntary motor power being chosen. For children: 1/4 cc as determined.

**CAUTION:** This is a dangerous drug.

#### 4. INTOCOSTRIN (Squibb)

Refer to Tubocurarine above.

#### 5. LUSYN (Maltbie)

Gastrointestinal antispasmodic, sedative, absorbent.

**DESCRIPTION:** Each tablet contains Homatropine methylbromide gr. 1/24, phenobarbital gr. 1/8, activated kaolin gr. 5.

**ACTION:** Effective gastrointestinal antispasmodic, sedative, gastric antacid and absorbent. For use in pylorospasm, spastic colon, and other spastic conditions of the gastrointestinal tract; as adjuvant therapy in peptic ulcer hyperchlorhydria.

**ADMINISTRATION:** Orally, one to two tablets 3 times daily before meals.

#### 6. NOVATRINE (Campbell Products)

**DESCRIPTION:** Each tablet contains gr. 1/24 Homatropine methyl bromide.

**ACTION:** Effective gastrointestinal antispasmodic and sedative. Similar to atropine but no deliterious side effects.

#### 7. TRASENTINE-PHENOBARBITAL (Ciba)

**DESCRIPTION:** Each tablet contains trasentine 50 mgm, phenobarbital 20 mgm.

**ACTION:** Effective antispasmodic and sedative providing the dual relaxant action of trasentin on smooth muscle along with mild central nervous system sedation to further reduce irritability and tension. For use in spastic states associated with hyperexcitability of the autonomous nervous system: spasm associated with peptic ulcers, spastic colitis, cholecystitis, mucous colitis, pylorospasms, etc.

**ADMINISTRATION:** Orally, one to two tablets 3 times daily.

### ANTITHYROID AGENTS

#### 1. THIOURACIL

**DESCRIPTION:** 2-mercapto-4-pyrimidone

**ACTION:** Inhibit the elaboration of thyroid hormone in the thyroid gland resulting in a lowering of the basal metabolic rate, with accompanying clinical and laboratory changes. For use as an aid in the preoperative preparation of hyperthyroid patients; in the control of hyperthyroidism when operation is inadvisable, refused, or unsuccessful.



**ADMINISTRATION:** Orally in dosages adjusted to individual requirements, usually 100 mgm 4 times daily, increased to 600 or 800 mgm daily if required then decreased to a maintenance dosage of 50 to 200 mgm as soon as feasible.

**CAUTION:** Leukopenia, agranulocytosis, drug fever, skin eruptions. Patients receiving the drug should be under close observation with frequent determination of the basal metabolic rate and regular white blood cell and differential counts.

## 2. DERACIL (Lederle)

**DESCRIPTION:** Thiouracil, refer to same above.

## 3. PROPYLTHIOURACIL

**DESCRIPTION:** 6-n-propyl-2-thiouracil

**ACTION:** Inhibits the endocrine function of the thyroid gland. Lowers the basal metabolic rate and in suitable dosage, maintains it at a normal level. For use as an aid in the preoperative preparations of the hyperthyroid patients; in control of hyperthyroidism when operation is contraindicated.

**ADMINISTRATION:** Orally, and initial dosage of 100 to 200 mgm at intervals in doses of 50 mgm each. When optimal dose has been determined, it should be continued until symptoms are controlled. For maintenance, 50 to 75 mgm daily will usually be sufficient. When propylthiouracil is given to patients pretreated with iodine, or to patients with toxic adenomatous goiter, a period of 30 to 60 days should elapse before concluding that propylthiouracil is ineffective or before increasing dosage above 200 daily.

**CAUTION:** Agranulocytosis, leukopenia, drug fever and skin eruptions. Incidence of toxic reactions is less than 2% with propylthiouracil as compared to 5 to 15% with thiouracil.

# FOLIC ACID THERAPY

## 1. FOLIC ACID Hemopoietic

**DESCRIPTION:** Pteroylglutamic Acid. Synthetic L. Casei factor, a member of the vitamin B complex, yellow powder.

**ACTION:** Folic Acid has been demonstrated to be effective in producing amelioration of the blood picture in a number of macrocytic anemias, including sprue, gestational macrocytic anemia, macrocytic anemias of gastrointestinal origin and the macrocytic anemias associated with pellagra and similar deficiency states. Folic acid, whether given by mouth or parenterally, stimulates specifically the production of red blood cells, white blood cells, and platelets in persons suffering from macrocytic anemias. It would appear that folic acid is the first choice in all macrocytic anemias except pernicious anemia, where a combination of folic acid and liver extract is superior to either alone.

**ADMINISTRATION:** Orally, for adults in relapse, 10 to 20 mgm daily; for maintenance of patient in remission, 5 to 10 mgm daily; for children, 5 to 10 mgm daily. Intramuscularly, alone or combined with liver injection, 1 cc (15 mgm) daily.

## 2. FOLVITE (Lederle) Folic Acid

## 3. FOLIC ACID WITH IRON FOLVRON (Lederle)

## 4. HEMOSULES (Warner)

**DESCRIPTION:** Each capsule contains ferrous sulfate, folic acid, Liver concentrate, and vitamin B complex.

**ACTION:** Provides iron with essential vitamins and liver for the effective treatment of secondary hypochromic anemias. For use in nutritional deficiencies,

the secondary anemias encountered during or following pregnancy, in gastrointestinal disorders, in acute and chronic infections, in pre- and post-operative patients.

ADMINISTRATION: One to two, 3 times daily

**5. MILIFERIN** (Miller)

DESCRIPTION: Hematinic with vitamin B complex and liver.

Refer to Hemosules.

**6. RONUVEX** (Kremers-Urban)

ACTION: Provides iron, copper, together with important factors of the vitamin B complex, folic acid and liver. For use in the prophylaxis and management of hypochromic and nutritional anemias. Refer to Hemosules.

**7. SOLUTION SODIUM FOLVATE AMPULS** (Squibb)

DESCRIPTION: 1 cc ampul contains 15 mgm folic acid as sodium salt.

ACTION: Refer to folic acid above.

**8. FOLICUPRIN** (Kremers-Urban)

DESCRIPTION: Hemopoietic, Hematinic. Each tablet contains folic acid 2 mgm, ferrous sulfate ex. 200 mgm and copper sulfate 6 mgm.

ACTION: Refer to folic acid.

ADMINISTRATION: One after each meal.

**9. FOLIX-B** (Cutter)

DESCRIPTION: Each tablet contains folic acid, ferrous gluconate, and vitamin B Complex.

ACTION: Refer to Mefosules.

**10. HEPTERYL** (Kremers-Urban)

DESCRIPTION: Contains folic acid 5 mgm dissolved in 15 units liver extract injection USP

ACTION: Provides antianemia principle of liver and folic acid. For use in inducing remission and maintaining normal erythrocyte levels in pernicious anemia and other macrocytic anemias.

ADMINISTRATION: 1 cc IM

To Be Continued

Louis Gdalan, Asst. Director Pharmacy, St. Luke's Hospital.  
Chemistry Instructor, School of Nursing.



## CHAIRMEN AND COMMITTEE MEMBERS

Alumnae Association, St. Luke's Hospital School of Nursing

1948

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\*List of committee members is incomplete

# THE ALUMNAE

of St. Luke's Hospital School  
of Nursing  
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Evanston, Illinois

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St. Luke's Hospital,  
1439 S. Michigan Ave.,  
Chicago 5, Ill.



# The Alumnae



DECEMBER 1948

# Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1948

		Term Expires
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6711 Merrill Avenue, Chicago 49		
Miss Elizabeth Vickery	HA rrison 7-8209	1949
1142 S. Michigan Avenue, Chicago 5		
Mrs. Ruth Grant	DI versey 8-8050	
612 Patterson Street Chicago		

## Alumnae Pledge



### An Assurance of Loyalty

With understanding of and the belief in the  
 aims and purposes of the Alumnae Association of  
 St. Luke's Hospital School of Nursing, I do sol-  
 emnly affirm, that I will endeavor, by my daily  
 life and service, to honor always the profession of  
 which I am a member.



# THE ALUMNAE

Official Organ of  
The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

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Vol. LVI

Evanston, Ill., December 1948

No. 24

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## DEDICATION

The December issue of the Journal is dedicated to Miss Adelaide Nutting, "a creative leader and a pioneer in advanced nursing education." We, the members of the nursing profession, are deeply indebted to Miss Nutting for the great contributions she has made in establishing and maintaining a firm foundation in modern methods of nursing education.

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Entered as second class matter June 17, 1941 at the post office at Evanston, Illinois, under the Act of March 3, 1879. Issued five times a year in February, April, June, October and December, at 1033-35 University Pl., Evanston, Illinois. Subscription price 50 cents a year, or included in the annual dues to members.

## In Honor . . .

On October 3, 1948, Miss Adelaide Nutting, a great leader in nursing education, passed away. It was mainly through her foresight and knowledge that nursing has evolved into one of the most distinguished of all professions now open to women.

She was born in Canada in 1858, the daughter of a cultured English family. Her academic work was devoted to music and the fine arts. At the age of thirty, following the death of her mother, she decided that she would devote her life to a more worthy cause. Thus, in 1889 Miss Nutting entered the John Hopkins' Training School for Nurses in Baltimore, Maryland, from which she graduated two years later.

Following graduation she served as head nurse in her own hospital for two years and then appointed assistant superintendent for five years. In 1894 she was appointed Superintendent of Nurses and Principals of the Training School of John Hopkins.

Her achievements and accomplishments at John Hopkins were many, and through her initiative and leadership other training schools in the country were influenced to set a higher standard for nursing. She was instrumental in abolishing the twelve-hour day for students and in inaugurating a three-year training period for student nurses which heretofore had consisted of a two-year course in which no emphasis had been made on the scientific education of the potential graduate nurse. Miss Nutting believed the main functions of the training school was education, and it was during this time that our modern pre-clinical period was begun. Student nurses were now charged tuition which in turn enabled the school to have clinical instructors in science and

nursing arts.

In addition to her pioneer work in basic nursing education Miss Nutting was also a leader in the Maryland State Nurses' Association and was one of the persons responsible for the legislation of regulating nurses in her state which was the beginning of modern state registration. Her leadership qualities were unsurpassed; she served as Secretary of the American Society of Superintendent of Training Schools for Nurses and President of the American Federation of Nurses.

Nursing libraries were poorly equipped in the early twentieth century, and Miss Nutting established historical libraries at her own nursing school and later at Teachers' College. In 1907, "A History of Nursing" was written jointly by Adelaide Nutting and Lavinia Dock. Another literary contribution of Miss Nutting's was "A Sound Economic Basis for Schools of Nursing."

To Adelaide Nutting goes the honor and distinction of being the first nurse who served as a university professor and director of the first department of nursing education created in any college or university. In 1910 nursing education facilities were enlarged at Columbia with the additions of Annie Goodrich, Lavinia Dock, Ella Crandall, and Isabel Stewart to the staff.

During World War I Miss Nutting was appointed chairman of nursing under the National Defense Council by President Wilson. In 1918 she was awarded the Liberty Medal by the National Institute of Social Sciences and the American Social Service Association. In 1934, she was elected honorary president of the Florence Nightingale International, London, England.

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## I Like Americans

I like Americans.

You may say what you will, they are the nicest people in the world. They sleep with their windows open. Their bath-tubs are never dry.

They are not grown up yet. They still believe in Santa Claus.

They are terribly in earnest.

But they laugh at everything. They know that one roll does not make a breakfast.

Nor one vermouth a cocktail.

I like Americans.

They smoke with their meals.



Although Miss Nutting retired from nursing in 1925, she maintained an active interest in national and international nursing organizations.

Mary Adelaide Nutting was no doubt one of the most scholarly and distinguished leaders in her profession. The progress which nursing has made in the present century can be attributed in great part to this pioneer in nursing education. The nursing profession shall strive to uphold the noteworthy ideals and standards to which Mary Adelaide Nutting devoted her life.

## Uniform Tea

Reminiscent of many another momentous occasion, the Preclinical Uniform Service was held in Grace Church on October 29, 1948, followed by a reception in Schweppe, Ryerson Lounge. To the seventy-four pre-clinical students, class of 1951-B, this was their day: happy, proud and "uniform" not only in dress but in their efforts and aims in the nursing profession.

In a short address, Miss Emily Cardew, Assistant Director in charge of Nursing Education, stressed the responsibility and honor connected with the wearing of the uniform, reemphasizing that to grow professionally, "spirit" must likewise grow in order to be the basis of support for "skill and science."

Important as milestones to the student's progress, these services have a powerful effect on the graduate attending and participating. Perhaps we all have need of re-dedicating ourselves to the ideals and seriousness of purpose we felt so keenly as pre-clinicals.

## Diamond Jubilee

The American Nurses' Association designated the week of November 14

to 20 as "Nursing Progress Week" in accordance with the Diamond Jubilee of Nursing which was inaugurated in November. November 16 is to be celebrated as "Linda Richards' Day." Miss Richards, America's first professional nurse, was graduated from the New England Hospital for Women and Children in Boston, 1873.

Special observances have been arranged for the individual districts and nursing schools as well as libraries, museums, women's clubs, health agencies, medical associations, and alumnae associations.

St. Luke's Hospital loaned their collection of historic uniforms including those worn by Linda Richards and Florence Nightingale which were used in the pageant held at Cook County Hospital on November 19. Four veteran nurses were on hand to receive guests: Mrs. Grace Fay Schuyver, class of 1891; Miss Emma Holland, class of 1892; Miss Sara Barclay Peace, class of 1910; and our own Harriet Fulmer, first president of the Illinois State Nurses' Association.

This celebration has endeavored to show the facets in the nursing profession to the American public and appropriate celebrations will continue to be held throughout the year by various nursing organizations. Every community in the United States will be made aware of professional nursing's illustrious past and its progress during the seventy-five years since the first professional nurse was graduated. Public interest will be aroused in our need for economic security and legislative programs as well as obtaining new recruits for the nursing schools.

We hope that all members of the nursing profession will participate to make this celebration truly a jubilee of which we shall all be proud.

The Italians are nice.  
But they are not so nice as the Americans.

They have been told that they live in a warm climate.  
And they refuse to heat their houses.  
They are forever sobbing Puccini.  
They no longer have lions about, to prey on Christian flesh.

But they have more than sufficient supply of certain smaller carnivora.  
And if you walk in the street alone, somebody pinches you.

I like Americans.  
They give you the matches free.

The Austrians are nice.  
But they are not so nice as the Americans.

## March of Time

1899

We received a very interesting and newsy note from Adda Eldridge in Pittsburgh. She spent six lovely weeks in Cobalt Lodge in the Connecticut Valley and writes that she reads and looks forward to each issue of the Alumnae Journal. Miss Eldridge keeps in contact with many of the St. Luke's Alumnae and mentions a few friends from whom she has recently heard: Mrs. Mary Cardell Currant; Mrs. Thomas B. McClelland (Florence Blodgett, 1917, Miami, Florida); Miss Ella Best (1915) Long Island, New York; Harriet Young, 1915, Wilkes Barre, Pennsylvania; Helen Jones; Mrs. Babbett Jennings, who has been ill in Rock Island; the Andy Benson's who have moved to California; Lena Jacobs, 1915, Chicago; and many others. We enjoy hearing from you, Miss Eldridge, and we shall welcome any further news you may wish to contribute to the Alumnae members.

1908

Hettie Gooch attended a four-day conference of the Illinois Welfare Association in Peoria, Illinois.

1910

Julia Gable returned to Chicago after a summer in Nichols, Iowa.

1914

Mildred Weissmiller and Eve Morkill spent part of their vacation with Ruth Sackett Zinke (1921) at Lake Winnebago Park, Fond du Lac, Wisconsin. The Zinke's are planning a trip to Guatemala this winter.

1917

Elba Peters is now residing in Tacoma, Washington.

1919

Minnie L. Young is now living in Chicago. She was formerly of Neoga, Illinois. We hope Miss Young will stop in at St. Luke's for a visit with old friends.

1923

Caroline Gates is residing in St. Louis, Missouri.

1924

Avis Van Lew has resigned her position as Director of Departmental Nursing at the Medical Center in Kansas. She is now employed as chief nurse at the U. S. Marine Hospital in Boston, Massachusetts.

Rose Stettler is in the Central Supply Room in the Mount Sinai Hospital.

Dorothy Shelp, who is in the Home for Incurables, had many lovely cards from her friends on her birthday.

Gertrude Sillar, who is still at St. Francis Hospital, Santa Barbara, enjoys hearing from her friends.

Edna Plambeck is with the Veterans' Administration Hospital in San Fernando, Calif.

1926

Ferne Hobson Wilden and Nell Reimer of Florida attended the Public Health State Convention in Tampa, Florida.

1928

Mrs. G. F. Barron (Marlea O'Connor) and her little daughter had a lovely visit with Eve Morkill (1914) recently. Mrs. Barron is residing in Berwyn, Illinois.

1929

Celia Johnson Diller is now residing in Princeton, Illinois.

Alice Berryhill Wallace is County Nurse in Riverside, California.

1930

Helen Spinka Rutherford with Mrs. Wilson left Chicago to drive to California on November 1st. In Canyon, Texas, they were struck by a car, receiving injuries which necessitated hospitalization. Long before this is printed, we hope both have recovered and returned to our fair city.

They eat sausages between the acts  
at the opera.

But they make you go out into the  
snow to smoke.

They are gentle and friendly. They  
will walk ten blocks out of their  
way to show you your way.

But they serve you paper napkins at  
the table.

And the sleeves of their tailored  
blouses are gathered at the shoul-  
der.

And the don't know how to do their  
hair.

I like Americans.

They dance so well.

The Hungarians are nice.

But they are not so nice as the Amer-



1931

Gertrude Serpiman Bradshaw now lives on a ranch in Quinda, California.

1932

Norma Thompson was present at the St. Luke's Fashion Show as a "vitally interested spectator." However, her interest was more than casual; she is supervisor in charge of "courier nurse" service for the Santa Fe railroad which furnished the scenery for this year's fashion show. Miss Thompson travels almost constantly, interviewing applicants in various cities and has just recently returned from Sun Valley.

1933

Emma Burchardt Morrow is in charge of Attendant Training Program in the Veteran Administration Hospital, Palo Alto, California. "Our work here is psychiatric — opportunity is unlimited for nurses in Veteran Administration. I see Ruthanne Osbourne occasionally. Regards to all 1933."

Lt. Commander Mary Ann Harrington, who is stationed at the United States Naval Hospital, St. Albans, New York, was in town for a short time. She informed us that she will be going to sea for two years. Bon voyage, Commander, and happy landings!

1934

Marie Fener served University Hospitals, Iowa City, Iowa, as Acting Director, December 15th.

1938

Luverta Neuschwanger Barnes is now roughing it in a log cabin in the mountains in California and loving her wedded life. Her husband is an accountant for the Oregon House Lumber Company. Mrs. Barnes recently visited St. Luke's.

1940

Helen Renkes is O. R. supervisor in a hospital in Morrison, Illinois.

1941

Mrs. Sylvia Sward Purvis visited St. Luke's in September. Mrs. Purvis resides in Wichita, Kansas.

Miss Mary Stypul, after five years in the service, is now doing private duty in Hawley Hospital.

1943

Erminia Barbara Gwozdz will be vacationing in Florida and Havana, Cuba. We all certainly envy Miss Gwozdz and will be with her in spirit as we buck our oncoming cold Chicago weather.

Erma Hillger Gross is attending Emmanuel Missionary College in Berrien Springs, Michigan.

Mrs. Betsy (Ripley) Carroll is now working at the Medical Center in Kansas City, Missouri, in charge of Central Supply.

1945

Mrs. Lind Stegner is head nurse in obstetrics at Bethesda Hospital, St. Paul, Minnesota.

1946

Wilma Bennington writes us that she will be residing in Bethel, Alaska, for the next year. Wilma says that any hospital news will be welcome and appreciated.

1947

We are sorry to hear that Miss Evelyn Rogers has left for Florida to care for her father who is ill.

1947

Margaret Swanson and Lois Mohrman are now working in sunny California.

Lois Matz is taking a post-graduate course in pediatrics at the University of Chicago.

icans.

They make beautiful shoes.

Which are guaranteed to squeak for a year.

Their native tongue is like a typewriter in the next room, and every word beginning with the shift-key.

Their wines are too sweet.

I like Americans.

They are the only men in the world, the sight of whom in their shirt sleeves is not rumpled, embryonic,

and agonizing.

They wear belts instead of suspenders.

The French are nice.

But they are not so nice as the Americans.

They wear the most charming frocks in the world.

And the most awkward underclothes.

Their shoes are too short.

Their ankles are too thick.

## ENGAGEMENTS . . . . .

Virginia Baker, class of 1948, and Mr. Arthur Deutscher of South Bend, Indiana, will be married in the near future.

Miss Olive Frost, class of 1928, and Mr. Henry Richardson will be married on December 11, 1948.

### New Citizens — Congratulations

Mr. and Mrs. Cornelius Verduin proudly announce the birth of a daughter, Karen, on October 1, 1948, at St. Luke's Hospital. Mrs. Verduin is the former Agnes Wiersma, class of 1947.

\* \* \*

Mr. and Mrs. Knapp (Elaine Downer, 1947) are the proud parents of a baby boy born on September 29 at St. Luke's.

\* \* \*

A boy was presented to Mr. and Mrs. Hansen (Hazel Woods, 1940) on October 28 at St. Luke's Hospital.

\* \* \*

Mr. and Mrs. E. W. Kuenzi (Viola Andler, 1945) are the proud parents of a son, William Thomas, born on October 13 at Madison, Wisconsin.

\* \* \*

We wish to congratulate Dr. and Mrs. A. Reid Morrow who became the proud grandparents of a baby boy born to Mr. and Mrs. Robert Gullbrandsen (their daughter).

---

Our very efficient student health service has blossomed out with a new machine of which they are justly proud. It is an ultra violet ray shower. They are in the process of doing a survey on it, and we have heard rumors that it will be available to all of us after while. It may not be necessary to go to Florida after all.

---

They are always forgetting where they put their razors.  
They have no street-corner shoe-shining places, where a man can be a king for five minutes every day.  
Nor any Sunday supplement.  
Their mail-boxes are cleverly hidden slits in the wall of a cigar-store.  
They put all their cream into cheese.  
Your morning cup of chicory is full

### Wedding Bells

Mr. and Mrs. Einar Gregersen announce the marriage of their daughter, Ruth, to Dr. Howard Christofersen on Saturday, October 16, 1948, at the Gethsemane Lutheran Church in Cicero, Illinois. Mrs. Christofersen, class of 1947, is assistant head nurse on Main 12 and Dr. Christofersen is resident pathologist at St. Luke's Hospital. Dr. and Mrs. Christofersen are residing in Hyde Park.

\* \* \*

Rev. and Mrs. Martin H. Mueller announce the marriage of their daughter, Maxine (class of 1947) to Dr. Clarence Foreman Webb (former St. Luke's interne) on Saturday, October 30, 1948, at the Emmanuel Evangelical Lutheran Church in Dwight, Illinois. Mrs. Webb was formerly assistant head nurse in the obstetrical department at St. Luke's.

\* \* \*

Mr. and Mrs. W. Barton Webster announce the marriage of their daughter, Helene (class of 1946) to Mr. Ralph Herbert Cook on August 28, 1948 in Covington, Kentucky.

\* \* \*

Grace Elinor Brannen and Mr. Robert E. Vicha were married in Vaughn Chapel, Hines, Illinois, on September 11, 1948. Mrs. Vicha was a member of the 1948 class.

\* \* \*

Miss Ida Svete (1948) and Mr. Leo Hill were married in September, 1948.

\* \* \*

Luverta Neuschwanger (class of 1938) and Elford Barnes were married on July 3 at the St. John's Chapel in Monterey, California.

\* \* \*

Eleanor Dro, class of 1940, and Mr. Earle Shore were recently married; they are now living in St. Louis, Missouri.

---

of boiled strings.  
If you want butter with your luncheon, they expect you to order radishes.  
And they insist on serving the vegetables as if they were food.  
I like Americans.  
They make a lot of foolish laws.  
But at least their cigarettes are not rolled by the government.



## Nursing for the Future

Review: By Miss Emily C. Cardew,  
Assistant Director In Charge of  
Education

By Esther Lucile Brown, Ph.D.,  
Russell Sage Foundation, New York,  
1948.

One of the most significant developments in nursing in this century has been the recent survey of societies' nursing needs, and the published report of the findings and recommendations.

This study, which was instigated by the National Nursing Council, Inc., in an attempt to determine the causes of inadequate nursing services, was financed by the Carnegie Corporation, and directed by Dr. Esther Lucile Brown, Director of the Department of Studies in the Professions, of Russell Sage Foundation. Dr. Brown is well known in the field of Professional studies, and is author of six earlier books, *Social Work as A Profession*; *The Professional Engineer*; *Nursing As A Profession*; *Physicians and Medical Care*; *Lawyers and The Promotion of Justice*; and *Lawyers, Law Schools, and the Public Service*. The last of these, like the present study, is an attempt to discover how education for an essential profession can be molded to meet the present needs of society.

In accepting the assignment to direct a study of nursing and nursing education, Dr. Brown stipulated that she must be free to present the **needs of society** as she found them and not, necessarily, the interests of nurses. In spite of this "sociological objectivity," Dr. Brown has, in her report, been sensitive to, and sympathetic for nurses' needs — implying that **society's needs** and **nurses' needs** are not antagonistic.

The study was conducted by ex-

haustive visits to schools of nursing, hospitals, health agencies, and by conferences with nursing educators, workers in general education, social workers, hospital and university administrators, and all types of interested and informed persons. In addition, three large group conferences of these personnel were held, and Dr. Brown had the benefit of this group thinking.

Many nurses were privileged to hear a "progress report" by Dr. Brown at the Biennial convention and were eager for the published report. The report was available in September 1948, and was so well received that a second printing was necessary in October 1948.

That the report is receiving wide circulation among the nurses and lay people is a source of extreme satisfaction to nursing educators. The findings and recommendations in the report probably represent the directions that our planning will take. Most of the recommendations are not new in our thinking; they do point the way more clearly than has been done before, and substantiate the needs for changes. Broadly outlined, the recommendations include the following areas:

1. Sound legislation and education for practical nurses.
2. **Decrease** in the number of professional nursing schools. (Where a sound educational program is not feasible.)
3. Improvement of existing nursing schools, whose present programs warrant their continuance.
4. Ultimate centralization of professional nursing schools within an institution whose primary purpose is education.
5. Accreditation of those schools which meet professional standards.

The material of which the French make their cigarettes would be used in America to enrich the fields.

In the city the French are delightful. They kiss in the cafes and dine on the sidewalks.

Their dance halls are gay with paper ribbons and caps and colored balloons.

Their rudeness is more gracious than other people's courtesy.

But they are afraid of the water.

They drink it mixed with wine.

They swim with wings.

And they bathe with an atomizer.

Their conception of a sport suit is a black taffeta gown, long gloves with fringe on, a patent leather handbag, and a dish-mop dog.

In the country they are too darned funny for words.



6. Improvement in working and living conditions and status for all nurses.
7. Equitable distribution of nursing service.

All of these recommendations have implications for schools of nursing, graduate nurses, and for the public. It behooves every nurse, who wishes to consider herself a well-informed woman to become familiar with this report. Educators, hospital administrators, and physicians are reading the book, and talking about it. The nurse

who is not informed will find herself at a loss until she has become thoroughly familiar with the report.

The report is so well written, with such beautiful simplicity and directness of style that the reading becomes, immediately, a pleasure instead of a chore to be accomplished. In spite of the tremendous depth of Dr. Brown's analysis, she has succeeded by her skill in the use of the English language to make this report a book which will be read with pleasure, and with understanding.

## FROM THE CORRIDOR'S OF ST. LUKE'S

It is a constant source of amazement to this writer to find that so many things can happen here at St. Luke's in a short two months.

We have had some farewells to say and some hellos, and many new friends to make.

Miss Ona Egar and Miss Dorothy Kernchen have recently left the staff. We will be waiting to hear from them and will undoubtedly be envious of the Florida sun that they will be absorbing.

Miss Esther Sanchez has returned to the staff as assistant head nurse on Main 17. We understand that she is still in love with Mexico.

Miss Marjorie Johnson is now head nurse on Main 12, and Miss Mary Schatzka is head nurse on Main 14. Good luck, girls!

Many of our graduates have taken advantage of the opportunity to live in Schweppe during the housing shortage. We have heard rumors that some of them have branched out into other professions while living there.

We aren't really advertising, but Miss Kay Mortell had given many of the graduates becoming short hair cuts. Miss Doris Rae had spent many of her free Monday evenings giving successful home permanents, and we can expect to see Miss Marian Hermance packaging and selling popcorn at almost any near date.

Mrs. Lucille Narva is now head nurse on Main 16, and Miss Virginia Baker had finished her tour of shift duty and is assistant head nurse on Main 16.

Last month we told you about the new tile floor on Main 6. Now they are in the process of getting one of the wonderfully equipped electric kitchens. We are at a loss as to figure out how or why Main 6 seems to get all of the latest in looks. Who knows what on whom?

Miss Annette Van Gorder has returned to the staff as assistant head nurse on Main 15. Welcome back.

Madison, Wisconsin, has attracted Miss Evelyn Vande Meyde who has recently left our staff.

I like Americans.

They carry such pretty umbrellas.

The Avenue de l'Opera on a rainy day is just an avenue, on a rainy day.

But Fifth Avenue on a rainy day is an old-fashioned garden under a shower.

The French are a jolly lot.

Their cities have no traffic regulations.

And no speed limit.

And if you get run over, you have to

pay a fine for getting in the way.

But they have no ear drums.

Paris is the loveliest city in the world. Until she opens her mouth.

Should the French go fourth to battle armed with only their taxi horns, they would drive all before them.

I would lieber live in a hammock slung under the "L" at Herald Square, than in a place within ear-shot of the Place de la Harmony.



Dr. Robert Gilbert has returned to the medical staff at St. Luke's, and is working with his father, Dr. N. C. Gilbert.

Miss Marie Steinke is now the supervisor in charge of graduate nurses, and even though we are happy over her promotion, we still miss her on the general floors.

Miss Elizabeth Walling, who was assistant head nurse on C. floor, has returned to her home in the state of Washington.

Miss Jean Bulow is now head nurse on Main 17. We are all left with the impression, though, after having a long or short talk with Jean, that her heart still belongs to California.

We can still see the daily progress on the new clinic building from many of the windows in the Main building. We know that although everyone is anxious to see the finished structure that the people that will be working there are doubly anxious.

Our telephone operators have been very successful in locating interns these days for they know just where to find them. It seems that someone has given the intern's lounge on Main 4 a television set of which they are very proud and which is in constant use.

Several of our Alumnae members have been on the sick list in St. Luke's Hospital during September, October, and November. We wish a speedy recovery and a pleasant convalescence to Mrs. Doris Holdren Means, class of 1928, Miss Marion Hermance, class of 1946, Mrs. Herbert B. Behr (Bessie Craig), class of 1918, Mrs. Edna Travers, class of 1926, Mrs. Ida Keating, class of 1928, Mrs. P. J. Fitzmaurice (Leona Brall), class of 1919, and Miss Frances Burgess, class of 1947.

Miss Marian White, Librarian in the School of Nursing Library, has recently resigned her position, and all

of us here at St. Luke's will miss her. Miss White, together with Dr. John Lindquist led the Great Books Discussion held in Schweppe House. Miss Mary Campbell is the new librarian, and we are happy to welcome her.

Miss Anna Armstrong, Social Service Director at St. Luke's for twenty-six years, resigned in August.

Dr. Foster McMillan was recently appointed Clinical Associate Professor of Surgery at the University of Illinois.

We are all happy to welcome Dr. A. T. Held back to the St. Luke's staff as house resident on the medical service.

Congratulations are in order for Dr. Harl Matheson on his new position with Dr. Scupham. We also think that lovely, new black car adds to the prestige of the parking lot adjacent to the hospital.

Miss Laetitia Roe, former Supervisor of Psychiatry, left St. Luke's in August to carry on with advanced study in psychiatry at the University of Pittsburgh under the U.S. Public Health program.

Dr. Guy V. Pontius recently attended the Utah State Medical Association and conducted the Cancer Clinic in Savannah, Illinois.

The George W. Hall Memorial plaque was unveiled outside the Electroencephalographic Department on the sixth floor of the Michigan Building. The bronze plaque reads: "This Electroencephalographic Laboratory was established in memory of Dr. George W. Hall through whose vision the Psychiatric Unit was founded."

On September 15 St. Luke's School of Nursing welcomed seventy-five members of the new student class.

We have just received word that Helen Rutherford is now recuperating in the nurses' infirmary on Main 13. All our best wishes for a speedy recovery, Mrs. Rutherford.

I like Americans.

They are so ridiculous.

They are always risking their lives to save a minute.

The pavement under their feet is red-hot.

They are the only people in the world who can eat their soup without a sound as of the tide coming in.

They sell their bread hygienically wrapped.

The Europeans sell it naked.

They carry it under the arm.

Drop it and pick it up.

Beat the horses with it.

And spank the children.

They deliver it at your apartment. You find it lying outside your door on the door-mat.

And Europeans hotels are so hateful and irritating.



## In Memoriam

St. Luke's Alumnae Association extends heartfelt sympathy to Mrs. Edna Youells Fralick, class of 1912, in the recent death of her husband, Syles R. Fralick, on Tuesday, October 26, 1948. Mr. Fralick was the founder and president of two electrical supply firms: S. R. Fralick and Company and Kwikon Company in Chicago, Illinois.

\* \* \*

St. Luke's Alumnae Association extends deep sympathy to Ethel Zemlika Cole, class of 1924, in the recent death of her mother after a very long illness.

\* \* \*

St. Luke's Alumnae extends sincere sympathy to Mary Everett, class of 1921, in the recent loss of her sister in New Jersey.

\* \* \*

It is with sincere regret that the St. Luke's Alumnae Association received the news of the death of Mrs. Warren C. Durkes (Susan C. Steel, class of 1912) on November 2, 1948, in Kenilworth, Illinois. She leaves a son, Richard Durkes. Her burial took place at Dixon, Illinois, her former home.

\* \* \*

St. Luke's Alumnae Association extends heartfelt sympathy to Mrs. Lucia Marlette de la Cruse, class of 1928, who recently lost her father.

\* \* \*

St. Luke's Alumnae Association wishes to extend sincere sympathy to the family and friends of Martha Smart, class of 1902, who passed away in Paxton, Illinois on October 22, 1948.

\* \* \*

St. Luke's Alumnae Association extends deep sympathy to Emily Mus-sen, class of 1933, who lost her sister,

Elizabeth, in Hamilton, Ontario, in October.

\* \* \*

It is with deep sorrow and sincere regret that we hear of the death of Grace Middlemiss, class of 1910, in September in Hibbing, Minnesota.

Her beautiful and useful life was spent as a faithful public servant. Her life works are a living monument to the people of Hibbing who had witnessed the many examples of her charity; her sympathy to the incapacitated, her sacrifices to help the less fortunate in the lonely recesses of the out-of-the-way places performed despite the many physical handicaps. She lived by the highest ideals of her profession, and they inspired the confidence of those with whom she constantly came into contact in all walks of life.

Her community is better and finer because she passed that way. One of her schools is giving in her memory a scholarship to a student nurse in Hibbing Hospital; another school sent a Care Package abroad in her memory; her church is to have a memorial in her honor.

It may well be said of Miss Middlemiss:

"Not how did she die?  
But how did she live?  
Not what did she gain?  
But what did she give?"

Miss Middlemiss will always live with us in memory for her beautiful life of service.

It is with sincere sorrow that we learned of the death of Dr. Percy Ross, Senior attending Otologist, Laryngologist, and Rhinologist on the St. Luke's Hospital Medical Staff, on September 28, 1948.

There is never an ash-tray in your  
bedroom.  
Nor a waste-basket.  
Nor a cake of soap.  
No sweet little cake of new soap all  
sealed in paper!  
Not even a sliver left behind by a  
former guest.  
No soap.  
No soap at all!

And there's always a dead man in a  
blanket across the head of the bed.  
And you can't get him out. He's tied  
there.  
And the pillow-slips are trimmed with  
broken buttons.  
That scratch your ear.  
Then there are their theatres.



Dr. Ross was extremely active on the medical staff and gave a good deal of time to the out-patient clinics.

Funeral services were conducted in the La Grange Congregational Church and burial took place at Akron, Iowa.

St. Luke's Alumnae Association extends heartfelt sympathy to the Ross family.

\* \* \*

St. Luke's Alumnae Association wishes to extend deep sympathy to Dr. Matthew Kiley in the recent death of his wife on October 18, 1948.

\* \* \*

St. Luke's Alumnae Association is saddened by the passing of one of its most beloved members, Jessie Lawrie — "Annie Laurie" to her intimate friends, on October 21, 1948. She passed away in sleep while visiting with her friend in Philadelphia. She was a great builder of friendships — her charm and lovely disposition are seldom combined in one personality. Her Professional skill in bedside care of the sick will not be matched, and

through this service St. Luke's School of Nursing grew to a high standard in the nursing world. Her contacts in all walks of life brought happiness and joy to thousands. Her life was a symbol of service to others. She was gifted with a sense of humor and her laugh was music.

The graduates of St. Luke's Hospital are privileged to pay high tribute to Jessie Lawrie. We are sad for a time but glad she left behind the lovely presence of one who has not really gone away.

Adieu and Goodbye "Annie Laurie."

Harriet Fulmer,  
class of 1895

Ed. Note:

Miss Lawrie, class of 1896, enlisted as a nurse in the Spanish American War and served in Leiter Hospital in Chattanooga, Tennessee. She later became a private duty nurse in Chicago and was very active in our Alumnae Association.

She was interred in Sterling, Illinois.

## Alumni News

St. Luke's Alumnae Association extends congratulation to Mary Everett in her newly elected position of Secretary of the Illinois State Nurses' Association and to Madge Boyington as the new 2nd Vice President of the First District Association of Illinois.

\* \* \*

We were all sorrowed by the passing of our beloved Jessie Lawrie. Several of the Alumnae members were able to attend the burial services. Flowers were sent to Sterling, Illinois, by the Alumnae Association as a small remembrance of their deep sorrow.

\* \* \*

A new committee was formed at the October meeting of the Alumnae

Association. This committee will be called the Addressograph Committee in charge of mailing under the able chairmanship of Miss Elizabeth Vickerv, who will select her committee members.

\* \* \*

All St. Luke's Alumnae members who are in service will be remembered at Christmas through the American Red Cross Fund. We wish one and all a very merry Christmas and a happy New Year.

\* \* \*

A motion was carried to the effect that \$200.00 would be sent to the First District Association of Illinois for one week's free care for a nurse.

They make you tip the usher.  
And pay for your program.  
The signal for the curtain to rise is  
the chopping of wood off stage.

Then the railroad system.  
Especially in France.  
Have to get there forty-five minutes  
ahead of train-time, or stand in the  
aisle all day.  
Pay for every pound of trunk.

Never a soul in sight who knows any  
thing about anything.  
No place to sit.  
No place to powder up.  
And before they will let you into the  
station at all, they insist on your  
pushing two sous into a slot-ma-  
chine.  
When you have just had your pocket  
picked of the last sou you had in  
the world.



## Illinois State Nurses' Association Convention

The Illinois State Nurses' Association 47th Annual Convention, held in Rockford, Illinois, from October 5 to 9, was to me, your alumnae delegate, an enjoyable and interesting experience. I'm sure that most of you have heard and read the reports which have been presented on numerous occasions since the Convention closed, so I shall merely give you a short resume of the highlights.

Each and every session which I attended had many interesting and educational features presented. There were 359 delegates in attendance from all parts of Illinois, and most of these representatives took an active part in the discussions. Special group sessions were held, and the delegates attended the particular discussion in which their interest lay. At times it was very difficult to make a choice as several of the sessions presented at the same hours were of interest to me.

Several of the principal actions were the rejection of the proposed increase in I.S.N.A. dues to meet the increased operating expenses; lowering of the registration age limit from twenty-one years to twenty years for graduate nurses, and the decision to extend the legislative effort in behalf of a Practical Nurse Licensure Bill.

The institutes held by the I.S.L.N.E. covered the purposes and uses of evaluation techniques in schools of nursing, the theme of which was that the philosophy of education should be integrated with the philosophy of evaluation.

Earl J. McGrath, Dean of the College of Liberal Arts, State University of Iowa, spoke on "What Schools of Nursing Should Look for in a College." He suggested a four-year

course of study for student nurses covering a liberal arts as well as a science curriculum toward obtaining a degree.

A panel discussion led by Mildred Lorenz, Director of Nurses, Michael Reese Hospital, on "Grading, Promotion, and Graduation Standards for Schools of Nursing." The conclusions reached were that systems of evaluation should be viewed frequently; there should be frequent and critical self-evaluation; the policies of the particular school of nursing regarding evaluation standards should be available to both the faculty and students in writing; a permanent committee should be available for consultation purposes; investigation, evaluation and revision of standards constantly should take place.

Dr. Mary Ashby Cheek, President of Rockford College, spoke on "Being an American in 1948" in which she emphasized that we all must increase our knowledge of the world and its affairs in order to "meet what is expected of us with integrity, recognizing our limitations and weaknesses."

The theme of the entire convention, "Tomorrow's Nursing — Today's Responsibility," was discussed very ably by Professor William F. Byron, Department of Sociology, Northwestern University. He stated that nurses must be representatives of their culture wherever they may go and only with this goal in mind can we build up a world of friendship and cooperation again; a good American citizen is and must be a world-minded citizen.

The problem of meeting the nursing needs of the state was the topic at a panel discussion led by Nellie X. Hawkinson, Professor of Nursing Education, University of Chicago. The nursing need is both qualitative and quantitative. Several solutions were suggested: greater and more specialized

And are expecting your only husband  
on the express from Harve.

I like Americans.

They let you play around in the Grand  
Central all you please.

Their parks are not locked at sunset.  
And they always have plenty of paper  
bags.

Which are made of back numbers of  
Le Rire.

The English are nice.

But they are not so nice as the Americans.

They wear much too much flannel.

No matter with whom they are dancing,  
they dance a solo.

And no matter where they go, they remain  
at home.

They are nice. They keep the tea-set  
at the office.



use of auxiliary workers; greater recruitment efforts, inducement of graduates into active nursing fields, better personnel practices, encouragement of joint discussions, greater use of scholarship and loan funds, fewer and better schools of nursing to attract student enrollment, a more enriched curriculum.

As we all departed from Rockford and the convention finale, I am sure that each and every nurse was left with the impression that with the cooperation of all forces toward one common goal, the nursing problems, which have developed from the natural growth of the profession, would become minimized.

## Looking Forward to the Cenntenial

We have just finished celebrating the Diamond Jubilee of Nursing. We are still in a rosy glow thinking about the progress which has been made since the time when prostitutes, drunkards, and thieves were sentenced to serve their ninety days nursing patients in the wards of old Bellevue. It is always fun to reminisce about the past, but it is even more fun to speculate about the future. What will the next generation of nurses have to say as they talk over "old times" at the Cenntenial? What are the goals of nurses and of nursing educators for the latter half of the twentieth century? What is to be the role of the professional nurse in the future?

In a very large measure our answers have been provided by Dr. Esther Lucile Brown in her excellent report, *Nursing For The Future*, prepared for the National Nursing Council. Dr. Brown sees the professional nurse as "one who recognizes and

understands the fundamental health needs of a person, sick or well, and who knows how these needs can best be met. She will possess a body of scientific nursing knowledge which is based upon and keeps pace with general scientific advancement, and she will be able to apply this knowledge in meeting the nursing needs of a person and a community.

She must be able to exert leadership in at least four different ways: (1) in making her unique contribution to the preventive and remedial aspects of illness; (2) in improving those nursing skills already in existence and developing new nursing skills; (3) in teaching and supervising other nurses and auxiliary workers; and (4) in cooperating with other professions in planning for positive health on community, state, national, and international levels."<sup>1</sup>

Let us examine more closely these four ways in which the nurse must exert leadership. She must, first, show that she is able and interested in doing more than give nursing care to the sick patient; she must actively engage in the prevention of disease and in the maintenance of health. It is in this respect that all nurses become public health nurses and teachers.

The nurse must, secondly, improve nursing skills already in existence by utilizing new knowledge and adapting new methods to old skills. Among the new nursing skills which the nurse must develop perhaps the most important is an understanding of her role as psychotherapist. As one physician so aptly put it, the nurse is "the tender and gentle link that exists between the patient, her illness and her healing process."<sup>1</sup> Miss Annie W. 1. Esther Lucile Brown, *Nursing For The Future*, Russell Sage Foundation, New York, 1948, pp. 73-74.

But the Americans keep the dish-pan  
in the music-room.

The English are an amusing people.  
They are a tribe of shepherds, inhabiting  
a small island off the coast of  
France.

They are a simple and genial folk.  
But they have one idiosyncrasy.  
They persist in referring to their island  
as if it were the mainland.

The Irish are nice.  
But they are not so nice as the Americans.

They are always rocking the boat.  
I like Americans.  
They either shoot the whole nickle, or  
give up the bones.  
You may say what you will, they are  
the nicest people in the world.

Edna St. Vincent Millay



Goodrich, the beloved dean emeritus of the Yale School of Nursing, has long believed that nursing is on the threshold of a new era — that of psychosomatic nursing — an era in which the nurse has such a great advantage because of her close and intimate contact with the patients. Dr. Brown, in her report, emphasizes "how important is the kind of nursing care that seeks to alleviate anxiety and fear, to provide strong emotional support during the severe phases of sickness, and to help the patient during convalescence to gradually regain freedom from dependency."<sup>2</sup>

The third area of leadership for the professional nurse is in teaching and supervising other nurses and auxiliary workers. All nurses recognize the need for leadership in this area and the importance of giving students and young staff nurses an opportunity to learn and develop new skills and desirable attitudes. New to the profession are the large numbers of auxiliary workers who are providing patients with many of the physical comforts and performing many of the routines formerly done by nurses. Because of their close contact with the patients it is essential that this group be well taught and provided with close and understanding supervision.

The fourth area in which the nurse must exert leadership is in cooperating with other professions, such as the medical profession, the social service workers, the ministry, the dietitians, the teachers, to plan for positive health on all levels of society. This means assisting with plans to help maintain the health of the individual community, to work with the state and national public health services, and to cooperate with the United Nations through the World Health Organization, to support the International Congress of Nurses, to help facilitate the exchange of knowledge and personnel all over the world.

Harriet Berger — 1945

1. Op cit. p. 83

2. Ibid. p. 85

#### NURSE'S LAMENT

To serve the sick is noble quite  
And would be lots of fun  
If one could change one's feet  
like tires  
Before the day is done! !

## 22nd Annual Fashion Show

On October 20th, 1948, at the Medinah Temple in Chicago the Annual Fashion Show was presented to the spectators numbering 3200, which was the largest attendance in its history.

This famous yearly social event was sponsored by the St. Luke's Women's Board, and this year was under the direction of Mrs. Wm. S. Covington, Mrs. Gordon Lang, Mrs. Stanley Keith, and Mrs. Joseph T. Ryerson on the Review Committee.

The majority of the money which was raised, namely \$46,000, will be used to provide free care for the patients in the Social Service Clinics. These proceeds are also allotted to finance many projects in all departments in the hospital such as Employee's Health Service, the School of Nursing, the O.T. department, kindergarten work on the Pediatrics wards, linen funds, etc.

All the members of the St. Luke's Women's Board are to be congratulated on the success of this worthwhile event as well as making it a very enjoyable afternoon for all those who were fortunate enough to attend.

## Plea for Volunteer Nurses

The American Cancer Society is seeking nurse Volunteers who will be willing to give one day a week. The nurse would be picked up at her home at 9 a.m. by a driver from the American Cancer Society. They would then pick up three cancer patients and drive to the cancer clinic. The nurse would stay with these three patients until they had received treatment, see that they are returned to their homes and then the driver would deliver the nurse to her home — about 2:30 p.m. Any nurse interested in volunteering one day a week for this worthy cause please contact Miss Mary Askew, 139 N. Clark or telephone FRanklin 2-0472.

Please send all changes of address to:

Miss Rosemary Scott

5455 South Blackstone Ave.

Chicago 15, Illinois

Help us keep your address right! ! !



## PHARMACOLOGY DIGEST

By Louis Gdalmán

### ANTI HISTAMINICS

Another common affliction of mankind is allergy and its numerous manifestations. On the assumption that histamine is released under certain conditions the logical investigative approach was in the direction of developing drugs which will nullify the physiological effect of histamine. These drugs, such as benadryl, etc., are merely palliative and not curative. New avenues of approach from the point of view of either preventing the development of an allergy, or preventing the unleashing of histamine or other damaging factors during the allergic episode. Research is moving in these latter directions.

#### 1. BENADRYL (Parke Davis)

DESCRIPTION: b-dimethylaminoethylbenzhydryl ether HCl

ACTION: Antihistaminic, antiallergic agent and antispasmodic. For use in the symptomatic treatment of contact dermatitis, erythema multiform, vasomotor rhinitis, drug sensitization, hay fever, serum reactions, urticaria, dermographism, dysmenorrhea.

ADMINISTRATION: Orally, for adults, 50 mgm 3 times daily. increased to 100 mgm when indicated; for children less than 12 years of age, 1 or 2 teaspoonfuls of the elixir (10 to 20 mgm) 3 or 4 times daily.

CAUTION: Drowsiness, gastrointestinal irritation, vertigo, weakness, lassitude.

#### 2. HYDRYLLIN (Searles)

DESCRIPTION: Each tablet contains: Diphenylhydramine 25 mgm, Aminophyllin 100 mgm.

ACTION: Effective antihistaminic, antiallergic, and antispasmodic agent. For use in the symptomatic treatment of urticaria, hay fever, allergic rhinitis, asthma, atopic and eczematous dermatitis.

ADMINISTRATION: Orally for adults, 1 to 2 tablets 3 or 4 times daily during treatment.

CAUTION: Refer to Benadryl.

#### 3. PYRIBENZAMINE (Ciba)

DESCRIPTION: N'-pyridyl-N'-benzyl-N-dimethyl-ethyldiamine-HCl.

ACTION: Antihistaminic, antiallergic agent, preventing or alleviating anaphylaxis and certain clinical forms of allergy. For use in the symptomatic treatment of urticaria, hay fever, perennial rhinitis, bronchial asthma, allergic eczema and other forms of allergy.

ADMINISTRATION: Orally, for adults, 50 mgm 4 times daily; older children 25 mgm 4 times daily; younger children according to weight.

CAUTION: Refer to above.

#### 4. ANTHALLAN (Medico)

DESCRIPTION: 3'-di (n-butyl) aminoethyl-4, 5, 6-trihydrobenzo-(1, 2), furan-1' (3')-one.

ACTION: Intended for use in the symptomatic treatment of seasonal and nonseasonal hyperesthetic rhinitis, vasomotor rhinitis, hay fever, urticaria and neurodermatitis.

ADMINISTRATION: Orally, 3 to 10 capsules (85 mgm each) daily after meals. It is advisable to start with 6 capsules daily for 1st week and increase gradually if required. An average period of 21 days treatment is suggested.

**5. THEPHORIN (Roche)**

DESCRIPTION: 2-methyl-9-phenyl-2, 3, 4, 9-tetrahydro-1-pyridine hydrogen tartrate

ACTION: Refer to benadryl. Abolishes important pharmacological actions of histamine. Distinguished by impressive therapeutic efficacy and a reassuringly low incidence of by-effects. Recommended for hay fever, urticaria, allergic rhinitis, vasomotor rhinitis, atopic dermatitis, allergic eczema, bronchial asthma, angioneurotic edema, drug reactions, serum sickness.

ADMINISTRATION: One or two tablets (25 mgm to 50 mgm) one to three times daily. Thephorin syrup contains 10 mgm per 4 cc.

**6. HISTADYL (Lilly)**

DESCRIPTION: Thenylpyramine HCl

ACTION: Refer to above

ADMINISTRATION: 50 mgm 4 to 5 times daily.

**7. NEO-ANTERGAN (Merck)**

DESCRIPTION: Pyransamine Maleate

ACTION: As above. Encouraging reports have been reported in some cases of histamine induced smooth muscle spasms, migraine, bronchial asthma and eczema.

ADMINISTRATION: Refer to Benadryl.

CAUTION: Refer to above.

**8. NEOTHETRAMINE (Wyeth)**

DESCRIPTION: N, N-dimethyl-N'-p-methoxybenzyl-NN'-(2-pyrimidyl) ethylenediamine monohydrochloride

ACTION, ADMINISTRATION: Refer to above

**9. ANTISTINE (Ciba)**

DESCRIPTION: Phenazoline Hydrochloride

ACTION: Antagonizes histamine substances. The ophthalmic solution provides effective and prolonged relief of the symptoms of ocular allergy.

ADMINISTRATION: Orally, 100 mgm to 200 mgm 3 times daily; Eye drops, 5% solution, 1 drop every three hours, to every other day.

CAUTION: Hypnotics and sedatives should be given with extreme caution to patients receiving Antistine.

**10. DECAPRYN (Merrell)**

DESCRIPTION: Doxylamine Succinate

ACTION: Refer to above

ADMINISTRATION: 12½ mgm to 25 mgm 2 to 4 times daily as needed.

CAUTION: Refer to above

**11. THENYLENE HYDROCHLORIDE (Abbott)**

DESCRIPTION: Methapyrilene Hydrochloride

ACTION: Refer to Benadryl

ADMINISTRATION and CAUTION: Refer to Benadryl.

**12. TRIMETON (Schering)**

DESCRIPTION: Propenpyramine

ACTION: Refer to benadryl, pyribenzamine

ADMINISTRATION: Orally, one tablet of 25 mgm 3 times daily for average adult.

CAUTION: The drug should not be administered to patients with severe cardiac disease.

To Be Continued

Louis Gdalan, Asst. Director Pharmacy, St. Luke's Hospital.  
Chemistry Instructor, School of Nursing.



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1948

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